

All Competitors Sorted by Swim Time

Pos	No.	Name/Team	Age	Club/Org	Swim	Bike	Run	Result
52	467	Paul McINULTY	30		5:02.8	40:04.9	23:51.9	1:08:59.7
9	492	Junior HEFFERNAN	16	Kelly College	5:06.5	37:35.0	19:42.1	1:02:23.5
4	462	Guy CRAWFORD	26		5:08.8	35:46.8	19:17.8	1:00:13.4
3	469	Ian SMITH	26	Quintana Roo/TFN	5:09.4	35:58.2	18:23.6	59:31.2
8	470	Andrew FORTH	38		5:11.2	36:56.8	20:10.9	1:02:18.9
31	466	Jeremy JONES	25		5:14.4	39:31.5	22:05.1	1:06:51.1
62	461	Michelle MATSON	27		5:19.3	43:39.7	20:55.2	1:09:54.2
17	465	Sam OSBORNE	27	Kingfisher Triat	5:20.9	38:20.0	20:46.1	1:04:27.0
29	487	Flavio COIRO	30	TVT 2 Min Pen Dr	5:23.3	40:10.1	21:13.3	1:06:46.8
218	455	Michelle WYKES	22		5:23.8	47:37.5	27:09.2	1:20:10.5
55	463	Rhodri HUMPHREYS	23		5:24.1	41:50.2	21:54.5	1:09:08.8
20	407	Gavin McLAUGHLIN	36		5:27.3	39:39.6	19:52.1	1:04:58.9
14	471	Daniel MORRIS	25		5:30.2	36:57.9	21:17.5	1:03:45.6
200	12	Lee RICHARDS	33		5:35.0	46:40.9	26:56.0	1:19:11.8
28	464	Steven CLENCH	18		5:36.4	39:30.8	21:36.1	1:06:43.3
1	458	Laurence HARDING	39	Serpentine	5:44.3	33:06.0	18:22.4	57:12.6
11	446	Glenn JARVIS	34	Ata	5:47.3	36:37.6	20:46.0	1:03:10.9
7	454	Ian PATTERSON	39	Primera	5:48.3	35:51.4	20:18.1	1:01:57.8
313	486	Sam COATES	27		5:49.4	52:16.7	28:37.9	1:26:44.0
152	424	Kyle LOVELL	23	Royal Berks Fire	5:51.5	46:09.8	24:37.1	1:16:38.4
22	440	Glenn HELSBY	42	Eton Tri	5:53.0	38:59.2	20:45.7	1:05:37.8
25	457	Kate BALCHIN	25	Met Police	5:53.5	39:06.9	21:25.5	1:06:25.9
140	383	Krzysztof LACHOR	27		5:54.5	43:28.4	26:35.4	1:15:58.3
279	368	John WARD	27		5:54.9	53:15.3	24:27.3	1:23:37.6
65	451	Jonathan BUDDS	42	Tri London	5:58.6	40:48.0	23:30.1	1:10:16.8
5	438	David MEACOCK	30	Basingstoke Tri	6:01.8	36:27.8	18:28.3	1:00:57.9
34	445	Wesley LEWIS	45		6:02.9	40:05.4	21:09.6	1:07:18.0
130	432	Matt RICE	38		6:04.5	43:33.0	25:47.4	1:15:24.9
126	456	Tanya FRANK	27		6:04.9	44:19.0	24:42.9	1:15:06.8
82	389	Libby CAMERON	28	Met Police Tri	6:06.0	45:02.2	20:51.5	1:11:59.7
12	437	Damian CANNON	35	Trilondon	6:06.6	37:57.4	19:34.5	1:03:38.5
36	514	Lee JOHNSON	41		6:07.1	41:01.2	20:25.0	1:07:33.4
13	459	Clive RHODES	25		6:10.6	37:21.3	20:09.7	1:03:41.6
204	468	Andrew NICHOLS	36		6:14.1	48:44.9	24:29.7	1:19:28.7
43	417	Andrew DAVIES	32	Serpentine	6:14.3	42:32.9	19:24.0	1:08:11.2
2	450	Sam GARDNER	30	Evans Cycles/Fat	6:16.5	34:13.6	17:39.1	58:09.3
46	412	Kevin ORMEROD	46	Met Police Tri C	6:17.1	39:36.8	22:32.4	1:08:26.3
10	444	Stephen WRAPSON	27	Hillingdon Triat	6:23.1	37:02.7	19:06.3	1:02:32.0
72	337	Mark PAGE	30		6:24.3	43:00.3	22:00.6	1:11:25.2
165	392	Simon PHILLIPS	24	Royal Berks Fire	6:24.7	46:42.5	24:07.8	1:17:15.0
37	435	Greg SHELLEY	29		6:24.9	40:04.7	21:05.2	1:07:34.8
269	354	Justin MITCHELL	40		6:26.5	49:31.3	26:57.0	1:22:54.8
250	442	Robert LAWES	24	The Russians	6:28.1	49:06.3	26:17.4	1:21:51.8
51	416	Patrick MILFORD	31	Serpentine	6:28.2	40:00.2	22:29.2	1:08:57.5
6	433	Chris TAYLOR	40	Berkshire Tri Sq	6:28.4	35:48.1	19:34.9	1:01:51.3
106	423	Martin KAY	37	Farnham Triathlo	6:28.4	41:45.6	25:43.9	1:13:57.9
42	335	Adrian COHEN		Reading Mountain	6:28.5	39:25.9	22:08.8	1:08:03.2
90	447	Marcus VALLANCE	28		6:30.3	44:52.0	21:14.4	1:12:36.7
296	472	Joanne PASCALL	27		6:31.9	49:24.9	29:22.4	1:25:19.2
18	452	Neil DAVIES	33	Rhondda Triathlo	6:32.8	37:01.4	20:56.5	1:04:30.7
56	429	Oliver PEGDEN	23		6:34.6	39:27.4	23:17.4	1:09:19.3
113	413	Josie LUCKINS	37	Team Tri Glos	6:36.1	43:26.9	24:23.2	1:14:26.3
32	362	David WEIR	25		6:36.3	39:44.5	20:39.1	1:06:59.9
118	390	Katie CROWE	29	Serpentine	6:36.5	44:34.9	23:32.1	1:14:43.5
71	421	Jonathan JAMES	41		6:37.0	43:13.2	21:33.8	1:11:24.0
139	324	Patrick HENZE	34		6:37.0	46:05.9	23:14.2	1:15:57.0
60	428	Stuart MITCHELL	40	Berkshire Tri Sq	6:38.2	41:49.3	21:03.1	1:09:30.7
303	331	Lyndsay DELONG	27		6:38.2	50:54.9	28:24.7	1:25:57.8
39	405	Jason Van Der HELSTR		Trent Park RC	6:39.4	40:34.2	20:23.8	1:07:37.4
47	408	Jonathan McVICAR	27		6:41.8	41:43.1	20:12.5	1:08:37.4
50	436	Piers FAULKNER	33	Serpentine Runni	6:42.6	41:15.4	20:55.5	1:08:53.5
121	272	Justin BUCKLAND	30		6:43.3	44:59.6	23:15.3	1:14:58.2
66	400	Graham MORRISON	32		6:43.4	41:00.8	22:53.3	1:10:37.5
190	381	Margaret SILLS	55	Tri UK	6:43.8	44:34.1	27:17.3	1:18:35.2

76	399 Mark MOSS	43 Esporta	6:44.3	43:25.2	21:31.1	1:11:40.6
16	262 Gavin LUMB	40	6:44.9	35:28.8	22:07.1	1:04:20.8
99	376 David HALL	40	6:45.1	44:15.5	22:26.8	1:13:27.3
105	393 Gerry ILES	44 Team Kennet	6:45.1	41:59.2	25:03.3	1:13:47.6
35	253 Jonathan PRICE	29 Farnham Triathlo	6:46.3	41:00.1	19:43.7	1:07:30.0
79	426 Ian COOTE	37 David Lloyd - Re	6:48.1	42:38.5	22:24.4	1:11:51.0
123	353 Darren OWEN	39	6:48.9	45:07.2	23:05.3	1:15:01.4
172	410 Christina POULTON	43 BTS	6:49.3	44:50.7	25:52.1	1:17:32.1
186	379 Gavin O GRADY	36 Phoenix Tri	6:50.2	46:53.3	24:36.7	1:18:20.3
87	427 Kim EVANS	40	6:50.5	42:36.7	22:56.8	1:12:24.0
45	367 Mark BARR	41	6:50.6	38:03.9	23:29.0	1:08:23.6
21	384 Justin LOCK	31 Serpentine	6:51.8	38:34.6	19:35.3	1:05:01.7
181	418 Ann HAIRSINE	33	6:51.9	45:17.2	25:50.0	1:17:59.0
96	344 James IRESON	28	6:52.0	45:22.8	21:04.9	1:13:19.7
195	333 Annette HACK	46 Oxford Tri	6:52.2	47:23.6	24:33.9	1:18:49.7
217	282 Geoff JUKES	17 TVT	6:52.7	49:11.0	24:05.4	1:20:09.1
95	339 Dave BENDON		6:54.4	44:56.4	21:27.4	1:13:18.2
54	386 Andrew HAY	39 Chiltern Triathl	6:54.6	39:19.4	22:53.6	1:09:07.6
112	519 Barnes/Murphy/Binks	Starship Enterpr	6:54.6	45:17.5	22:12.6	1:14:24.7
19	434 Dave GOODWIN-FIELDIN	Www.Raceevents.C	6:55.1	36:39.4	21:08.1	1:04:42.5
159	330 Keith WOOTTON	34	6:56.8	44:24.5	25:36.9	1:16:58.2
155	322 Peter CONDRON	38	6:57.3	46:23.9	23:18.7	1:16:40.0
94	175 Robert BELL	38 Z-Tri Epsom	6:58.3	42:20.4	23:57.9	1:13:16.7
57	394 Martin QUINLAN	44 Kingfisher Tri	6:58.4	39:47.6	22:36.5	1:09:22.5
67	3 David HAMIL	33 Met Police Tri C	6:59.5	41:14.3	22:31.6	1:10:45.4
163	338 Tom FORTUNE	27	6:59.5	47:29.0	22:43.7	1:17:12.3
215	239 Mark SAUNDERS	37	7:01.0	46:04.6	26:59.5	1:20:05.2
263	387 Steven MALBY	49 Derby CTC	7:01.0	46:13.4	29:30.6	1:22:45.0
208	340 Marie CARRICK	38	7:02.4	46:11.9	26:36.9	1:19:51.2
239	310 Steve MACDONALD	50 Mptc	7:02.5	46:35.4	27:29.3	1:21:07.1
27	508 Robin GROOM	30	7:02.6	38:12.8	21:27.3	1:06:42.7
143	402 Kate HUNT	36 Orca UK	7:03.0	43:50.0	25:16.9	1:16:10.0
214	351 Gervase FOLEY	40 BTS	7:03.7	45:59.8	27:00.7	1:20:04.2
175	7 Rebecca SHIELDS	36	7:04.0	48:43.3	21:57.4	1:17:44.7
48	382 James SMITH	37	7:04.4	38:59.3	22:38.5	1:08:42.2
24	403 Mike MORRIS	49 Tri-London	7:05.0	38:18.2	20:54.1	1:06:17.3
326	285 Helen SINGLESTON	35	7:05.0	53:31.5	27:37.6	1:28:14.1
270	497 John RICKETT	44	7:06.3	48:44.0	27:05.4	1:22:55.7
97	348 Adam TINSON	32 David Lloyd Read	7:07.2	42:04.3	24:08.8	1:13:20.3
69	401 Craig JAMIESON	36 Must Tri Harder	7:07.5	40:48.0	23:03.8	1:10:59.3
83	411 Chris KELLY	28 Sheffield Tri	7:07.8	41:33.3	23:27.2	1:12:08.4
187	152 Richard POTTS	30	7:08.4	48:58.9	22:13.3	1:18:20.6
132	377 Julian FREEMAN	38 Tri Team Glos	7:08.5	45:43.9	22:46.0	1:15:38.4
58	359 Iain ADAMS	31 Team Kennet	7:10.0	40:47.9	21:27.9	1:09:25.8
64	404 Sam ALLPASS	40 Serpentine	7:13.0	41:14.1	21:36.7	1:10:03.8
170	443 Rachel CHANGER	22	7:16.2	44:52.0	25:22.1	1:17:30.3
160	334 Bruce KORICAN	42 Farnham Tri	7:17.0	43:26.9	26:15.2	1:16:59.1
78	286 Adam HOFFMAN	31	7:17.6	41:44.5	22:48.5	1:11:50.6
227	308 Paul MARTIN	37	7:18.3	46:20.8	26:58.1	1:20:37.2
59	361 Lance ROBINSON	39	7:18.6	39:50.1	22:18.5	1:09:27.2
372	42 Ania RUSZKOWSKI	40 Eton Triathlon	7:19.2	58:28.9	27:06.5	1:32:54.6
30	311 Phil GILKES	47 Team Cherwell	7:19.8	39:44.5	19:46.2	1:06:50.4
77	289 Paul SWEETMAN	29	7:20.0	42:22.6	21:59.2	1:11:41.8
357	380 Sue BRYANT	43	7:20.2	55:00.7	28:19.4	1:30:40.3
176	297 Rachel BIBBY	40 Team Cherwell	7:20.6	45:15.3	25:10.2	1:17:46.1
356	288 Matias ZIBELL	33	7:21.0	55:22.2	27:40.8	1:30:23.9
128	277 Ben SCHULTZ	31	7:21.1	43:57.3	24:00.9	1:15:19.3
15	510 Darren HINCKS	37	7:21.2	35:47.3	21:04.6	1:04:13.2
392	396 Charlotte VILLIER	28	7:21.5	1:01:31.7	27:48.2	1:36:41.5
115	371 Tony RHODES	58 Tri Sport Epping	7:21.7	44:02.4	23:06.7	1:14:30.8
109	280 Luke ROBBINS	25 Eton Triathlon C	7:21.8	43:39.1	23:04.2	1:14:05.1
26	312 David GREEN	54 Eton Tri Club	7:21.9	39:19.6	19:52.3	1:06:33.8
23	489 Michael HADMON	36 Serpentine	7:22.0	38:18.7	20:29.4	1:06:10.2
171	395 Darren PARKINSON	36	7:22.6	47:10.6	22:57.8	1:17:30.9
147	332 Lucy JONES	34 Southampton Tri	7:22.7	44:56.5	23:52.8	1:16:12.0
260	355 Claire ALLAWAY	24	7:23.4	47:19.2	27:42.8	1:22:25.5

286	255 Elisabeth CROSSMAN	3		7:23.8	51:00.6	25:56.8	1:24:21.1
266	252 Alex DRUMMOND	39		7:24.0	48:16.3	27:08.0	1:22:48.3
133	86 Ian KEANE	31		7:25.5	43:41.9	24:32.9	1:15:40.3
114	360 Ryan PHILLIPS	29		7:25.9	42:21.5	24:42.4	1:14:29.9
324	323 Mike LOXLEY	39		7:26.0	50:00.5	30:39.3	1:28:05.9
117	398 Laura RALSTON	23		7:26.2	45:18.5	21:58.3	1:14:43.0
363	24 Rachel VIALOU-CLARK			7:26.3	57:36.8	26:43.6	1:31:46.7
154	309 Tony FORD	39		7:27.8	43:14.3	25:57.7	1:16:39.8
125	391 Jo JARVIS	37		7:28.1	42:23.4	25:13.6	1:15:05.1
74	343 Peter DENNETT	38	Andover Triathlo	7:29.5	41:00.2	23:00.9	1:11:30.7
110	261 Robin THOMPSON	40	Amersham Tristar	7:29.7	43:11.7	23:29.1	1:14:10.5
241	299 Annette McINNES	33	Basingstoke Tri	7:29.7	49:41.7	24:06.1	1:21:17.5
98	278 Stuart QUINTON	35		7:31.3	42:52.7	22:56.7	1:13:20.8
161	419 Jo AVES	29	Corsham Running	7:31.8	46:31.5	22:59.6	1:17:02.9
265	313 Scott GARRETT	34	Corsham Running	7:31.8	46:28.0	28:48.0	1:22:47.8
220	425 Andrew BARKER	42		7:32.1	43:06.1	29:40.9	1:20:19.0
142	397 Helen KEATON	32	Wimbledon Windmi	7:32.6	44:50.3	23:42.9	1:16:05.7
352	238 Lisa ALDRIDGE	29	Farnham Tri	7:32.6	48:50.7	33:37.6	1:30:01.0
197	295 Sue ZIEL	55	Healthworks Fitn	7:34.1	46:33.8	24:54.8	1:19:02.7
199	303 Vincent MULLEN	36		7:35.3	45:23.0	26:11.2	1:19:09.5
416	103 Barbara McGUFFIN	31	Wantage Tritons	7:35.7	1:07:54.6	30:14.9	1:45:45.3
111	341 Mark KINGDOM	40		7:37.8	42:50.6	23:43.0	1:14:11.5
174	518 Wendy DAVIES	40		7:38.3	48:21.1	21:43.2	1:17:42.7
53	294 Phillip CROUCH	50	God Squad	7:38.5	38:14.2	23:10.7	1:09:03.3
40	375 Bruce RENNIE	41		7:39.2	40:17.6	19:47.4	1:07:44.2
41	357 Rob FINDLAY	47	Team Kennet	7:40.4	39:23.5	20:40.8	1:07:44.7
107	279 Charles HOOREN	32		7:42.4	42:11.8	24:07.3	1:14:01.6
135	490 Patricia GREEN	47	Trisport Epping	7:42.4	41:57.1	26:06.4	1:15:45.8
358	241 Catherine DONALDSON			7:42.5	51:39.9	31:30.6	1:30:53.0
267	304 Patricia CARR	34	Striders Of Croy	7:42.9	49:41.6	25:26.8	1:22:51.3
136	485 Ed COATES	28		7:43.5	44:53.7	23:09.8	1:15:47.0
38	251 Jon GLYDE	41		7:44.6	39:29.3	20:21.7	1:07:35.6
93	259 Steven INGHAM	43	East Grinstead T	7:45.1	42:41.6	22:30.4	1:12:57.1
252	388 Peter JARVIS	40		7:45.6	50:31.8	23:46.5	1:22:03.9
119	491 Mike HAWKINS	50	Larkfield AC	7:46.2	43:58.1	23:10.4	1:14:54.7
124	292 Stuart TWINN	55		7:46.2	45:10.4	22:07.5	1:15:04.0
89	267 Richard BUTCHER	43	Tri Castrol	7:46.6	41:28.0	23:19.0	1:12:33.6
129	507 William WILSON	39		7:47.6	42:05.0	25:28.3	1:15:20.9
88	137 Stuart MORRIS	45		7:47.9	43:45.5	20:59.4	1:12:32.7
288	329 Paul FORD	37	East Grinstead T	7:48.1	48:03.2	28:36.6	1:24:27.9
398	258 Mark McPHAIL	42		7:48.6	1:02:18.0	28:19.0	1:38:25.7
91	349 Ian MACRO	46	Blue Hippos	7:48.8	40:52.5	24:11.0	1:12:52.3
343	163 Tim HAMMETT	46		7:49.1	49:44.6	31:43.2	1:29:16.9
379	31 Robert DOUGLAS	36		7:49.1	59:40.8	26:44.1	1:34:13.9
166	290 Christopher YOUNG	25		7:50.6	45:46.7	23:40.5	1:17:17.8
183	270 Danny WYNN	30		7:50.8	46:23.1	23:53.7	1:18:07.5
291	316 Fiona MOLLOY	33		7:51.1	49:54.3	26:48.2	1:24:33.5
318	148 Katherine FISHER	27		7:52.4	51:38.0	27:50.3	1:27:20.7
185	215 Lina BROOK	34		7:53.8	46:02.0	24:23.3	1:18:19.1
84	300 Ian STUBBINGS	36	Phoenix Tri	7:54.0	42:38.2	21:40.4	1:12:12.6
373	247 Jennifer BOWDEN	35		7:54.0	58:37.8	26:26.6	1:32:58.4
400	212 Chris WALTON	36		7:55.1	55:07.5	36:06.0	1:39:08.6
329	254 Jeff PARKHOUSE	61		7:56.0	52:48.6	27:44.7	1:28:29.2
44	420 Sam CARROLL	32		7:57.0	39:43.1	20:43.4	1:08:23.5
164	226 Christopher HARRISON			7:58.8	44:51.5	24:23.2	1:17:13.5
33	233 Alan ALLCOCK	50		7:58.9	36:21.1	22:55.7	1:07:15.6
138	199 Marion LAMBERT	47	Trent Park	8:00.2	45:16.1	22:40.0	1:15:56.3
193	480 Brian HULBERT	47		8:00.4	47:18.5	23:21.2	1:18:40.1
397	227 Lourdes HEREDIA	36		8:01.0	1:00:13.8	30:05.1	1:38:19.9
73	320 Steve LOW	38		8:01.3	41:41.0	21:43.5	1:11:25.8
156	256 George STANDEN	55	East Grinstead T	8:01.3	43:18.1	25:30.3	1:16:49.7
301	172 Spencer FROST	39		8:01.3	49:54.2	27:44.8	1:25:40.3
384	305 Richard ORR	50	Mendip Tri Club	8:02.4	53:23.3	34:10.3	1:35:36.0
381	268 Helen WALLIS	45		8:02.5	53:11.6	33:20.6	1:34:34.7
184	57 Adrian DEVEREUX	41		8:02.8	45:40.5	24:27.1	1:18:10.4
134	149 Simon OATES	28		8:03.4	44:32.2	23:06.5	1:15:42.1

344	378 Jon RUSSELL	30	8:03.5	53:29.6	27:44.2	1:29:17.3
284	230 Kathleen BROEKHOF	31 Serpentine	8:03.6	48:41.1	27:27.9	1:24:12.6
221	222 Richard JONES	38 Serpentine	8:03.9	46:24.0	25:54.6	1:20:22.5
238	104 Chris MARTIN	45	8:05.3	48:29.7	24:23.8	1:20:58.7
191	274 Matthew WILSON	28	8:05.5	48:18.6	22:15.8	1:18:39.9
237	106 Richard GAMBEL	39	8:06.3	50:03.2	22:47.0	1:20:56.5
366	117 Lynn WATERS	38	8:08.1	53:54.5	30:16.3	1:32:18.8
368	185 Hayden LAWLER	32	8:08.3	54:11.7	30:11.1	1:32:31.1
281	406 Philip SMART	37 Reading AC	8:08.8	52:18.9	23:12.6	1:23:40.3
189	167 Steve ROSS	42 Phoenix Triathlo	8:09.2	47:29.6	22:45.1	1:18:23.9
75	250 Darryl BARR	37	8:09.6	40:43.5	22:43.1	1:11:36.2
102	283 Ben LOPMAN	28 London Healthsid	8:09.9	43:03.6	22:24.0	1:13:37.5
234	166 Nick BRANSON	26	8:10.4	45:13.8	27:30.6	1:20:54.8
178	180 Robert BARNES	33	8:10.7	45:53.8	23:43.9	1:17:48.3
212	99 Isabel BURTON	26	8:10.9	45:05.7	26:45.1	1:20:01.6
80	441 Simon CHETWYND	Reading Mountain	8:11.5	38:32.0	25:08.0	1:11:51.5
292	2 Esther HAMIL	29 Met Police Tri C	8:11.5	48:46.8	28:00.1	1:24:58.5
256	498 Stephen SOUTHWOOD	28	8:11.7	51:19.2	22:41.0	1:22:11.9
103	291 Stuart WELLS	30	8:11.9	43:14.6	22:13.9	1:13:40.3
348	97 Kate AVENT	31	8:12.2	50:32.6	30:51.1	1:29:36.0
312	171 Norman OLIVER	68 1066 Triathletes	8:12.3	53:01.0	25:22.7	1:26:36.0
369	165 John DUNCAN-BUTLER	6 Reading AC	8:12.8	53:53.6	30:37.9	1:32:44.3
49	373 Mike PROVEN	47 Reading AC	8:13.3	41:46.4	18:46.7	1:08:46.4
325	342 Owen DARBISHIRE	41	8:13.3	51:02.0	28:52.5	1:28:07.9
101	328 Catherine POWELL	25	8:14.2	39:41.1	25:41.0	1:13:36.3
213	221 Raymond BULL	56 Trent Park Tri	8:14.6	46:52.6	24:54.6	1:20:01.8
100	121 Philip O MEARA	41	8:14.7	42:57.6	22:22.6	1:13:34.9
385	196 Andrew NAPIER	31	8:14.8	59:54.3	27:29.4	1:35:38.5
182	146 Ann LONIE	34 Wantage Tritons	8:15.7	46:07.3	23:41.5	1:18:04.6
226	232 Chris SAUNDERS	35 Serpentine	8:16.3	50:26.3	21:54.6	1:20:37.1
61	260 Mark VARDY	17 Team Kennet	8:16.7	42:02.2	19:31.2	1:09:50.1
81	506 Stephen WEBB	35	8:17.8	43:59.5	19:40.8	1:11:58.1
249	213 Andrea CERUTTI	34	8:18.0	49:27.4	23:59.2	1:21:44.6
219	302 Anne WILLIAMSON-MACD	Healthworks	8:18.9	48:46.0	23:12.5	1:20:17.4
285	154 Tom ENTWISTLE	39	8:18.9	51:06.5	24:50.6	1:24:15.9
	314 Nicolas SCHIETTECATT	Berks Tri Squad	8:19.2	DNF		DNF
231	217 Eddie KING	41	8:19.6	45:11.2	27:20.6	1:20:51.4
233	207 Rachel BROUGH	26 Serpentine	8:19.6	46:39.6	25:54.6	1:20:53.7
245	240 Peter GARDINER	58 Jackies Slappers	8:19.6	47:34.8	25:31.2	1:21:25.5
191	293 Vivienne POUNTNEY	49	8:19.8	46:08.2	24:12.0	1:18:39.9
332	95 Robert LEWIS	29	8:20.4	55:54.5	24:33.6	1:28:48.5
242	125 Jo ZAREMBA	41 Oxford Tri	8:20.5	48:12.7	24:50.0	1:21:23.1
255	53 Philippa STOKES	39 Serpentine	8:20.9	47:24.6	26:23.1	1:22:08.7
145	153 Geoffrey SMITH	40	8:21.3	45:13.8	22:35.5	1:16:10.7
306	499 Julie TRACEY	37	8:21.6	51:10.1	26:45.7	1:26:17.4
230	281 Helen KENNEDY	45 Farnham Tri	8:22.8	47:31.0	24:55.3	1:20:49.1
387	201 Tracy MAYNARD	40	8:22.9	1:01:14.2	26:36.8	1:36:13.9
243	218 Glenda CHAMBERS	43	8:23.1	46:46.4	26:14.7	1:21:24.3
290	327 Vivien ROGERS	54 Corsham RC	8:23.3	49:44.3	26:25.0	1:24:32.5
314	237 Dominic TRAVIS	33	8:23.4	53:25.1	24:57.8	1:26:46.4
176	229 Darren ADDISON	37	8:24.3	42:46.7	26:35.1	1:17:46.1
	138 Richard COWLING	43	8:26.1	DNF		DNF
276	370 Jon GARHAN	31 Team Phillips-Fi	8:26.6	52:36.5	22:26.8	1:23:30.0
85	249 Ludovica BRUNO	42 Serpentine	8:26.7	42:05.4	21:41.4	1:12:13.6
375	214 Jeff BAKER	62	8:26.8	50:18.8	34:28.9	1:33:14.4
137	246 Stephen GARNHAM	51	8:27.0	44:44.8	22:39.1	1:15:50.9
331	131 Jan WELLS	42	8:27.4	52:35.3	27:43.1	1:28:45.8
355	211 Amiel GARDINER	31	8:27.4	51:52.8	30:03.0	1:30:23.1
147	345 Rod HUNT	58	8:27.7	44:11.1	23:33.3	1:16:12.0
293	123 Philip HENNEQUINN	39	8:28.1	51:11.9	25:19.4	1:24:59.4
319	479 Kate RIGGS	22	8:28.1	53:49.7	25:17.5	1:27:35.3
211	513 Trevor SHEPERD	48	8:28.5	45:50.6	25:39.7	1:19:58.8
228	298 David KEATON	33 Wimbledon Windmi	8:28.8	44:38.4	27:33.4	1:20:40.6
232	58 Ian BIRKS	40	8:29.0	45:29.0	26:55.7	1:20:53.6
108	231 Lucia SINGER	34	8:31.1	43:00.1	22:33.4	1:14:04.6
149	151 Amy BUTLER	25	8:31.2	43:58.9	23:46.0	1:16:16.2

376	188 Juliette KELLY	27	8:31.8	54:27.4	30:52.3	1:33:51.5
327	219 Kirsty BLACK	29 Serpentine	8:32.1	49:49.4	29:53.4	1:28:14.9
254	224 Kerrie O CONNOR-FORT		8:34.0	47:07.9	26:25.4	1:22:07.2
116	203 Steve BARNES	52 Newbury Road Clu	8:34.2	43:22.7	22:34.0	1:14:30.9
257	179 Alison WOOD	38 Met Police	8:35.3	48:05.6	25:32.3	1:22:13.2
198	126 Rob BELL	25 Royal Berks Fire	8:36.7	46:31.2	24:00.9	1:19:08.8
188	176 Andrew HIGGINS	34	8:36.9	46:19.9	23:25.9	1:18:22.7
194	136 Daniel McGUIGAN	28 FVS Tri 2 min pe	8:37.1	45:59.5	24:12.2	1:18:48.7
	225 Lars MENKEN	30 Serpentine Runni	8:37.4	DNF		DNF
150	120 Lee ELLIS	27	8:37.9	44:40.7	23:04.8	1:16:23.4
297	158 Patrick FOSTER	54 Serpentine	8:37.9	49:19.5	27:23.5	1:25:21.0
92	147 Colin EYLES	40 Mad Tri	8:38.4	42:12.5	22:02.9	1:12:53.8
216	40 David WHITAKER	29	8:39.0	47:35.9	23:50.9	1:20:05.7
167	73 Laurey RANKIN	29 Trent Park	8:39.6	45:55.2	22:44.1	1:17:18.9
104	190 John MORTON	39	8:40.0	41:07.4	23:55.4	1:13:42.8
277	182 Rosie INGRAM	27 Serpentine	8:40.2	49:14.9	25:37.8	1:23:32.9
180	181 Stephen ADAMS	41	8:40.3	45:51.7	23:22.2	1:17:54.2
223	517 Chris HIGGINS	35	8:40.3	46:18.9	25:24.3	1:20:23.4
410	144 Martin PERKIN	43	8:42.6	1:04:42.8	29:56.6	1:43:22.0
307	183 Terry BYRNE	49 Gearsandtears.Co	8:43.3	49:36.9	28:01.2	1:26:21.4
414	494 Hannah MERVIS	26	8:44.1	1:04:26.3	31:52.2	1:45:02.7
	481 Sharon BAILEY	37	8:44.3	53:32.5	DNF	DNF
274	200 Matt DENNIS	36	8:44.6	46:42.0	27:55.9	1:23:22.4
264	69 David MORBY	50 Kirklees Alterna	8:44.8	48:17.7	25:44.0	1:22:46.5
151	101 George FRIEL	34	8:45.0	46:16.8	21:22.6	1:16:24.5
382	168 Alice VALENTINE-WILL		8:45.6	58:08.5	27:40.6	1:34:34.8
225	6 Ravi RAI	34	8:45.7	48:42.9	23:06.5	1:20:35.1
210	206 Vicky JORDAN	31 Team Kennet	8:46.6	47:57.5	23:12.7	1:19:56.8
201	75 Christian VAUGHAN	46 Farnham Tri	8:47.4	45:57.1	24:31.6	1:19:16.1
361	76 Mark EVANS	39	8:48.7	49:06.5	33:13.2	1:31:08.3
120	296 Ray ZIEL	56 Healthworks Fitn	8:49.0	42:38.2	23:30.0	1:14:57.2
70	263 Matt PRIDDLE	32 Justwanna.Com AT	8:49.8	40:29.3	21:43.6	1:11:02.6
295	66 Saba HOLT	33	8:51.6	54:13.4	22:07.0	1:25:12.0
244	10 Steve SHAKESPEARE	39	8:52.1	47:56.9	24:36.0	1:21:24.9
351	184 Anne LEGGETT	39	8:52.8	56:50.5	24:16.4	1:29:59.7
408	162 Elizabeth ROGERS	24	8:52.9	1:07:12.2	26:56.1	1:43:01.2
207	244 Jason SYLVESTER	32	8:53.0	45:05.1	25:46.8	1:19:45.0
86	202 Kevin BURREE	34 Reading Road Run	8:53.2	43:58.2	19:24.1	1:12:15.5
395	29 Corinna TAYLOR	30 Bracknell Forest	8:54.5	59:41.0	28:58.1	1:37:33.5
317	208 Mike COWIN	67	8:54.6	49:13.7	29:06.8	1:27:15.1
259	284 Mike SETTERFIELD	43	8:55.1	47:54.4	25:32.8	1:22:22.3
258	197 Simon SNELGROVE	36	8:57.1	49:51.0	23:31.3	1:22:19.4
261	209 Robin GRAY	33 Serpentine RC	8:57.1	49:36.4	23:52.3	1:22:25.8
63	51 Edward DODWELL	47 Reading Road Run	8:58.1	42:09.2	18:55.7	1:10:02.9
353	88 Mark DEMPSTER	35	8:58.1	47:48.3	33:21.4	1:30:07.8
229	70 David ROBINSON	34 FVS Tri	8:58.2	45:48.8	25:55.7	1:20:42.7
323	488 Penny FAIRBRASS	46 Invicta East Ken	8:58.4	52:09.8	26:53.0	1:28:01.3
268	35 Martin HAITZMANN	45	8:58.6	49:49.1	24:05.9	1:22:53.6
350	503 Ian WATKINS	34	8:59.2	50:41.9	30:06.1	1:29:47.2
146	350 Niki ORR	36	8:59.3	43:48.6	23:22.9	1:16:10.8
308	495 Martin PAUL	15	8:59.4	54:09.2	23:12.9	1:26:21.5
401	20 Lisa EDWARDS	27	8:59.5	58:14.0	31:57.9	1:39:11.4
305	363 Ian ELAM	55 David Lloyd Read	9:00.3	49:04.0	28:08.5	1:26:12.8
205	174 David FIDDES	39 Reading Roadrunn	9:01.1	48:13.8	22:28.6	1:19:43.5
222	145 Shahriar HAQUE	32	9:01.1	46:36.9	24:44.5	1:20:22.6
338	93 Paul ROBERTS	36	9:01.3	50:47.8	29:21.7	1:29:10.8
360	65 Mandy CORNELIUS	27	9:02.3	52:06.4	29:57.7	1:31:06.3
386	473 Vladimir HERNANDEZ	2	9:04.2	53:19.5	33:30.9	1:35:54.6
196	194 Simon TARRY	38	9:06.1	45:41.9	24:04.7	1:18:52.7
419	28 Elizabeth GRAVES	31	9:06.1	1:12:42.3	26:21.3	1:48:09.7
236	107 Mark DAVIES	34	9:06.5	50:02.0	21:47.9	1:20:56.3
287	96 Tracey CARTER	33	9:07.0	47:55.8	27:23.4	1:24:26.1
425	193 Sue PERKIN	41 Esporta - Berksh	9:09.2	1:13:57.0	39:46.3	2:02:52.5
203	111 Lee VINCENT	27	9:10.2	45:02.3	25:12.9	1:19:25.3
315	210 Barry SHEPARD	61	9:11.9	49:46.9	27:49.7	1:26:48.5
280	102 Craig LESLIE	32 Wantage Tritons	9:12.8	50:58.6	23:26.9	1:23:38.3

299	139 Lorraine COWLING	43	9:13.1	50:18.8	26:06.8	1:25:38.8
262	483 David ANDERSON	42	9:14.5	48:15.6	25:10.2	1:22:40.3
337	150 Bob MOODY	52	9:15.3	49:38.3	30:14.4	1:29:08.0
328	49 Alison MORBY	44 Kirklees Alterna	9:15.8	53:00.3	26:06.5	1:28:22.6
246	74 Colin MONDESIR	42	9:16.0	48:36.2	23:40.4	1:21:32.6
304	59 Paul YOUNG	53	9:17.0	50:53.8	26:00.0	1:26:10.8
275	140 Kevin THOMAS	44	9:17.1	49:24.1	24:44.9	1:23:26.1
300	242 Ignatius McGURL	46 Team Phillips-Fi	9:17.7	48:17.5	28:04.2	1:25:39.4
367	234 Andrew RIGSBY	50	9:18.1	53:37.0	29:24.5	1:32:19.6
173	205 Jeremy READ	30	9:18.5	45:04.5	23:18.7	1:17:41.6
374	178 John KNOTT	58	9:19.4	48:56.9	34:53.4	1:33:09.8
251	81 Rachel WHITTAKER	27 Serpentine	9:20.1	49:24.3	23:09.1	1:21:53.6
141	5 Alan BURROWS	43 Met Police Tri C	9:20.8	44:31.3	22:11.3	1:16:03.4
68	155 Keith MURPHY	48 Trent Park Tri	9:21.0	41:11.7	20:21.6	1:10:54.2
247	235 Simon TITMUSS	33	9:21.3	48:28.9	23:48.0	1:21:38.2
389	177 Suzanna BURNAY	57	9:21.3	52:06.7	34:47.3	1:36:15.3
271	336 Buzz GOUDIE	42	9:22.3	45:44.9	28:07.1	1:23:14.3
158	511 Patrick RAZAVET	37	9:22.7	43:46.1	23:44.3	1:16:53.1
240	8 Andy WILLIS	44	9:23.1	49:43.4	22:09.6	1:21:16.1
341	62 Krista WILSON	33	9:23.2	54:15.2	25:33.4	1:29:11.8
336	39 David LEIGH	48	9:23.7	54:00.2	25:37.2	1:29:01.1
302	45 Timothy WALLIS	45	9:24.2	49:32.1	26:51.1	1:25:47.4
206	161 David PARKIN	49 Swindon Tri Club	9:26.8	44:29.8	25:47.2	1:19:43.8
412	512 Michael DRYDEN	39	9:27.1	59:35.4	34:35.6	1:43:38.1
340	133 Caroline VIBERT	44 Blue Hippos	9:28.0	53:31.0	26:12.7	1:29:11.7
403	301 Karen FAWCETT	46 David Lloyd - Re	9:28.0	1:00:30.8	30:35.1	1:40:34.0
209	124 Jon DONKIN	24	9:30.6	44:34.0	25:51.4	1:19:56.0
282	30 Andy BATCHELOR	48	9:30.7	48:12.1	26:04.4	1:23:47.2
399	105 Sarah BROOKE	25	9:31.4	54:41.5	34:18.2	1:38:31.1
354	116 Nancy LABINER	36 Serpentine RC	9:33.4	57:51.9	22:47.4	1:30:12.7
202	67 Paul SMITH	36	9:33.5	46:45.2	22:58.5	1:19:17.3
283	129 Andy THOMSON	43	9:33.6	48:24.4	25:52.7	1:23:50.7
339	77 John TIERNEY	42	9:35.6	53:25.8	26:10.0	1:29:11.4
362	142 Wendy KINNELL	34	9:36.1	52:20.7	29:27.3	1:31:24.1
335	500 Graham WALTER	43	9:36.4	48:28.8	30:54.7	1:28:59.9
248	54 Diana MILLS	35 Serpentine	9:36.9	46:34.4	25:29.4	1:21:40.7
345	91 Paul TAYLOR	56 Farnham Tri	9:37.8	50:45.2	29:04.2	1:29:27.2
370	236 Paul HOUGHTON	41 TVT	9:38.2	52:45.0	30:23.1	1:32:46.2
342	220 James HOLLEY	33	9:42.2	51:35.4	27:57.2	1:29:14.8
127	269 Robert MURRAY	29 Serpentine	9:43.5	45:04.9	20:25.7	1:15:14.1
235	478 John NEVILL	60	9:43.6	46:56.7	24:15.3	1:20:55.6
278	186 Anthony FRIEDMAN	25 Southampton Tri	9:43.7	49:59.1	23:54.2	1:23:37.0
309	173 Gareth CHISLETT	41	9:44.2	48:40.5	27:58.7	1:26:23.4
407	71 Kerrie BIRKETT	29 Corsham Running	9:45.9	56:41.5	36:14.4	1:42:41.8
224	108 David JOHNSON	33	9:46.9	44:29.5	26:16.2	1:20:32.7
289	169 Sarah De ROZARIO	34	9:49.1	49:29.4	25:13.8	1:24:32.2
298	110 Ross BENTLEY-DAVIES		9:49.2	48:20.6	27:23.9	1:25:33.6
294	4 Nicky DONBAVAND	33 Met Police Tri C	9:50.4	47:56.3	27:17.0	1:25:03.7
131	89 Ian HODGE	44 Serpentine	9:50.5	43:31.0	22:14.2	1:15:35.6
364	122 Mouveta FOWLER	57 Farnham Triathlo	9:50.9	56:05.8	26:09.8	1:32:06.5
272	276 Brian TRACEY	36	9:55.0	48:29.8	24:50.4	1:23:15.2
421	374 Jacqueline FAWTHROP		9:58.9	1:08:56.9	32:43.4	1:51:39.2
383	509 Helen STOREY	30	10:00.2	58:00.5	26:34.5	1:34:35.2
179	474 Julian KAINE	32	10:01.1	45:07.1	22:42.3	1:17:50.5
378	50 Clare LOXLEY	39	10:02.1	54:09.4	29:55.8	1:34:07.2
310	79 Rick GRIEVE	41	10:04.0	49:30.9	26:52.4	1:26:27.3
409	1 Marco ARCIDIACONO	33	10:06.1	1:02:14.5	30:46.9	1:43:07.6
122	112 Steve SCAMMELL	34 Mad Tri	10:06.3	42:26.4	22:27.6	1:15:00.3
396	98 Sally RICHARDSON	31 Phoenix Tri	10:07.8	56:09.1	31:24.1	1:37:40.9
359	64 Ros YOUNG	61 Serpentine	10:08.1	52:20.6	28:27.2	1:30:55.8
273	439 Andrew NELDER	37	10:10.5	46:23.8	26:41.2	1:23:15.5
365	118 Muna ROBERTS	38 Team Kennet	10:10.8	54:16.5	27:46.4	1:32:13.7
423	22 Paula MARSHAL	36 Team Phillips-Fi	10:12.3	1:04:06.6	39:05.5	1:53:24.4
168	128 Rob FRANKLIN	22 Met Police Tri C	10:13.5	43:10.1	23:56.7	1:17:20.3
330	109 Samantha GROMETT	28	10:17.0	54:54.0	23:34.4	1:28:45.4
157	346 Jonathan ASHLEY	32	10:19.4	47:53.2	18:38.8	1:16:51.3

322	114	Jean-Luc COUDRET	41	Abingdon Amblers	10:21.3	50:50.5	26:33.7	1:27:45.4
393	41	Rita DYKES	59		10:21.8	1:00:10.9	26:52.2	1:37:24.8
253	189	Hilary WALKER	52	Serpentine	10:21.9	46:13.6	25:28.8	1:22:04.3
380	195	Adam THURLEY	32		10:22.1	56:43.2	27:28.3	1:34:33.6
391	265	George CWAJNA	35		10:23.0	1:00:14.4	25:55.7	1:36:33.1
426	520	Lisa CROKE	40		10:26.0	1:16:50.1	38:48.3	2:06:04.4
153	85	Jason DAWSON	34		10:28.9	42:52.7	23:18.1	1:16:39.7
377	52	Nadya LABIB	39	Serpentine	10:33.9	51:28.8	32:00.0	1:34:02.7
311	385	Matthew McDONALD	27		10:34.1	48:02.1	27:58.9	1:26:35.1
321	11	Simon HOLDEN	26		10:36.1	52:36.3	24:28.9	1:27:41.3
169	56	David JAMES	43		10:36.3	41:53.9	24:53.0	1:17:23.2
415	72	Joanne HORSBURGH	34		10:37.8	1:04:38.2	29:48.7	1:45:04.7
394	21	Caroline HARRIS	24		10:40.2	55:28.7	31:22.6	1:37:31.6
320	127	Estelle BARTLETT	33		10:44.6	49:15.4	27:39.6	1:27:39.6
144	90	Nihad HANNACHI	29	TVT	10:49.4	42:51.3	22:30.0	1:16:10.6
333	502	Karen WATKINS	28		10:52.0	50:14.6	27:45.6	1:28:52.2
371	84	Sally WARD	XX	Reading Mountain	10:56.1	52:36.3	29:21.2	1:32:53.6
420	48	Sandra HALL	40		11:01.4	1:03:20.3	33:59.1	1:48:20.8
162	61	Christopher HILLS	59		11:23.1	41:48.8	23:56.0	1:17:07.8
349	27	Douglas McINTOSH	42		11:24.7	47:58.9	30:15.4	1:29:39.0
413	15	Donna JONES	32		11:32.0	1:02:32.2	30:08.2	1:44:12.4
347	119	Matthew BEVAN	22		11:43.7	52:30.7	25:17.8	1:29:32.2
388	43	John ELLA	47		11:45.1	49:05.6	35:23.5	1:36:14.2
316	37	Graeme TODD	42	Kingfisher	11:45.8	49:42.0	25:21.1	1:26:48.9
405	38	Sally GARNHAM	54		11:52.2	59:22.4	30:51.9	1:42:06.4
417	496	Jenny PRANGNELL	33		11:53.1	1:01:46.3	32:26.6	1:46:05.9
346	63	Paul SPELLER	40		11:59.0	51:23.5	26:07.3	1:29:29.7
418	55	Robert MELLOR	34		12:07.7	1:07:13.6	28:32.4	1:47:53.8
422	60	Paul HUDSON	40	Bedford Traktors	12:11.9	58:22.5	41:35.5	1:52:09.9
404	34	Helen CLARK	30		12:13.6	59:17.8	29:08.6	1:40:40.0
424	25	Julia COLE	32		12:18.8	1:10:35.0	33:03.4	1:55:57.2
390	78	Sarah FRANCIS	37	Gears & Tears.Co	12:21.2	56:59.7	27:09.4	1:36:30.3
411	26	Deirdre PHILPOTT	51		12:28.2	59:08.7	31:56.1	1:43:33.1
334	19	Mick RUMBLE	54		12:55.2	49:35.1	26:23.3	1:28:53.5
406	44	Sue HEANES	34	Team Phillips-Fi	13:15.3	55:58.8	33:22.4	1:42:36.5
402	46	Ken ARMOUR	39		13:41.9	58:37.8	28:00.9	1:40:20.5
427	23	Bill MARSHAL	70	Team Phillips-Fi	19:39.5	1:09:23.2	40:25.3	2:09:28.1
449		Michael KETTLEY	23	The Russians				DNF

All Competitors Sorted by Bike Time

Pos	No.	Name/Team	Age	Club/Org	Swim	Bike	Run	Result
1	458	Laurence HARDING	39	Serpentine	5:44.3	33:06.0	18:22.4	57:12.6
2	450	Sam GARDNER	30	Evans Cycles/Fat	6:16.5	34:13.6	17:39.1	58:09.3
16	262	Gavin LUMB	40		6:44.9	35:28.8	22:07.1	1:04:20.8
4	462	Guy CRAWFORD	26		5:08.8	35:46.8	19:17.8	1:00:13.4
15	510	Darren HINCKS	37		7:21.2	35:47.3	21:04.6	1:04:13.2
6	433	Chris TAYLOR	40	Berkshire Tri Sq	6:28.4	35:48.1	19:34.9	1:01:51.3
7	454	Ian PATTERSON	39	Primera	5:48.3	35:51.4	20:18.1	1:01:57.8
3	469	Ian SMITH	26	Quintana Roo/TFN	5:09.4	35:58.2	18:23.6	59:31.2
33	233	Alan ALLCOCK	50		7:58.9	36:21.1	22:55.7	1:07:15.6
5	438	David MEACOCK	30	Basingstoke Tri	6:01.8	36:27.8	18:28.3	1:00:57.9
11	446	Glenn JARVIS	34	Ata	5:47.3	36:37.6	20:46.0	1:03:10.9
19	434	Dave GOODWIN-FIELDIN		Www.Raceevents.C	6:55.1	36:39.4	21:08.1	1:04:42.5
8	470	Andrew FORTH	38		5:11.2	36:56.8	20:10.9	1:02:18.9
14	471	Daniel MORRIS	25		5:30.2	36:57.9	21:17.5	1:03:45.6
18	452	Neil DAVIES	33	Rhondda Triathlo	6:32.8	37:01.4	20:56.5	1:04:30.7
10	444	Stephen WRAPSON	27	Hillingdon Triat	6:23.1	37:02.7	19:06.3	1:02:32.0
13	459	Clive RHODES	25		6:10.6	37:21.3	20:09.7	1:03:41.6
9	492	Junior HEFFERNAN	16	Kelly College	5:06.5	37:35.0	19:42.1	1:02:23.5
12	437	Damian CANNON	35	Trilondon	6:06.6	37:57.4	19:34.5	1:03:38.5
45	367	Mark BARR	41		6:50.6	38:03.9	23:29.0	1:08:23.6
27	508	Robin GROOM	30		7:02.6	38:12.8	21:27.3	1:06:42.7
53	294	Phillip CROUCH	50	God Squad	7:38.5	38:14.2	23:10.7	1:09:03.3
24	403	Mike MORRIS	49	Tri-London	7:05.0	38:18.2	20:54.1	1:06:17.3
23	489	Michael HADMON	36	Serpentine	7:22.0	38:18.7	20:29.4	1:06:10.2
17	465	Sam OSBORNE	27	Kingfisher Triat	5:20.9	38:20.0	20:46.1	1:04:27.0

80	441 Simon CHETWYND	Reading Mountain	8:11.5	38:32.0	25:08.0	1:11:51.5
21	384 Justin LOCK	31 Serpentine	6:51.8	38:34.6	19:35.3	1:05:01.7
22	440 Glenn HELSBY	42 Eton Tri	5:53.0	38:59.2	20:45.7	1:05:37.8
48	382 James SMITH	37	7:04.4	38:59.3	22:38.5	1:08:42.2
25	457 Kate BALCHIN	25 Met Police	5:53.5	39:06.9	21:25.5	1:06:25.9
54	386 Andrew HAY	39 Chiltern Triathl	6:54.6	39:19.4	22:53.6	1:09:07.6
26	312 David GREEN	54 Eton Tri Club	7:21.9	39:19.6	19:52.3	1:06:33.8
41	357 Rob FINDLAY	47 Team Kennet	7:40.4	39:23.5	20:40.8	1:07:44.7
42	335 Adrian COHEN	Reading Mountain	6:28.5	39:25.9	22:08.8	1:08:03.2
56	429 Oliver PEGDEN	23	6:34.6	39:27.4	23:17.4	1:09:19.3
38	251 Jon GLYDE	41	7:44.6	39:29.3	20:21.7	1:07:35.6
28	464 Steven CLENCH	18	5:36.4	39:30.8	21:36.1	1:06:43.3
31	466 Jeremy JONES	25	5:14.4	39:31.5	22:05.1	1:06:51.1
46	412 Kevin ORMEROD	46 Met Police Tri C	6:17.1	39:36.8	22:32.4	1:08:26.3
20	407 Gavin McLAUGHLIN	36	5:27.3	39:39.6	19:52.1	1:04:58.9
101	328 Catherine POWELL	25	8:14.2	39:41.1	25:41.0	1:13:36.3
44	420 Sam CARROLL	32	7:57.0	39:43.1	20:43.4	1:08:23.5
30	311 Phil GILKES	47 Team Cherwell	7:19.8	39:44.5	19:46.2	1:06:50.4
32	362 David WEIR	25	6:36.3	39:44.5	20:39.1	1:06:59.9
57	394 Martin QUINLAN	44 Kingfisher Tri	6:58.4	39:47.6	22:36.5	1:09:22.5
59	361 Lance ROBINSON	39	7:18.6	39:50.1	22:18.5	1:09:27.2
51	416 Patrick MILFORD	31 Serpentine	6:28.2	40:00.2	22:29.2	1:08:57.5
37	435 Greg SHELLEY	29	6:24.9	40:04.7	21:05.2	1:07:34.8
52	467 Paul McINULTY	30	5:02.8	40:04.9	23:51.9	1:08:59.7
34	445 Wesley LEWIS	45	6:02.9	40:05.4	21:09.6	1:07:18.0
29	487 Flavio COIRO	30 TVT 2 Min Pen Dr	5:23.3	40:10.1	21:13.3	1:06:46.8
40	375 Bruce RENNIE	41	7:39.2	40:17.6	19:47.4	1:07:44.2
70	263 Matt PRIDDLE	32 Justwanna.Com AT	8:49.8	40:29.3	21:43.6	1:11:02.6
39	405 Jason Van Der HELSTR	Trent Park RC	6:39.4	40:34.2	20:23.8	1:07:37.4
75	250 Darryl BARR	37	8:09.6	40:43.5	22:43.1	1:11:36.2
58	359 Iain ADAMS	31 Team Kennet	7:10.0	40:47.9	21:27.9	1:09:25.8
65	451 Jonathan BUDDS	42 Tri London	5:58.6	40:48.0	23:30.1	1:10:16.8
69	401 Craig JAMIESON	36 Must Tri Harder	7:07.5	40:48.0	23:03.8	1:10:59.3
91	349 Ian MACRO	46 Blue Hippos	7:48.8	40:52.5	24:11.0	1:12:52.3
35	253 Jonthan PRICE	29 Farnham Triathlo	6:46.3	41:00.1	19:43.7	1:07:30.0
74	343 Peter DENNETT	38 Andover Triathlo	7:29.5	41:00.2	23:00.9	1:11:30.7
66	400 Graham MORRISON	32	6:43.4	41:00.8	22:53.3	1:10:37.5
36	514 Lee JOHNSON	41	6:07.1	41:01.2	20:25.0	1:07:33.4
104	190 John MORTON	39	8:40.0	41:07.4	23:55.4	1:13:42.8
68	155 Keith MURPHY	48 Trent Park Tri	9:21.0	41:11.7	20:21.6	1:10:54.2
64	404 Sam ALLPASS	40 Serpentine	7:13.0	41:14.1	21:36.7	1:10:03.8
67	3 David HAMIL	33 Met Police Tri C	6:59.5	41:14.3	22:31.6	1:10:45.4
50	436 Piers FAULKNER	33 Serpentine Runni	6:42.6	41:15.4	20:55.5	1:08:53.5
89	267 Richard BUTCHER	43 Tri Castrol	7:46.6	41:28.0	23:19.0	1:12:33.6
83	411 Chris KELLY	28 Sheffield Tri	7:07.8	41:33.3	23:27.2	1:12:08.4
73	320 Steve LOW	38	8:01.3	41:41.0	21:43.5	1:11:25.8
47	408 Jonathan McVICAR	27	6:41.8	41:43.1	20:12.5	1:08:37.4
78	286 Adam HOFFMAN	31	7:17.6	41:44.5	22:48.5	1:11:50.6
106	423 Martin KAY	37 Farnham Triathlo	6:28.4	41:45.6	25:43.9	1:13:57.9
49	373 Mike PROVEN	47 Reading AC	8:13.3	41:46.4	18:46.7	1:08:46.4
162	61 Christopher HILLS	59	11:23.1	41:48.8	23:56.0	1:17:07.8
60	428 Stuart MITCHELL	40 Berkshire Tri Sq	6:38.2	41:49.3	21:03.1	1:09:30.7
55	463 Rhodri HUMPHREYS	23	5:24.1	41:50.2	21:54.5	1:09:08.8
169	56 David JAMES	43	10:36.3	41:53.9	24:53.0	1:17:23.2
135	490 Patricia GREEN	47 Trisport Epping	7:42.4	41:57.1	26:06.4	1:15:45.8
105	393 Gerry ILES	44 Team Kennet	6:45.1	41:59.2	25:03.3	1:13:47.6
61	260 Mark VARDY	17 Team Kennet	8:16.7	42:02.2	19:31.2	1:09:50.1
97	348 Adam TINSON	32 David Lloyd Read	7:07.2	42:04.3	24:08.8	1:13:20.3
129	507 William WILSON	39	7:47.6	42:05.0	25:28.3	1:15:20.9
85	249 Ludovica BRUNO	42 Serpentine	8:26.7	42:05.4	21:41.4	1:12:13.6
63	51 Edward DODWELL	47 Reading Road Run	8:58.1	42:09.2	18:55.7	1:10:02.9
107	279 Charles HOOREN	32	7:42.4	42:11.8	24:07.3	1:14:01.6
92	147 Colin EYLES	40 Mad Tri	8:38.4	42:12.5	22:02.9	1:12:53.8
94	175 Robert BELL	38 Z-Tri Epsom	6:58.3	42:20.4	23:57.9	1:13:16.7
114	360 Ryan PHILLIPS	29	7:25.9	42:21.5	24:42.4	1:14:29.9
77	289 Paul SWEETMAN	29	7:20.0	42:22.6	21:59.2	1:11:41.8

125	391 Jo JARVIS	37	7:28.1	42:23.4	25:13.6	1:15:05.1
122	112 Steve SCAMMELL	34 Mad Tri	10:06.3	42:26.4	22:27.6	1:15:00.3
43	417 Andrew DAVIES	32 Serpentine	6:14.3	42:32.9	19:24.0	1:08:11.2
87	427 Kim EVANS	40	6:50.5	42:36.7	22:56.8	1:12:24.0
84	300 Ian STUBBINGS	36 Phoenix Tri	7:54.0	42:38.2	21:40.4	1:12:12.6
120	296 Ray ZIEL	56 Healthworks Fitn	8:49.0	42:38.2	23:30.0	1:14:57.2
79	426 Ian COOTE	37 David Lloyd - Re	6:48.1	42:38.5	22:24.4	1:11:51.0
93	259 Steven INGHAM	43 East Grinstead T	7:45.1	42:41.6	22:30.4	1:12:57.1
176	229 Darren ADDISON	37	8:24.3	42:46.7	26:35.1	1:17:46.1
111	341 Mark KINGDOM	40	7:37.8	42:50.6	23:43.0	1:14:11.5
144	90 Nihad HANNACHI	29 TVT	10:49.4	42:51.3	22:30.0	1:16:10.6
98	278 Stuart QUINTON	35	7:31.3	42:52.7	22:56.7	1:13:20.8
153	85 Jason DAWSON	34	10:28.9	42:52.7	23:18.1	1:16:39.7
100	121 Philip O MEARA	41	8:14.7	42:57.6	22:22.6	1:13:34.9
108	231 Lucia SINGER	34	8:31.1	43:00.1	22:33.4	1:14:04.6
72	337 Mark PAGE	30	6:24.3	43:00.3	22:00.6	1:11:25.2
102	283 Ben LOPMAN	28 London Healthsid	8:09.9	43:03.6	22:24.0	1:13:37.5
220	425 Andrew BARKER	42	7:32.1	43:06.1	29:40.9	1:20:19.0
168	128 Rob FRANKLIN	22 Met Police Tri C	10:13.5	43:10.1	23:56.7	1:17:20.3
110	261 Robin THOMPSON	40 Amersham Tristar	7:29.7	43:11.7	23:29.1	1:14:10.5
71	421 Jonathan JAMES	41	6:37.0	43:13.2	21:33.8	1:11:24.0
154	309 Tony FORD	39	7:27.8	43:14.3	25:57.7	1:16:39.8
103	291 Stuart WELLS	30	8:11.9	43:14.6	22:13.9	1:13:40.3
156	256 George STANDEN	55 East Grinstead T	8:01.3	43:18.1	25:30.3	1:16:49.7
116	203 Steve BARNES	52 Newbury Road Clu	8:34.2	43:22.7	22:34.0	1:14:30.9
76	399 Mark MOSS	43 Esporta	6:44.3	43:25.2	21:31.1	1:11:40.6
113	413 Josie LUCKINS	37 Team Tri Glos	6:36.1	43:26.9	24:23.2	1:14:26.3
160	334 Bruce KORICAN	42 Farnham Tri	7:17.0	43:26.9	26:15.2	1:16:59.1
140	383 Krzysztof LACHOR	27	5:54.5	43:28.4	26:35.4	1:15:58.3
131	89 Ian HODGE	44 Serpentine	9:50.5	43:31.0	22:14.2	1:15:35.6
130	432 Matt RICE	38	6:04.5	43:33.0	25:47.4	1:15:24.9
109	280 Luke ROBBINS	25 Eton Triathlon C	7:21.8	43:39.1	23:04.2	1:14:05.1
62	461 Michelle MATSON	27	5:19.3	43:39.7	20:55.2	1:09:54.2
133	86 Ian KEANE	31	7:25.5	43:41.9	24:32.9	1:15:40.3
88	137 Stuart MORRIS	45	7:47.9	43:45.5	20:59.4	1:12:32.7
158	511 Patrick RAZAVET	37	9:22.7	43:46.1	23:44.3	1:16:53.1
146	350 Niki ORR	36	8:59.3	43:48.6	23:22.9	1:16:10.8
143	402 Kate HUNT	36 Orca UK	7:03.0	43:50.0	25:16.9	1:16:10.0
128	277 Ben SCHULTZ	31	7:21.1	43:57.3	24:00.9	1:15:19.3
119	491 Mike HAWKINS	50 Larkfield AC	7:46.2	43:58.1	23:10.4	1:14:54.7
86	202 Kevin BURREE	34 Reading Road Run	8:53.2	43:58.2	19:24.1	1:12:15.5
149	151 Amy BUTLER	25	8:31.2	43:58.9	23:46.0	1:16:16.2
81	506 Stephen WEBB	35	8:17.8	43:59.5	19:40.8	1:11:58.1
115	371 Tony RHODES	58 Tri Sport Epping	7:21.7	44:02.4	23:06.7	1:14:30.8
147	345 Rod HUNT	58	8:27.7	44:11.1	23:33.3	1:16:12.0
99	376 David HALL	40	6:45.1	44:15.5	22:26.8	1:13:27.3
126	456 Tanya FRANK	27	6:04.9	44:19.0	24:42.9	1:15:06.8
159	330 Keith WOOTTON	34	6:56.8	44:24.5	25:36.9	1:16:58.2
224	108 David JOHNSON	33	9:46.9	44:29.5	26:16.2	1:20:32.7
206	161 David PARKIN	49 Swindon Tri Club	9:26.8	44:29.8	25:47.2	1:19:43.8
141	5 Alan BURROWS	43 Met Police Tri C	9:20.8	44:31.3	22:11.3	1:16:03.4
134	149 Simon OATES	28	8:03.4	44:32.2	23:06.5	1:15:42.1
209	124 Jon DONKIN	24	9:30.6	44:34.0	25:51.4	1:19:56.0
190	381 Margaret SILLS	55 Tri UK	6:43.8	44:34.1	27:17.3	1:18:35.2
118	390 Katie CROWE	29 Serpentine	6:36.5	44:34.9	23:32.1	1:14:43.5
228	298 David KEATON	33 Wimbledon Windmi	8:28.8	44:38.4	27:33.4	1:20:40.6
150	120 Lee ELLIS	27	8:37.9	44:40.7	23:04.8	1:16:23.4
137	246 Stephen GARNHAM	51	8:27.0	44:44.8	22:39.1	1:15:50.9
142	397 Helen KEATON	32 Wimbledon Windmi	7:32.6	44:50.3	23:42.9	1:16:05.7
172	410 Christina POULTON	43 BTS	6:49.3	44:50.7	25:52.1	1:17:32.1
164	226 Christopher HARRISON		7:58.8	44:51.5	24:23.2	1:17:13.5
90	447 Marcus VALLANCE	28	6:30.3	44:52.0	21:14.4	1:12:36.7
170	443 Rachel CHANGER	22	7:16.2	44:52.0	25:22.1	1:17:30.3
136	485 Ed COATES	28	7:43.5	44:53.7	23:09.8	1:15:47.0
95	339 Dave BENDON		6:54.4	44:56.4	21:27.4	1:13:18.2
147	332 Lucy JONES	34 Southampton Tri	7:22.7	44:56.5	23:52.8	1:16:12.0

121	272 Justin BUCKLAND	30	6:43.3	44:59.6	23:15.3	1:14:58.2
82	389 Libby CAMERON	28 Met Police Tri	6:06.0	45:02.2	20:51.5	1:11:59.7
203	111 Lee VINCENT	27	9:10.2	45:02.3	25:12.9	1:19:25.3
173	205 Jeremy READ	30	9:18.5	45:04.5	23:18.7	1:17:41.6
127	269 Robert MURRAY	29 Serpentine	9:43.5	45:04.9	20:25.7	1:15:14.1
207	244 Jason SYLVESTER	32	8:53.0	45:05.1	25:46.8	1:19:45.0
212	99 Isabel BURTON	26	8:10.9	45:05.7	26:45.1	1:20:01.6
179	474 Julian KAINE	32	10:01.1	45:07.1	22:42.3	1:17:50.5
123	353 Darren OWEN	39	6:48.9	45:07.2	23:05.3	1:15:01.4
124	292 Stuart TWINN	55	7:46.2	45:10.4	22:07.5	1:15:04.0
231	217 Eddie KING	41	8:19.6	45:11.2	27:20.6	1:20:51.4
145	153 Geoffrey SMITH	40	8:21.3	45:13.8	22:35.5	1:16:10.7
234	166 Nick BRANSON	26	8:10.4	45:13.8	27:30.6	1:20:54.8
176	297 Rachel BIBBY	40 Team Cherwell	7:20.6	45:15.3	25:10.2	1:17:46.1
138	199 Marion LAMBERT	47 Trent Park	8:00.2	45:16.1	22:40.0	1:15:56.3
181	418 Ann HAIRSINE	33	6:51.9	45:17.2	25:50.0	1:17:59.0
112	519 Barnes/Murphy/Binks	Starship Enterpr	6:54.6	45:17.5	22:12.6	1:14:24.7
117	398 Laura RALSTON	23	7:26.2	45:18.5	21:58.3	1:14:43.0
96	344 James IRESON	28	6:52.0	45:22.8	21:04.9	1:13:19.7
199	303 Vincent MULLEN	36	7:35.3	45:23.0	26:11.2	1:19:09.5
232	58 Ian BIRKS	40	8:29.0	45:29.0	26:55.7	1:20:53.6
184	57 Adrian DEVEREUX	41	8:02.8	45:40.5	24:27.1	1:18:10.4
196	194 Simon TARRY	38	9:06.1	45:41.9	24:04.7	1:18:52.7
132	377 Julian FREEMAN	38 Tri Team Glos	7:08.5	45:43.9	22:46.0	1:15:38.4
271	336 Buzz GOUDIE	42	9:22.3	45:44.9	28:07.1	1:23:14.3
166	290 Christopher YOUNG	25	7:50.6	45:46.7	23:40.5	1:17:17.8
229	70 David ROBINSON	34 FVS Tri	8:58.2	45:48.8	25:55.7	1:20:42.7
211	513 Trevor SHEPERD	48	8:28.5	45:50.6	25:39.7	1:19:58.8
180	181 Stephen ADAMS	41	8:40.3	45:51.7	23:22.2	1:17:54.2
178	180 Robert BARNES	33	8:10.7	45:53.8	23:43.9	1:17:48.3
167	73 Laurey RANKIN	29 Trent Park	8:39.6	45:55.2	22:44.1	1:17:18.9
201	75 Christian VAUGHAN	46 Farnham Tri	8:47.4	45:57.1	24:31.6	1:19:16.1
194	136 Daniel McGUIGAN	28 FVS Tri 2 min pe	8:37.1	45:59.5	24:12.2	1:18:48.7
214	351 Gervase FOLEY	40 BTS	7:03.7	45:59.8	27:00.7	1:20:04.2
185	215 Lina BROOK	34	7:53.8	46:02.0	24:23.3	1:18:19.1
215	239 Mark SAUNDERS	37	7:01.0	46:04.6	26:59.5	1:20:05.2
139	324 Patrick HENZE	34	6:37.0	46:05.9	23:14.2	1:15:57.0
182	146 Ann LONIE	34 Wantage Tritons	8:15.7	46:07.3	23:41.5	1:18:04.6
191	293 Vivienne POUNTNEY	49	8:19.8	46:08.2	24:12.0	1:18:39.9
152	424 Kyle LOVELL	23 Royal Berks Fire	5:51.5	46:09.8	24:37.1	1:16:38.4
208	340 Marie CARRICK	38	7:02.4	46:11.9	26:36.9	1:19:51.2
263	387 Steven MALBY	49 Derby CTC	7:01.0	46:13.4	29:30.6	1:22:45.0
253	189 Hilary WALKER	52 Serpentine	10:21.9	46:13.6	25:28.8	1:22:04.3
151	101 George FRIEL	34	8:45.0	46:16.8	21:22.6	1:16:24.5
223	517 Chris HIGGINS	35	8:40.3	46:18.9	25:24.3	1:20:23.4
188	176 Andrew HIGGINS	34	8:36.9	46:19.9	23:25.9	1:18:22.7
227	308 Paul MARTIN	37	7:18.3	46:20.8	26:58.1	1:20:37.2
183	270 Danny WYNN	30	7:50.8	46:23.1	23:53.7	1:18:07.5
273	439 Andrew NELDER	37	10:10.5	46:23.8	26:41.2	1:23:15.5
155	322 Peter CONDRON	38	6:57.3	46:23.9	23:18.7	1:16:40.0
221	222 Richard JONES	38 Serpentine	8:03.9	46:24.0	25:54.6	1:20:22.5
265	313 Scott GARRETT	34 Corsham Running	7:31.8	46:28.0	28:48.0	1:22:47.8
198	126 Rob BELL	25 Royal Berks Fire	8:36.7	46:31.2	24:00.9	1:19:08.8
161	419 Jo AVES	29 Corsham Running	7:31.8	46:31.5	22:59.6	1:17:02.9
197	295 Sue ZIEL	55 Healthworks Fitn	7:34.1	46:33.8	24:54.8	1:19:02.7
248	54 Diana MILLS	35 Serpentine	9:36.9	46:34.4	25:29.4	1:21:40.7
239	310 Steve MACDONALD	50 Mptc	7:02.5	46:35.4	27:29.3	1:21:07.1
222	145 Shahriar HAQUE	32	9:01.1	46:36.9	24:44.5	1:20:22.6
233	207 Rachel BROUGH	26 Serpentine	8:19.6	46:39.6	25:54.6	1:20:53.7
200	12 Lee RICHARDS	33	5:35.0	46:40.9	26:56.0	1:19:11.8
274	200 Matt DENNIS	36	8:44.6	46:42.0	27:55.9	1:23:22.4
165	392 Simon PHILLIPS	24 Royal Berks Fire	6:24.7	46:42.5	24:07.8	1:17:15.0
202	67 Paul SMITH	36	9:33.5	46:45.2	22:58.5	1:19:17.3
243	218 Glenda CHAMBERS	43	8:23.1	46:46.4	26:14.7	1:21:24.3
213	221 Raymond BULL	56 Trent Park Tri	8:14.6	46:52.6	24:54.6	1:20:01.8
186	379 Gavin O GRADY	36 Phoenix Tri	6:50.2	46:53.3	24:36.7	1:18:20.3

235	478 John NEVILL	60	9:43.6	46:56.7	24:15.3	1:20:55.6
254	224 Kerrie O CONNOR-FORT		8:34.0	47:07.9	26:25.4	1:22:07.2
171	395 Darren PARKINSON	36	7:22.6	47:10.6	22:57.8	1:17:30.9
193	480 Brian HULBERT	47	8:00.4	47:18.5	23:21.2	1:18:40.1
260	355 Claire ALLAWAY	24	7:23.4	47:19.2	27:42.8	1:22:25.5
195	333 Annette HACK	46 Oxford Tri	6:52.2	47:23.6	24:33.9	1:18:49.7
255	53 Philippa STOKES	39 Serpentine	8:20.9	47:24.6	26:23.1	1:22:08.7
163	338 Tom FORTUNE	27	6:59.5	47:29.0	22:43.7	1:17:12.3
189	167 Steve ROSS	42 Phoenix Triathlo	8:09.2	47:29.6	22:45.1	1:18:23.9
230	281 Helen KENNEDY	45 Farnham Tri	8:22.8	47:31.0	24:55.3	1:20:49.1
245	240 Peter GARDINER	58 Jackies Slappers	8:19.6	47:34.8	25:31.2	1:21:25.5
216	40 David WHITAKER	29	8:39.0	47:35.9	23:50.9	1:20:05.7
218	455 Michelle WYKES	22	5:23.8	47:37.5	27:09.2	1:20:10.5
353	88 Mark DEMPSTER	35	8:58.1	47:48.3	33:21.4	1:30:07.8
157	346 Jonathan ASHLEY	32	10:19.4	47:53.2	18:38.8	1:16:51.3
259	284 Mike SETTERFIELD	43	8:55.1	47:54.4	25:32.8	1:22:22.3
287	96 Tracey CARTER	33	9:07.0	47:55.8	27:23.4	1:24:26.1
294	4 Nicky DONBAVAND	33 Met Police Tri C	9:50.4	47:56.3	27:17.0	1:25:03.7
244	10 Steve SHAKESPEARE	39	8:52.1	47:56.9	24:36.0	1:21:24.9
210	206 Vicky JORDAN	31 Team Kennet	8:46.6	47:57.5	23:12.7	1:19:56.8
349	27 Douglas McINTOSH	42	11:24.7	47:58.9	30:15.4	1:29:39.0
311	385 Matthew McDONALD	27	10:34.1	48:02.1	27:58.9	1:26:35.1
288	329 Paul FORD	37 East Grinstead T	7:48.1	48:03.2	28:36.6	1:24:27.9
257	179 Alison WOOD	38 Met Police	8:35.3	48:05.6	25:32.3	1:22:13.2
282	30 Andy BATCHELOR	48	9:30.7	48:12.1	26:04.4	1:23:47.2
242	125 Jo ZAREMBA	41 Oxford Tri	8:20.5	48:12.7	24:50.0	1:21:23.1
205	174 David FIDDES	39 Reading Roadrunn	9:01.1	48:13.8	22:28.6	1:19:43.5
262	483 David ANDERSON	42	9:14.5	48:15.6	25:10.2	1:22:40.3
266	252 Alex DRUMMOND	39	7:24.0	48:16.3	27:08.0	1:22:48.3
300	242 Ignatius McGURL	46 Team Phillips-Fi	9:17.7	48:17.5	28:04.2	1:25:39.4
264	69 David MORBY	50 Kirklees Alterna	8:44.8	48:17.7	25:44.0	1:22:46.5
191	274 Matthew WILSON	28	8:05.5	48:18.6	22:15.8	1:18:39.9
298	110 Ross BENTLEY-DAVIES		9:49.2	48:20.6	27:23.9	1:25:33.6
174	518 Wendy DAVIES	40	7:38.3	48:21.1	21:43.2	1:17:42.7
283	129 Andy THOMSON	43	9:33.6	48:24.4	25:52.7	1:23:50.7
335	500 Graham WALTER	43	9:36.4	48:28.8	30:54.7	1:28:59.9
247	235 Simon TITMUSS	33	9:21.3	48:28.9	23:48.0	1:21:38.2
238	104 Chris MARTIN	45	8:05.3	48:29.7	24:23.8	1:20:58.7
272	276 Brian TRACEY	36	9:55.0	48:29.8	24:50.4	1:23:15.2
246	74 Colin MONDESIR	42	9:16.0	48:36.2	23:40.4	1:21:32.6
309	173 Gareth CHISLETT	41	9:44.2	48:40.5	27:58.7	1:26:23.4
284	230 Kathleen BROEKHOF	31 Serpentine	8:03.6	48:41.1	27:27.9	1:24:12.6
225	6 Ravi RAI	34	8:45.7	48:42.9	23:06.5	1:20:35.1
175	7 Rebecca SHIELDS	36	7:04.0	48:43.3	21:57.4	1:17:44.7
270	497 John RICKETT	44	7:06.3	48:44.0	27:05.4	1:22:55.7
204	468 Andrew NICHOLS	36	6:14.1	48:44.9	24:29.7	1:19:28.7
219	302 Anne WILLIAMSON-MACD	Healthworks	8:18.9	48:46.0	23:12.5	1:20:17.4
292	2 Esther HAMIL	29 Met Police Tri C	8:11.5	48:46.8	28:00.1	1:24:58.5
352	238 Lisa ALDRIDGE	29 Farnham Tri	7:32.6	48:50.7	33:37.6	1:30:01.0
374	178 John KNOTT	58	9:19.4	48:56.9	34:53.4	1:33:09.8
187	152 Richard POTTS	30	7:08.4	48:58.9	22:13.3	1:18:20.6
305	363 Ian ELAM	55 David Lloyd Read	9:00.3	49:04.0	28:08.5	1:26:12.8
388	43 John ELLA	47	11:45.1	49:05.6	35:23.5	1:36:14.2
250	442 Robert LAWES	24 The Russians	6:28.1	49:06.3	26:17.4	1:21:51.8
361	76 Mark EVANS	39	8:48.7	49:06.5	33:13.2	1:31:08.3
217	282 Geoff JUKES	17 TVT	6:52.7	49:11.0	24:05.4	1:20:09.1
317	208 Mike COWIN	67	8:54.6	49:13.7	29:06.8	1:27:15.1
277	182 Rosie INGRAM	27 Serpentine	8:40.2	49:14.9	25:37.8	1:23:32.9
320	127 Estelle BARTLETT	33	10:44.6	49:15.4	27:39.6	1:27:39.6
297	158 Patrick FOSTER	54 Serpentine	8:37.9	49:19.5	27:23.5	1:25:21.0
275	140 Kevin THOMAS	44	9:17.1	49:24.1	24:44.9	1:23:26.1
251	81 Rachel WHITTAKER	27 Serpentine	9:20.1	49:24.3	23:09.1	1:21:53.6
296	472 Joanne PASCALL	27	6:31.9	49:24.9	29:22.4	1:25:19.2
249	213 Andrea CERUTTI	34	8:18.0	49:27.4	23:59.2	1:21:44.6
289	169 Sarah De ROZARIO	34	9:49.1	49:29.4	25:13.8	1:24:32.2
310	79 Rick GRIEVE	41	10:04.0	49:30.9	26:52.4	1:26:27.3

269	354 Justin MITCHELL	40	6:26.5	49:31.3	26:57.0	1:22:54.8
302	45 Timothy WALLIS	45	9:24.2	49:32.1	26:51.1	1:25:47.4
334	19 Mick RUMBLE	54	12:55.2	49:35.1	26:23.3	1:28:53.5
261	209 Robin GRAY	33 Serpentine RC	8:57.1	49:36.4	23:52.3	1:22:25.8
307	183 Terry BYRNE	49 Gearsandtears.Co	8:43.3	49:36.9	28:01.2	1:26:21.4
337	150 Bob MOODY	52	9:15.3	49:38.3	30:14.4	1:29:08.0
267	304 Patricia CARR	34 Striders Of Croy	7:42.9	49:41.6	25:26.8	1:22:51.3
241	299 Annette McINNES	33 Basingstoke Tri	7:29.7	49:41.7	24:06.1	1:21:17.5
316	37 Graeme TODD	42 Kingfisher	11:45.8	49:42.0	25:21.1	1:26:48.9
240	8 Andy WILLIS	44	9:23.1	49:43.4	22:09.6	1:21:16.1
290	327 Vivien ROGERS	54 Corsham RC	8:23.3	49:44.3	26:25.0	1:24:32.5
343	163 Tim HAMMETT	46	7:49.1	49:44.6	31:43.2	1:29:16.9
315	210 Barry SHEPARD	61	9:11.9	49:46.9	27:49.7	1:26:48.5
268	35 Martin HAITZMANN	45	8:58.6	49:49.1	24:05.9	1:22:53.6
327	219 Kirsty BLACK	29 Serpentine	8:32.1	49:49.4	29:53.4	1:28:14.9
258	197 Simon SNELGROVE	36	8:57.1	49:51.0	23:31.3	1:22:19.4
301	172 Spencer FROST	39	8:01.3	49:54.2	27:44.8	1:25:40.3
291	316 Fiona MOLLOY	33	7:51.1	49:54.3	26:48.2	1:24:33.5
278	186 Anthony FRIEDMAN	25 Southampton Tri	9:43.7	49:59.1	23:54.2	1:23:37.0
324	323 Mike LOXLEY	39	7:26.0	50:00.5	30:39.3	1:28:05.9
236	107 Mark DAVIES	34	9:06.5	50:02.0	21:47.9	1:20:56.3
237	106 Richard GAMBEL	39	8:06.3	50:03.2	22:47.0	1:20:56.5
333	502 Karen WATKINS	28	10:52.0	50:14.6	27:45.6	1:28:52.2
299	139 Lorraine COWLING	43	9:13.1	50:18.8	26:06.8	1:25:38.8
375	214 Jeff BAKER	62	8:26.8	50:18.8	34:28.9	1:33:14.4
226	232 Chris SAUNDERS	35 Serpentine	8:16.3	50:26.3	21:54.6	1:20:37.1
252	388 Peter JARVIS	40	7:45.6	50:31.8	23:46.5	1:22:03.9
348	97 Kate AVENT	31	8:12.2	50:32.6	30:51.1	1:29:36.0
350	503 Ian WATKINS	34	8:59.2	50:41.9	30:06.1	1:29:47.2
345	91 Paul TAYLOR	56 Farnham Tri	9:37.8	50:45.2	29:04.2	1:29:27.2
338	93 Paul ROBERTS	36	9:01.3	50:47.8	29:21.7	1:29:10.8
322	114 Jean-Luc COUDRET	41 Abingdon Amblers	10:21.3	50:50.5	26:33.7	1:27:45.4
304	59 Paul YOUNG	53	9:17.0	50:53.8	26:00.0	1:26:10.8
303	331 Lyndsay DELONG	27	6:38.2	50:54.9	28:24.7	1:25:57.8
280	102 Craig LESLIE	32 Wantage Tritons	9:12.8	50:58.6	23:26.9	1:23:38.3
286	255 Elisabeth CROSSMAN	3	7:23.8	51:00.6	25:56.8	1:24:21.1
325	342 Owen DARBISHIRE	41	8:13.3	51:02.0	28:52.5	1:28:07.9
285	154 Tom ENTWISTLE	39	8:18.9	51:06.5	24:50.6	1:24:15.9
306	499 Julie TRACEY	37	8:21.6	51:10.1	26:45.7	1:26:17.4
293	123 Philip HENNEQUINN	39	8:28.1	51:11.9	25:19.4	1:24:59.4
256	498 Stephen SOUTHWOOD	28	8:11.7	51:19.2	22:41.0	1:22:11.9
346	63 Paul SPELLER	40	11:59.0	51:23.5	26:07.3	1:29:29.7
377	52 Nadya LABIB	39 Serpentine	10:33.9	51:28.8	32:00.0	1:34:02.7
342	220 James HOLLEY	33	9:42.2	51:35.4	27:57.2	1:29:14.8
318	148 Katherine FISHER	27	7:52.4	51:38.0	27:50.3	1:27:20.7
358	241 Catherine DONALDSON	27	7:42.5	51:39.9	31:30.6	1:30:53.0
355	211 Amiel GARDINER	31	8:27.4	51:52.8	30:03.0	1:30:23.1
360	65 Mandy CORNELIUS	27	9:02.3	52:06.4	29:57.7	1:31:06.3
389	177 Suzanna BURNAY	57	9:21.3	52:06.7	34:47.3	1:36:15.3
323	488 Penny FAIRBRASS	46 Invicta East Ken	8:58.4	52:09.8	26:53.0	1:28:01.3
313	486 Sam COATES	27	5:49.4	52:16.7	28:37.9	1:26:44.0
281	406 Philip SMART	37 Reading AC	8:08.8	52:18.9	23:12.6	1:23:40.3
359	64 Ros YOUNG	61 Serpentine	10:08.1	52:20.6	28:27.2	1:30:55.8
362	142 Wendy KINNELL	34	9:36.1	52:20.7	29:27.3	1:31:24.1
347	119 Matthew BEVAN	22	11:43.7	52:30.7	25:17.8	1:29:32.2
331	131 Jan WELLS	42	8:27.4	52:35.3	27:43.1	1:28:45.8
321	11 Simon HOLDEN	26	10:36.1	52:36.3	24:28.9	1:27:41.3
371	84 Sally WARD	XX Reading Mountain	10:56.1	52:36.3	29:21.2	1:32:53.6
276	370 Jon GARHAN	31 Team Phillips-Fi	8:26.6	52:36.5	22:26.8	1:23:30.0
370	236 Paul HOUGHTON	41 TVT	9:38.2	52:45.0	30:23.1	1:32:46.2
329	254 Jeff PARKHOUSE	61	7:56.0	52:48.6	27:44.7	1:28:29.2
328	49 Alison MORBY	44 Kirklees Alterna	9:15.8	53:00.3	26:06.5	1:28:22.6
312	171 Norman OLIVER	68 1066 Triathletes	8:12.3	53:01.0	25:22.7	1:26:36.0
381	268 Helen WALLIS	45	8:02.5	53:11.6	33:20.6	1:34:34.7
279	368 John WARD	27	5:54.9	53:15.3	24:27.3	1:23:37.6
386	473 Vladimir HERNANDEZ	2	9:04.2	53:19.5	33:30.9	1:35:54.6

384	305 Richard ORR	50 Mendip Tri Club	8:02.4	53:23.3	34:10.3	1:35:36.0
314	237 Dominic TRAVIS	33	8:23.4	53:25.1	24:57.8	1:26:46.4
339	77 John TIERNEY	42	9:35.6	53:25.8	26:10.0	1:29:11.4
344	378 Jon RUSSELL	30	8:03.5	53:29.6	27:44.2	1:29:17.3
340	133 Caroline VIBERT	44 Blue Hippos	9:28.0	53:31.0	26:12.7	1:29:11.7
326	285 Helen SINGLESTON	35	7:05.0	53:31.5	27:37.6	1:28:14.1
	481 Sharon BAILEY	37	8:44.3	53:32.5	DNF	DNF
367	234 Andrew RIGSBY	50	9:18.1	53:37.0	29:24.5	1:32:19.6
319	479 Kate RIGGS	22	8:28.1	53:49.7	25:17.5	1:27:35.3
369	165 John DUNCAN-BUTLER	6 Reading AC	8:12.8	53:53.6	30:37.9	1:32:44.3
366	117 Lynn WATERS	38	8:08.1	53:54.5	30:16.3	1:32:18.8
336	39 David LEIGH	48	9:23.7	54:00.2	25:37.2	1:29:01.1
308	495 Martin PAUL	15	8:59.4	54:09.2	23:12.9	1:26:21.5
378	50 Clare LOXLEY	39	10:02.1	54:09.4	29:55.8	1:34:07.2
368	185 Hayden LAWLER	32	8:08.3	54:11.7	30:11.1	1:32:31.1
295	66 Saba HOLT	33	8:51.6	54:13.4	22:07.0	1:25:12.0
341	62 Krista WILSON	33	9:23.2	54:15.2	25:33.4	1:29:11.8
365	118 Muna ROBERTS	38 Team Kennet	10:10.8	54:16.5	27:46.4	1:32:13.7
376	188 Juliette KELLY	27	8:31.8	54:27.4	30:52.3	1:33:51.5
399	105 Sarah BROOKE	25	9:31.4	54:41.5	34:18.2	1:38:31.1
330	109 Samantha GROMETT	28	10:17.0	54:54.0	23:34.4	1:28:45.4
357	380 Sue BRYANT	43	7:20.2	55:00.7	28:19.4	1:30:40.3
400	212 Chris WALTON	36	7:55.1	55:07.5	36:06.0	1:39:08.6
356	288 Matias ZIBELL	33	7:21.0	55:22.2	27:40.8	1:30:23.9
394	21 Caroline HARRIS	24	10:40.2	55:28.7	31:22.6	1:37:31.6
332	95 Robert LEWIS	29	8:20.4	55:54.5	24:33.6	1:28:48.5
406	44 Sue HEANES	34 Team Phillips-Fi	13:15.3	55:58.8	33:22.4	1:42:36.5
364	122 Mouveta FOWLER	57 Farnham Triathlo	9:50.9	56:05.8	26:09.8	1:32:06.5
396	98 Sally RICHARDSON	31 Phoenix Tri	10:07.8	56:09.1	31:24.1	1:37:40.9
407	71 Kerrie BIRKETT	29 Corsham Running	9:45.9	56:41.5	36:14.4	1:42:41.8
380	195 Adam THURLEY	32	10:22.1	56:43.2	27:28.3	1:34:33.6
351	184 Anne LEGGETT	39	8:52.8	56:50.5	24:16.4	1:29:59.7
390	78 Sarah FRANCIS	37 Gears & Tears.Co	12:21.2	56:59.7	27:09.4	1:36:30.3
363	24 Rachel VIALOU-CLARK		7:26.3	57:36.8	26:43.6	1:31:46.7
354	116 Nancy LABINER	36 Serpentine RC	9:33.4	57:51.9	22:47.4	1:30:12.7
383	509 Helen STOREY	30	10:00.2	58:00.5	26:34.5	1:34:35.2
382	168 Alice VALENTINE-WILL		8:45.6	58:08.5	27:40.6	1:34:34.8
401	20 Lisa EDWARDS	27	8:59.5	58:14.0	31:57.9	1:39:11.4
422	60 Paul HUDSON	40 Bedford Traktors	12:11.9	58:22.5	41:35.5	1:52:09.9
372	42 Ania RUSZKOWSKI	40 Eton Triathlon	7:19.2	58:28.9	27:06.5	1:32:54.6
373	247 Jennifer BOWDEN	35	7:54.0	58:37.8	26:26.6	1:32:58.4
402	46 Ken ARMOUR	39	13:41.9	58:37.8	28:00.9	1:40:20.5
411	26 Deirdre PHILPOTT	51	12:28.2	59:08.7	31:56.1	1:43:33.1
404	34 Helen CLARK	30	12:13.6	59:17.8	29:08.6	1:40:40.0
405	38 Sally GARNHAM	54	11:52.2	59:22.4	30:51.9	1:42:06.4
412	512 Michael DRYDEN	39	9:27.1	59:35.4	34:35.6	1:43:38.1
379	31 Robert DOUGLAS	36	7:49.1	59:40.8	26:44.1	1:34:13.9
395	29 Corinna TAYLOR	30 Bracknell Forest	8:54.5	59:41.0	28:58.1	1:37:33.5
385	196 Andrew NAPIER	31	8:14.8	59:54.3	27:29.4	1:35:38.5
393	41 Rita DYKES	59	10:21.8	1:00:10.9	26:52.2	1:37:24.8
397	227 Lourdes HEREDIA	36	8:01.0	1:00:13.8	30:05.1	1:38:19.9
391	265 George CWAJNA	35	10:23.0	1:00:14.4	25:55.7	1:36:33.1
403	301 Karen FAWCETT	46 David Lloyd - Re	9:28.0	1:00:30.8	30:35.1	1:40:34.0
387	201 Tracy MAYNARD	40	8:22.9	1:01:14.2	26:36.8	1:36:13.9
392	396 Charlotte VILLIER	28	7:21.5	1:01:31.7	27:48.2	1:36:41.5
417	496 Jenny PRANGNELL	33	11:53.1	1:01:46.3	32:26.6	1:46:05.9
409	1 Marco ARCIDIACONO	33	10:06.1	1:02:14.5	30:46.9	1:43:07.6
398	258 Mark McPHAIL	42	7:48.6	1:02:18.0	28:19.0	1:38:25.7
413	15 Donna JONES	32	11:32.0	1:02:32.2	30:08.2	1:44:12.4
420	48 Sandra HALL	40	11:01.4	1:03:20.3	33:59.1	1:48:20.8
423	22 Paula MARSHAL	36 Team Phillips-Fi	10:12.3	1:04:06.6	39:05.5	1:53:24.4
414	494 Hannah MERVIS	26	8:44.1	1:04:26.3	31:52.2	1:45:02.7
415	72 Joanne HORSBURGH	34	10:37.8	1:04:38.2	29:48.7	1:45:04.7
410	144 Martin PERKIN	43	8:42.6	1:04:42.8	29:56.6	1:43:22.0
408	162 Elizabeth ROGERS	24	8:52.9	1:07:12.2	26:56.1	1:43:01.2
418	55 Robert MELLOR	34	12:07.7	1:07:13.6	28:32.4	1:47:53.8

416	103	Barbara McGUFFIN	31	Wantage Tritons	7:35.7	1:07:54.6	30:14.9	1:45:45.3
421	374	Jacqueline FAWTHROP			9:58.9	1:08:56.9	32:43.4	1:51:39.2
427	23	Bill MARSHAL	70	Team Phillips-Fi	19:39.5	1:09:23.2	40:25.3	2:09:28.1
424	25	Julia COLE	32		12:18.8	1:10:35.0	33:03.4	1:55:57.2
419	28	Elizabeth GRAVES	31		9:06.1	1:12:42.3	26:21.3	1:48:09.7
425	193	Sue PERKIN	41	Esporta - Berksh	9:09.2	1:13:57.0	39:46.3	2:02:52.5
426	520	Lisa CROKE	40		10:26.0	1:16:50.1	38:48.3	2:06:04.4
	138	Richard COWLING	43		8:26.1	DNF		DNF
	225	Lars MENKEN	30	Serpentine Runni	8:37.4	DNF		DNF
	314	Nicolas SCHIETTECATT		Berks Tri Squad	8:19.2	DNF		DNF
	449	Michael KETTLEY	23	The Russians				DNF

All Competitors Sorted by Run Time

Pos	No.	Name/Team	Age	Club/Org	Swim	Bike	Run	Result
2	450	Sam GARDNER	30	Evans Cycles/Fat	6:16.5	34:13.6	17:39.1	58:09.3
1	458	Laurence HARDING	39	Serpentine	5:44.3	33:06.0	18:22.4	57:12.6
3	469	Ian SMITH	26	Quintana Roo/TFN	5:09.4	35:58.2	18:23.6	59:31.2
5	438	David MEACOCK	30	Basingstoke Tri	6:01.8	36:27.8	18:28.3	1:00:57.9
157	346	Jonathan ASHLEY	32		10:19.4	47:53.2	18:38.8	1:16:51.3
49	373	Mike PROVEN	47	Reading AC	8:13.3	41:46.4	18:46.7	1:08:46.4
63	51	Edward DODWELL	47	Reading Road Run	8:58.1	42:09.2	18:55.7	1:10:02.9
10	444	Stephen WRAPSON	27	Hillingdon Triat	6:23.1	37:02.7	19:06.3	1:02:32.0
4	462	Guy CRAWFORD	26		5:08.8	35:46.8	19:17.8	1:00:13.4
43	417	Andrew DAVIES	32	Serpentine	6:14.3	42:32.9	19:24.0	1:08:11.2
86	202	Kevin BURREE	34	Reading Road Run	8:53.2	43:58.2	19:24.1	1:12:15.5
61	260	Mark VARDY	17	Team Kennet	8:16.7	42:02.2	19:31.2	1:09:50.1
12	437	Damian CANNON	35	Trilondon	6:06.6	37:57.4	19:34.5	1:03:38.5
6	433	Chris TAYLOR	40	Berkshire Tri Sq	6:28.4	35:48.1	19:34.9	1:01:51.3
21	384	Justin LOCK	31	Serpentine	6:51.8	38:34.6	19:35.3	1:05:01.7
81	506	Stephen WEBB	35		8:17.8	43:59.5	19:40.8	1:11:58.1
9	492	Junior HEFFERNAN	16	Kelly College	5:06.5	37:35.0	19:42.1	1:02:23.5
35	253	Jonthan PRICE	29	Farnham Triathlo	6:46.3	41:00.1	19:43.7	1:07:30.0
30	311	Phil GILKES	47	Team Cherwell	7:19.8	39:44.5	19:46.2	1:06:50.4
40	375	Bruce RENNIE	41		7:39.2	40:17.6	19:47.4	1:07:44.2
20	407	Gavin McLAUGHLIN	36		5:27.3	39:39.6	19:52.1	1:04:58.9
26	312	David GREEN	54	Eton Tri Club	7:21.9	39:19.6	19:52.3	1:06:33.8
13	459	Clive RHODES	25		6:10.6	37:21.3	20:09.7	1:03:41.6
8	470	Andrew FORTH	38		5:11.2	36:56.8	20:10.9	1:02:18.9
47	408	Jonathan McVICAR	27		6:41.8	41:43.1	20:12.5	1:08:37.4
7	454	Ian PATTERSON	39	Primera	5:48.3	35:51.4	20:18.1	1:01:57.8
68	155	Keith MURPHY	48	Trent Park Tri	9:21.0	41:11.7	20:21.6	1:10:54.2
38	251	Jon GLYDE	41		7:44.6	39:29.3	20:21.7	1:07:35.6
39	405	Jason Van Der HELSTR		Trent Park RC	6:39.4	40:34.2	20:23.8	1:07:37.4
36	514	Lee JOHNSON	41		6:07.1	41:01.2	20:25.0	1:07:33.4
127	269	Robert MURRAY	29	Serpentine	9:43.5	45:04.9	20:25.7	1:15:14.1
23	489	Michael HADMON	36	Serpentine	7:22.0	38:18.7	20:29.4	1:06:10.2
32	362	David WEIR	25		6:36.3	39:44.5	20:39.1	1:06:59.9
41	357	Rob FINDLAY	47	Team Kennet	7:40.4	39:23.5	20:40.8	1:07:44.7
44	420	Sam CARROLL	32		7:57.0	39:43.1	20:43.4	1:08:23.5
22	440	Glenn HELSBY	42	Eton Tri	5:53.0	38:59.2	20:45.7	1:05:37.8
11	446	Glenn JARVIS	34	Ata	5:47.3	36:37.6	20:46.0	1:03:10.9
17	465	Sam OSBORNE	27	Kingfisher Triat	5:20.9	38:20.0	20:46.1	1:04:27.0
82	389	Libby CAMERON	28	Met Police Tri	6:06.0	45:02.2	20:51.5	1:11:59.7
24	403	Mike MORRIS	49	Tri-London	7:05.0	38:18.2	20:54.1	1:06:17.3
62	461	Michelle MATSON	27		5:19.3	43:39.7	20:55.2	1:09:54.2
50	436	Piers FAULKNER	33	Serpentine Runni	6:42.6	41:15.4	20:55.5	1:08:53.5
18	452	Neil DAVIES	33	Rhondda Triathlo	6:32.8	37:01.4	20:56.5	1:04:30.7
88	137	Stuart MORRIS	45		7:47.9	43:45.5	20:59.4	1:12:32.7
60	428	Stuart MITCHELL	40	Berkshire Tri Sq	6:38.2	41:49.3	21:03.1	1:09:30.7
15	510	Darren HINCKS	37		7:21.2	35:47.3	21:04.6	1:04:13.2
96	344	James IRESON	28		6:52.0	45:22.8	21:04.9	1:13:19.7
37	435	Greg SHELLEY	29		6:24.9	40:04.7	21:05.2	1:07:34.8
19	434	Dave GOODWIN-FIELDIN		Www.Raceevents.C	6:55.1	36:39.4	21:08.1	1:04:42.5
34	445	Wesley LEWIS	45		6:02.9	40:05.4	21:09.6	1:07:18.0
29	487	Flavio COIRO	30	TVT 2 Min Pen Dr	5:23.3	40:10.1	21:13.3	1:06:46.8
90	447	Marcus VALLANCE	28		6:30.3	44:52.0	21:14.4	1:12:36.7

14	471 Daniel MORRIS	25	5:30.2	36:57.9	21:17.5	1:03:45.6
151	101 George FRIEL	34	8:45.0	46:16.8	21:22.6	1:16:24.5
25	457 Kate BALCHIN	25 Met Police	5:53.5	39:06.9	21:25.5	1:06:25.9
27	508 Robin GROOM	30	7:02.6	38:12.8	21:27.3	1:06:42.7
95	339 Dave BENDON		6:54.4	44:56.4	21:27.4	1:13:18.2
58	359 Iain ADAMS	31 Team Kennet	7:10.0	40:47.9	21:27.9	1:09:25.8
76	399 Mark MOSS	43 Esporta	6:44.3	43:25.2	21:31.1	1:11:40.6
71	421 Jonathan JAMES	41	6:37.0	43:13.2	21:33.8	1:11:24.0
28	464 Steven CLENCH	18	5:36.4	39:30.8	21:36.1	1:06:43.3
64	404 Sam ALLPASS	40 Serpentine	7:13.0	41:14.1	21:36.7	1:10:03.8
84	300 Ian STUBBINGS	36 Phoenix Tri	7:54.0	42:38.2	21:40.4	1:12:12.6
85	249 Ludovica BRUNO	42 Serpentine	8:26.7	42:05.4	21:41.4	1:12:13.6
174	518 Wendy DAVIES	40	7:38.3	48:21.1	21:43.2	1:17:42.7
73	320 Steve LOW	38	8:01.3	41:41.0	21:43.5	1:11:25.8
70	263 Matt PRIDDLE	32 Justwanna.Com AT	8:49.8	40:29.3	21:43.6	1:11:02.6
236	107 Mark DAVIES	34	9:06.5	50:02.0	21:47.9	1:20:56.3
55	463 Rhodri HUMPHREYS	23	5:24.1	41:50.2	21:54.5	1:09:08.8
226	232 Chris SAUNDERS	35 Serpentine	8:16.3	50:26.3	21:54.6	1:20:37.1
175	7 Rebecca SHIELDS	36	7:04.0	48:43.3	21:57.4	1:17:44.7
117	398 Laura RALSTON	23	7:26.2	45:18.5	21:58.3	1:14:43.0
77	289 Paul SWEETMAN	29	7:20.0	42:22.6	21:59.2	1:11:41.8
72	337 Mark PAGE	30	6:24.3	43:00.3	22:00.6	1:11:25.2
92	147 Colin EYLES	40 Mad Tri	8:38.4	42:12.5	22:02.9	1:12:53.8
31	466 Jeremy JONES	25	5:14.4	39:31.5	22:05.1	1:06:51.1
295	66 Saba HOLT	33	8:51.6	54:13.4	22:07.0	1:25:12.0
16	262 Gavin LUMB	40	6:44.9	35:28.8	22:07.1	1:04:20.8
124	292 Stuart TWINN	55	7:46.2	45:10.4	22:07.5	1:15:04.0
42	335 Adrian COHEN	Reading Mountain	6:28.5	39:25.9	22:08.8	1:08:03.2
240	8 Andy WILLIS	44	9:23.1	49:43.4	22:09.6	1:21:16.1
141	5 Alan BURROWS	43 Met Police Tri C	9:20.8	44:31.3	22:11.3	1:16:03.4
112	519 Barnes/Murphy/Binks	Starship Enterpr	6:54.6	45:17.5	22:12.6	1:14:24.7
187	152 Richard POTTS	30	7:08.4	48:58.9	22:13.3	1:18:20.6
103	291 Stuart WELLS	30	8:11.9	43:14.6	22:13.9	1:13:40.3
131	89 Ian HODGE	44 Serpentine	9:50.5	43:31.0	22:14.2	1:15:35.6
191	274 Matthew WILSON	28	8:05.5	48:18.6	22:15.8	1:18:39.9
59	361 Lance ROBINSON	39	7:18.6	39:50.1	22:18.5	1:09:27.2
100	121 Philip O MEARA	41	8:14.7	42:57.6	22:22.6	1:13:34.9
102	283 Ben LOPMAN	28 London Healthsid	8:09.9	43:03.6	22:24.0	1:13:37.5
79	426 Ian COOTE	37 David Lloyd - Re	6:48.1	42:38.5	22:24.4	1:11:51.0
99	376 David HALL	40	6:45.1	44:15.5	22:26.8	1:13:27.3
276	370 Jon GARHAN	31 Team Phillips-Fi	8:26.6	52:36.5	22:26.8	1:23:30.0
122	112 Steve SCAMMELL	34 Mad Tri	10:06.3	42:26.4	22:27.6	1:15:00.3
205	174 David FIDDES	39 Reading Roadrunn	9:01.1	48:13.8	22:28.6	1:19:43.5
51	416 Patrick MILFORD	31 Serpentine	6:28.2	40:00.2	22:29.2	1:08:57.5
144	90 Nihad HANNACHI	29 TVT	10:49.4	42:51.3	22:30.0	1:16:10.6
93	259 Steven INGHAM	43 East Grinstead T	7:45.1	42:41.6	22:30.4	1:12:57.1
67	3 David HAMIL	33 Met Police Tri C	6:59.5	41:14.3	22:31.6	1:10:45.4
46	412 Kevin ORMEROD	46 Met Police Tri C	6:17.1	39:36.8	22:32.4	1:08:26.3
108	231 Lucia SINGER	34	8:31.1	43:00.1	22:33.4	1:14:04.6
116	203 Steve BARNES	52 Newbury Road Clu	8:34.2	43:22.7	22:34.0	1:14:30.9
145	153 Geoffrey SMITH	40	8:21.3	45:13.8	22:35.5	1:16:10.7
57	394 Martin QUINLAN	44 Kingfisher Tri	6:58.4	39:47.6	22:36.5	1:09:22.5
48	382 James SMITH	37	7:04.4	38:59.3	22:38.5	1:08:42.2
137	246 Stephen GARNHAM	51	8:27.0	44:44.8	22:39.1	1:15:50.9
138	199 Marion LAMBERT	47 Trent Park	8:00.2	45:16.1	22:40.0	1:15:56.3
256	498 Stephen SOUTHWOOD	28	8:11.7	51:19.2	22:41.0	1:22:11.9
179	474 Julian KAINE	32	10:01.1	45:07.1	22:42.3	1:17:50.5
75	250 Darryl BARR	37	8:09.6	40:43.5	22:43.1	1:11:36.2
163	338 Tom FORTUNE	27	6:59.5	47:29.0	22:43.7	1:17:12.3
167	73 Laurey RANKIN	29 Trent Park	8:39.6	45:55.2	22:44.1	1:17:18.9
189	167 Steve ROSS	42 Phoenix Triathlo	8:09.2	47:29.6	22:45.1	1:18:23.9
132	377 Julian FREEMAN	38 Tri Team Glos	7:08.5	45:43.9	22:46.0	1:15:38.4
237	106 Richard GAMBEL	39	8:06.3	50:03.2	22:47.0	1:20:56.5
354	116 Nancy LABINER	36 Serpentine RC	9:33.4	57:51.9	22:47.4	1:30:12.7
78	286 Adam HOFFMAN	31	7:17.6	41:44.5	22:48.5	1:11:50.6
66	400 Graham MORRISON	32	6:43.4	41:00.8	22:53.3	1:10:37.5

54	386 Andrew HAY	39 Chiltern Triathl	6:54.6	39:19.4	22:53.6	1:09:07.6
33	233 Alan ALLCOCK	50	7:58.9	36:21.1	22:55.7	1:07:15.6
98	278 Stuart QUINTON	35	7:31.3	42:52.7	22:56.7	1:13:20.8
87	427 Kim EVANS	40	6:50.5	42:36.7	22:56.8	1:12:24.0
171	395 Darren PARKINSON	36	7:22.6	47:10.6	22:57.8	1:17:30.9
202	67 Paul SMITH	36	9:33.5	46:45.2	22:58.5	1:19:17.3
161	419 Jo AVES	29 Corsham Running	7:31.8	46:31.5	22:59.6	1:17:02.9
74	343 Peter DENNETT	38 Andover Triathlo	7:29.5	41:00.2	23:00.9	1:11:30.7
69	401 Craig JAMIESON	36 Must Tri Harder	7:07.5	40:48.0	23:03.8	1:10:59.3
109	280 Luke ROBBINS	25 Eton Triathlon C	7:21.8	43:39.1	23:04.2	1:14:05.1
150	120 Lee ELLIS	27	8:37.9	44:40.7	23:04.8	1:16:23.4
123	353 Darren OWEN	39	6:48.9	45:07.2	23:05.3	1:15:01.4
134	149 Simon OATES	28	8:03.4	44:32.2	23:06.5	1:15:42.1
225	6 Ravi RAI	34	8:45.7	48:42.9	23:06.5	1:20:35.1
115	371 Tony RHODES	58 Tri Sport Epping	7:21.7	44:02.4	23:06.7	1:14:30.8
251	81 Rachel WHITTAKER	27 Serpentine	9:20.1	49:24.3	23:09.1	1:21:53.6
136	485 Ed COATES	28	7:43.5	44:53.7	23:09.8	1:15:47.0
119	491 Mike HAWKINS	50 Larkfield AC	7:46.2	43:58.1	23:10.4	1:14:54.7
53	294 Phillip CROUCH	50 God Squad	7:38.5	38:14.2	23:10.7	1:09:03.3
219	302 Anne WILLIAMSON-MACD	Healthworks	8:18.9	48:46.0	23:12.5	1:20:17.4
281	406 Philip SMART	37 Reading AC	8:08.8	52:18.9	23:12.6	1:23:40.3
210	206 Vicky JORDAN	31 Team Kennet	8:46.6	47:57.5	23:12.7	1:19:56.8
308	495 Martin PAUL	15	8:59.4	54:09.2	23:12.9	1:26:21.5
139	324 Patrick HENZE	34	6:37.0	46:05.9	23:14.2	1:15:57.0
121	272 Justin BUCKLAND	30	6:43.3	44:59.6	23:15.3	1:14:58.2
56	429 Oliver PEGDEN	23	6:34.6	39:27.4	23:17.4	1:09:19.3
153	85 Jason DAWSON	34	10:28.9	42:52.7	23:18.1	1:16:39.7
173	205 Jeremy READ	30	9:18.5	45:04.5	23:18.7	1:17:41.6
155	322 Peter CONDRON	38	6:57.3	46:23.9	23:18.7	1:16:40.0
89	267 Richard BUTCHER	43 Tri Castrol	7:46.6	41:28.0	23:19.0	1:12:33.6
193	480 Brian HULBERT	47	8:00.4	47:18.5	23:21.2	1:18:40.1
180	181 Stephen ADAMS	41	8:40.3	45:51.7	23:22.2	1:17:54.2
146	350 Niki ORR	36	8:59.3	43:48.6	23:22.9	1:16:10.8
188	176 Andrew HIGGINS	34	8:36.9	46:19.9	23:25.9	1:18:22.7
280	102 Craig LESLIE	32 Wantage Tritons	9:12.8	50:58.6	23:26.9	1:23:38.3
83	411 Chris KELLY	28 Sheffield Tri	7:07.8	41:33.3	23:27.2	1:12:08.4
45	367 Mark BARR	41	6:50.6	38:03.9	23:29.0	1:08:23.6
110	261 Robin THOMPSON	40 Amersham Tristar	7:29.7	43:11.7	23:29.1	1:14:10.5
120	296 Ray ZIEL	56 Healthworks Fitn	8:49.0	42:38.2	23:30.0	1:14:57.2
65	451 Jonathan BUDDS	42 Tri London	5:58.6	40:48.0	23:30.1	1:10:16.8
258	197 Simon SNELGROVE	36	8:57.1	49:51.0	23:31.3	1:22:19.4
118	390 Katie CROWE	29 Serpentine	6:36.5	44:34.9	23:32.1	1:14:43.5
147	345 Rod HUNT	58	8:27.7	44:11.1	23:33.3	1:16:12.0
330	109 Samantha GROMETT	28	10:17.0	54:54.0	23:34.4	1:28:45.4
246	74 Colin MONDESIR	42	9:16.0	48:36.2	23:40.4	1:21:32.6
166	290 Christopher YOUNG	25	7:50.6	45:46.7	23:40.5	1:17:17.8
182	146 Ann LONIE	34 Wantage Tritons	8:15.7	46:07.3	23:41.5	1:18:04.6
142	397 Helen KEATON	32 Wimbledon Windmi	7:32.6	44:50.3	23:42.9	1:16:05.7
111	341 Mark KINGDOM	40	7:37.8	42:50.6	23:43.0	1:14:11.5
178	180 Robert BARNES	33	8:10.7	45:53.8	23:43.9	1:17:48.3
158	511 Patrick RAZAVET	37	9:22.7	43:46.1	23:44.3	1:16:53.1
149	151 Amy BUTLER	25	8:31.2	43:58.9	23:46.0	1:16:16.2
252	388 Peter JARVIS	40	7:45.6	50:31.8	23:46.5	1:22:03.9
247	235 Simon TITMUSS	33	9:21.3	48:28.9	23:48.0	1:21:38.2
216	40 David WHITAKER	29	8:39.0	47:35.9	23:50.9	1:20:05.7
52	467 Paul McINULTY	30	5:02.8	40:04.9	23:51.9	1:08:59.7
261	209 Robin GRAY	33 Serpentine RC	8:57.1	49:36.4	23:52.3	1:22:25.8
147	332 Lucy JONES	34 Southampton Tri	7:22.7	44:56.5	23:52.8	1:16:12.0
183	270 Danny WYNN	30	7:50.8	46:23.1	23:53.7	1:18:07.5
278	186 Anthony FRIEDMAN	25 Southampton Tri	9:43.7	49:59.1	23:54.2	1:23:37.0
104	190 John MORTON	39	8:40.0	41:07.4	23:55.4	1:13:42.8
162	61 Christopher HILLS	59	11:23.1	41:48.8	23:56.0	1:17:07.8
168	128 Rob FRANKLIN	22 Met Police Tri C	10:13.5	43:10.1	23:56.7	1:17:20.3
94	175 Robert BELL	38 Z-Tri Epsom	6:58.3	42:20.4	23:57.9	1:13:16.7
249	213 Andrea CERUTTI	34	8:18.0	49:27.4	23:59.2	1:21:44.6
128	277 Ben SCHULTZ	31	7:21.1	43:57.3	24:00.9	1:15:19.3

198	126 Rob BELL	25 Royal Berks Fire	8:36.7	46:31.2	24:00.9	1:19:08.8
196	194 Simon TARRY	38	9:06.1	45:41.9	24:04.7	1:18:52.7
217	282 Geoff JUKES	17 TVT	6:52.7	49:11.0	24:05.4	1:20:09.1
268	35 Martin HAITZMANN	45	8:58.6	49:49.1	24:05.9	1:22:53.6
241	299 Annette McINNES	33 Basingstoke Tri	7:29.7	49:41.7	24:06.1	1:21:17.5
107	279 Charles HOOREN	32	7:42.4	42:11.8	24:07.3	1:14:01.6
165	392 Simon PHILLIPS	24 Royal Berks Fire	6:24.7	46:42.5	24:07.8	1:17:15.0
97	348 Adam TINSON	32 David Lloyd Read	7:07.2	42:04.3	24:08.8	1:13:20.3
91	349 Ian MACRO	46 Blue Hippos	7:48.8	40:52.5	24:11.0	1:12:52.3
191	293 Vivienne POUNTNEY	49	8:19.8	46:08.2	24:12.0	1:18:39.9
194	136 Daniel McGUIGAN	28 FVS Tri 2 min pe	8:37.1	45:59.5	24:12.2	1:18:48.7
235	478 John NEVILL	60	9:43.6	46:56.7	24:15.3	1:20:55.6
351	184 Anne LEGGETT	39	8:52.8	56:50.5	24:16.4	1:29:59.7
113	413 Josie LUCKINS	37 Team Tri Glos	6:36.1	43:26.9	24:23.2	1:14:26.3
164	226 Christopher HARRISON		7:58.8	44:51.5	24:23.2	1:17:13.5
185	215 Lina BROOK	34	7:53.8	46:02.0	24:23.3	1:18:19.1
238	104 Chris MARTIN	45	8:05.3	48:29.7	24:23.8	1:20:58.7
184	57 Adrian DEVEREUX	41	8:02.8	45:40.5	24:27.1	1:18:10.4
279	368 John WARD	27	5:54.9	53:15.3	24:27.3	1:23:37.6
321	11 Simon HOLDEN	26	10:36.1	52:36.3	24:28.9	1:27:41.3
204	468 Andrew NICHOLS	36	6:14.1	48:44.9	24:29.7	1:19:28.7
201	75 Christian VAUGHAN	46 Farnham Tri	8:47.4	45:57.1	24:31.6	1:19:16.1
133	86 Ian KEANE	31	7:25.5	43:41.9	24:32.9	1:15:40.3
332	95 Robert LEWIS	29	8:20.4	55:54.5	24:33.6	1:28:48.5
195	333 Annette HACK	46 Oxford Tri	6:52.2	47:23.6	24:33.9	1:18:49.7
244	10 Steve SHAKESPEARE	39	8:52.1	47:56.9	24:36.0	1:21:24.9
186	379 Gavin O GRADY	36 Phoenix Tri	6:50.2	46:53.3	24:36.7	1:18:20.3
152	424 Kyle LOVELL	23 Royal Berks Fire	5:51.5	46:09.8	24:37.1	1:16:38.4
114	360 Ryan PHILLIPS	29	7:25.9	42:21.5	24:42.4	1:14:29.9
126	456 Tanya FRANK	27	6:04.9	44:19.0	24:42.9	1:15:06.8
222	145 Shahriar HAQUE	32	9:01.1	46:36.9	24:44.5	1:20:22.6
275	140 Kevin THOMAS	44	9:17.1	49:24.1	24:44.9	1:23:26.1
242	125 Jo ZAREMBA	41 Oxford Tri	8:20.5	48:12.7	24:50.0	1:21:23.1
272	276 Brian TRACEY	36	9:55.0	48:29.8	24:50.4	1:23:15.2
285	154 Tom ENTWISTLE	39	8:18.9	51:06.5	24:50.6	1:24:15.9
169	56 David JAMES	43	10:36.3	41:53.9	24:53.0	1:17:23.2
213	221 Raymond BULL	56 Trent Park Tri	8:14.6	46:52.6	24:54.6	1:20:01.8
197	295 Sue ZIEL	55 Healthworks Fitn	7:34.1	46:33.8	24:54.8	1:19:02.7
230	281 Helen KENNEDY	45 Farnham Tri	8:22.8	47:31.0	24:55.3	1:20:49.1
314	237 Dominic TRAVIS	33	8:23.4	53:25.1	24:57.8	1:26:46.4
105	393 Gerry ILES	44 Team Kennet	6:45.1	41:59.2	25:03.3	1:13:47.6
80	441 Simon CHETWYND	Reading Mountain	8:11.5	38:32.0	25:08.0	1:11:51.5
176	297 Rachel BIBBY	40 Team Cherwell	7:20.6	45:15.3	25:10.2	1:17:46.1
262	483 David ANDERSON	42	9:14.5	48:15.6	25:10.2	1:22:40.3
203	111 Lee VINCENT	27	9:10.2	45:02.3	25:12.9	1:19:25.3
125	391 Jo JARVIS	37	7:28.1	42:23.4	25:13.6	1:15:05.1
289	169 Sarah De ROZARIO	34	9:49.1	49:29.4	25:13.8	1:24:32.2
143	402 Kate HUNT	36 Orca UK	7:03.0	43:50.0	25:16.9	1:16:10.0
319	479 Kate RIGGS	22	8:28.1	53:49.7	25:17.5	1:27:35.3
347	119 Matthew BEVAN	22	11:43.7	52:30.7	25:17.8	1:29:32.2
293	123 Philip HENNEQUINN	39	8:28.1	51:11.9	25:19.4	1:24:59.4
316	37 Graeme TODD	42 Kingfisher	11:45.8	49:42.0	25:21.1	1:26:48.9
170	443 Rachel CHANGER	22	7:16.2	44:52.0	25:22.1	1:17:30.3
312	171 Norman OLIVER	68 1066 Triathletes	8:12.3	53:01.0	25:22.7	1:26:36.0
223	517 Chris HIGGINS	35	8:40.3	46:18.9	25:24.3	1:20:23.4
267	304 Patricia CARR	34 Striders Of Croy	7:42.9	49:41.6	25:26.8	1:22:51.3
129	507 William WILSON	39	7:47.6	42:05.0	25:28.3	1:15:20.9
253	189 Hilary WALKER	52 Serpentine	10:21.9	46:13.6	25:28.8	1:22:04.3
248	54 Diana MILLS	35 Serpentine	9:36.9	46:34.4	25:29.4	1:21:40.7
156	256 George STANDEN	55 East Grinstead T	8:01.3	43:18.1	25:30.3	1:16:49.7
245	240 Peter GARDINER	58 Jackie Slappers	8:19.6	47:34.8	25:31.2	1:21:25.5
257	179 Alison WOOD	38 Met Police	8:35.3	48:05.6	25:32.3	1:22:13.2
259	284 Mike SETTERFIELD	43	8:55.1	47:54.4	25:32.8	1:22:22.3
341	62 Krista WILSON	33	9:23.2	54:15.2	25:33.4	1:29:11.8
159	330 Keith WOOTTON	34	6:56.8	44:24.5	25:36.9	1:16:58.2
336	39 David LEIGH	48	9:23.7	54:00.2	25:37.2	1:29:01.1

277	182 Rosie INGRAM	27 Serpentine	8:40.2	49:14.9	25:37.8	1:23:32.9
211	513 Trevor SHEPERD	48	8:28.5	45:50.6	25:39.7	1:19:58.8
101	328 Catherine POWELL	25	8:14.2	39:41.1	25:41.0	1:13:36.3
106	423 Martin KAY	37 Farnham Triathlo	6:28.4	41:45.6	25:43.9	1:13:57.9
264	69 David MORBY	50 Kirklees Alterna	8:44.8	48:17.7	25:44.0	1:22:46.5
207	244 Jason SYLVESTER	32	8:53.0	45:05.1	25:46.8	1:19:45.0
206	161 David PARKIN	49 Swindon Tri Club	9:26.8	44:29.8	25:47.2	1:19:43.8
130	432 Matt RICE	38	6:04.5	43:33.0	25:47.4	1:15:24.9
181	418 Ann HAIRSINE	33	6:51.9	45:17.2	25:50.0	1:17:59.0
209	124 Jon DONKIN	24	9:30.6	44:34.0	25:51.4	1:19:56.0
172	410 Christina POULTON	43 BTS	6:49.3	44:50.7	25:52.1	1:17:32.1
283	129 Andy THOMSON	43	9:33.6	48:24.4	25:52.7	1:23:50.7
221	222 Richard JONES	38 Serpentine	8:03.9	46:24.0	25:54.6	1:20:22.5
233	207 Rachel BROUGH	26 Serpentine	8:19.6	46:39.6	25:54.6	1:20:53.7
229	70 David ROBINSON	34 FVS Tri	8:58.2	45:48.8	25:55.7	1:20:42.7
391	265 George CWAJNA	35	10:23.0	1:00:14.4	25:55.7	1:36:33.1
286	255 Elisabeth CROSSMAN	3	7:23.8	51:00.6	25:56.8	1:24:21.1
154	309 Tony FORD	39	7:27.8	43:14.3	25:57.7	1:16:39.8
304	59 Paul YOUNG	53	9:17.0	50:53.8	26:00.0	1:26:10.8
282	30 Andy BATCHELOR	48	9:30.7	48:12.1	26:04.4	1:23:47.2
135	490 Patricia GREEN	47 Trisport Epping	7:42.4	41:57.1	26:06.4	1:15:45.8
328	49 Alison MORBY	44 Kirklees Alterna	9:15.8	53:00.3	26:06.5	1:28:22.6
299	139 Lorraine COWLING	43	9:13.1	50:18.8	26:06.8	1:25:38.8
346	63 Paul SPELLER	40	11:59.0	51:23.5	26:07.3	1:29:29.7
364	122 Mouveta FOWLER	57 Farnham Triathlo	9:50.9	56:05.8	26:09.8	1:32:06.5
339	77 John TIERNEY	42	9:35.6	53:25.8	26:10.0	1:29:11.4
199	303 Vincent MULLEN	36	7:35.3	45:23.0	26:11.2	1:19:09.5
340	133 Caroline VIBERT	44 Blue Hippos	9:28.0	53:31.0	26:12.7	1:29:11.7
243	218 Glenda CHAMBERS	43	8:23.1	46:46.4	26:14.7	1:21:24.3
160	334 Bruce KORICAN	42 Farnham Tri	7:17.0	43:26.9	26:15.2	1:16:59.1
224	108 David JOHNSON	33	9:46.9	44:29.5	26:16.2	1:20:32.7
250	442 Robert LAWES	24 The Russians	6:28.1	49:06.3	26:17.4	1:21:51.8
419	28 Elizabeth GRAVES	31	9:06.1	1:12:42.3	26:21.3	1:48:09.7
255	53 Philippa STOKES	39 Serpentine	8:20.9	47:24.6	26:23.1	1:22:08.7
334	19 Mick RUMBLE	54	12:55.2	49:35.1	26:23.3	1:28:53.5
290	327 Vivien ROGERS	54 Corsham RC	8:23.3	49:44.3	26:25.0	1:24:32.5
254	224 Kerrie O CONNOR-FORT		8:34.0	47:07.9	26:25.4	1:22:07.2
373	247 Jennifer BOWDEN	35	7:54.0	58:37.8	26:26.6	1:32:58.4
322	114 Jean-Luc COUDRET	41 Abingdon Amblers	10:21.3	50:50.5	26:33.7	1:27:45.4
383	509 Helen STOREY	30	10:00.2	58:00.5	26:34.5	1:34:35.2
176	229 Darren ADDISON	37	8:24.3	42:46.7	26:35.1	1:17:46.1
140	383 Krzysztof LACHOR	27	5:54.5	43:28.4	26:35.4	1:15:58.3
387	201 Tracy MAYNARD	40	8:22.9	1:01:14.2	26:36.8	1:36:13.9
208	340 Marie CARRICK	38	7:02.4	46:11.9	26:36.9	1:19:51.2
273	439 Andrew NELDER	37	10:10.5	46:23.8	26:41.2	1:23:15.5
363	24 Rachel VIALOU-CLARK		7:26.3	57:36.8	26:43.6	1:31:46.7
379	31 Robert DOUGLAS	36	7:49.1	59:40.8	26:44.1	1:34:13.9
212	99 Isabel BURTON	26	8:10.9	45:05.7	26:45.1	1:20:01.6
306	499 Julie TRACEY	37	8:21.6	51:10.1	26:45.7	1:26:17.4
291	316 Fiona MOLLOY	33	7:51.1	49:54.3	26:48.2	1:24:33.5
302	45 Timothy WALLIS	45	9:24.2	49:32.1	26:51.1	1:25:47.4
393	41 Rita DYKES	59	10:21.8	1:00:10.9	26:52.2	1:37:24.8
310	79 Rick GRIEVE	41	10:04.0	49:30.9	26:52.4	1:26:27.3
323	488 Penny FAIRBRASS	46 Invicta East Ken	8:58.4	52:09.8	26:53.0	1:28:01.3
232	58 Ian BIRKS	40	8:29.0	45:29.0	26:55.7	1:20:53.6
200	12 Lee RICHARDS	33	5:35.0	46:40.9	26:56.0	1:19:11.8
408	162 Elizabeth ROGERS	24	8:52.9	1:07:12.2	26:56.1	1:43:01.2
269	354 Justin MITCHELL	40	6:26.5	49:31.3	26:57.0	1:22:54.8
227	308 Paul MARTIN	37	7:18.3	46:20.8	26:58.1	1:20:37.2
215	239 Mark SAUNDERS	37	7:01.0	46:04.6	26:59.5	1:20:05.2
214	351 Gervase FOLEY	40 BTS	7:03.7	45:59.8	27:00.7	1:20:04.2
270	497 John RICKETT	44	7:06.3	48:44.0	27:05.4	1:22:55.7
372	42 Ania RUSZKOWSKI	40 Eton Triathlon	7:19.2	58:28.9	27:06.5	1:32:54.6
266	252 Alex DRUMMOND	39	7:24.0	48:16.3	27:08.0	1:22:48.3
218	455 Michelle WYKES	22	5:23.8	47:37.5	27:09.2	1:20:10.5
390	78 Sarah FRANCIS	37 Gears & Tears.Co	12:21.2	56:59.7	27:09.4	1:36:30.3

294	4 Nicky DONBAVAND	33 Met Police Tri C	9:50.4	47:56.3	27:17.0	1:25:03.7
190	381 Margaret SILLS	55 Tri UK	6:43.8	44:34.1	27:17.3	1:18:35.2
231	217 Eddie KING	41	8:19.6	45:11.2	27:20.6	1:20:51.4
287	96 Tracey CARTER	33	9:07.0	47:55.8	27:23.4	1:24:26.1
297	158 Patrick FOSTER	54 Serpentine	8:37.9	49:19.5	27:23.5	1:25:21.0
298	110 Ross BENTLEY-DAVIES		9:49.2	48:20.6	27:23.9	1:25:33.6
284	230 Kathleen BROEKHOF	31 Serpentine	8:03.6	48:41.1	27:27.9	1:24:12.6
380	195 Adam THURLEY	32	10:22.1	56:43.2	27:28.3	1:34:33.6
239	310 Steve MACDONALD	50 Mptc	7:02.5	46:35.4	27:29.3	1:21:07.1
385	196 Andrew NAPIER	31	8:14.8	59:54.3	27:29.4	1:35:38.5
234	166 Nick BRANSON	26	8:10.4	45:13.8	27:30.6	1:20:54.8
228	298 David KEATON	33 Wimbledon Windmi	8:28.8	44:38.4	27:33.4	1:20:40.6
326	285 Helen SINGLESTON	35	7:05.0	53:31.5	27:37.6	1:28:14.1
320	127 Estelle BARTLETT	33	10:44.6	49:15.4	27:39.6	1:27:39.6
382	168 Alice VALENTINE-WILL		8:45.6	58:08.5	27:40.6	1:34:34.8
356	288 Matias ZIBELL	33	7:21.0	55:22.2	27:40.8	1:30:23.9
260	355 Claire ALLAWAY	24	7:23.4	47:19.2	27:42.8	1:22:25.5
331	131 Jan WELLS	42	8:27.4	52:35.3	27:43.1	1:28:45.8
344	378 Jon RUSSELL	30	8:03.5	53:29.6	27:44.2	1:29:17.3
329	254 Jeff PARKHOUSE	61	7:56.0	52:48.6	27:44.7	1:28:29.2
301	172 Spencer FROST	39	8:01.3	49:54.2	27:44.8	1:25:40.3
333	502 Karen WATKINS	28	10:52.0	50:14.6	27:45.6	1:28:52.2
365	118 Muna ROBERTS	38 Team Kennet	10:10.8	54:16.5	27:46.4	1:32:13.7
392	396 Charlotte VILLIER	28	7:21.5	1:01:31.7	27:48.2	1:36:41.5
315	210 Barry SHEPARD	61	9:11.9	49:46.9	27:49.7	1:26:48.5
318	148 Katherine FISHER	27	7:52.4	51:38.0	27:50.3	1:27:20.7
274	200 Matt DENNIS	36	8:44.6	46:42.0	27:55.9	1:23:22.4
342	220 James HOLLEY	33	9:42.2	51:35.4	27:57.2	1:29:14.8
309	173 Gareth CHISLETT	41	9:44.2	48:40.5	27:58.7	1:26:23.4
311	385 Matthew McDONALD	27	10:34.1	48:02.1	27:58.9	1:26:35.1
292	2 Esther HAMIL	29 Met Police Tri C	8:11.5	48:46.8	28:00.1	1:24:58.5
402	46 Ken ARMOUR	39	13:41.9	58:37.8	28:00.9	1:40:20.5
307	183 Terry BYRNE	49 Gearsandtears.Co	8:43.3	49:36.9	28:01.2	1:26:21.4
300	242 Ignatius McGURL	46 Team Phillips-Fi	9:17.7	48:17.5	28:04.2	1:25:39.4
271	336 Buzz GOUDIE	42	9:22.3	45:44.9	28:07.1	1:23:14.3
305	363 Ian ELAM	55 David Lloyd Read	9:00.3	49:04.0	28:08.5	1:26:12.8
398	258 Mark McPHAIL	42	7:48.6	1:02:18.0	28:19.0	1:38:25.7
357	380 Sue BRYANT	43	7:20.2	55:00.7	28:19.4	1:30:40.3
303	331 Lyndsay DELONG	27	6:38.2	50:54.9	28:24.7	1:25:57.8
359	64 Ros YOUNG	61 Serpentine	10:08.1	52:20.6	28:27.2	1:30:55.8
418	55 Robert MELLOR	34	12:07.7	1:07:13.6	28:32.4	1:47:53.8
288	329 Paul FORD	37 East Grinstead T	7:48.1	48:03.2	28:36.6	1:24:27.9
313	486 Sam COATES	27	5:49.4	52:16.7	28:37.9	1:26:44.0
265	313 Scott GARRETT	34 Corsham Running	7:31.8	46:28.0	28:48.0	1:22:47.8
325	342 Owen DARBISHIRE	41	8:13.3	51:02.0	28:52.5	1:28:07.9
395	29 Corinna TAYLOR	30 Bracknell Forest	8:54.5	59:41.0	28:58.1	1:37:33.5
345	91 Paul TAYLOR	56 Farnham Tri	9:37.8	50:45.2	29:04.2	1:29:27.2
317	208 Mike COWIN	67	8:54.6	49:13.7	29:06.8	1:27:15.1
404	34 Helen CLARK	30	12:13.6	59:17.8	29:08.6	1:40:40.0
371	84 Sally WARD	XX Reading Mountain	10:56.1	52:36.3	29:21.2	1:32:53.6
338	93 Paul ROBERTS	36	9:01.3	50:47.8	29:21.7	1:29:10.8
296	472 Joanne PASCALL	27	6:31.9	49:24.9	29:22.4	1:25:19.2
367	234 Andrew RIGSBY	50	9:18.1	53:37.0	29:24.5	1:32:19.6
362	142 Wendy KINNELL	34	9:36.1	52:20.7	29:27.3	1:31:24.1
263	387 Steven MALBY	49 Derby CTC	7:01.0	46:13.4	29:30.6	1:22:45.0
220	425 Andrew BARKER	42	7:32.1	43:06.1	29:40.9	1:20:19.0
415	72 Joanne HORSBURGH	34	10:37.8	1:04:38.2	29:48.7	1:45:04.7
327	219 Kirsty BLACK	29 Serpentine	8:32.1	49:49.4	29:53.4	1:28:14.9
378	50 Clare LOXLEY	39	10:02.1	54:09.4	29:55.8	1:34:07.2
410	144 Martin PERKIN	43	8:42.6	1:04:42.8	29:56.6	1:43:22.0
360	65 Mandy CORNELIUS	27	9:02.3	52:06.4	29:57.7	1:31:06.3
355	211 Amiel GARDINER	31	8:27.4	51:52.8	30:03.0	1:30:23.1
397	227 Lourdes HEREDIA	36	8:01.0	1:00:13.8	30:05.1	1:38:19.9
350	503 Ian WATKINS	34	8:59.2	50:41.9	30:06.1	1:29:47.2
413	15 Donna JONES	32	11:32.0	1:02:32.2	30:08.2	1:44:12.4
368	185 Hayden LAWLER	32	8:08.3	54:11.7	30:11.1	1:32:31.1

337	150 Bob MOODY	52	9:15.3	49:38.3	30:14.4	1:29:08.0
416	103 Barbara McGUFFIN	31 Wantage Tritons	7:35.7	1:07:54.6	30:14.9	1:45:45.3
349	27 Douglas McINTOSH	42	11:24.7	47:58.9	30:15.4	1:29:39.0
366	117 Lynn WATERS	38	8:08.1	53:54.5	30:16.3	1:32:18.8
370	236 Paul HOUGHTON	41 TVT	9:38.2	52:45.0	30:23.1	1:32:46.2
403	301 Karen FAWCETT	46 David Lloyd - Re	9:28.0	1:00:30.8	30:35.1	1:40:34.0
369	165 John DUNCAN-BUTLER	6 Reading AC	8:12.8	53:53.6	30:37.9	1:32:44.3
324	323 Mike LOXLEY	39	7:26.0	50:00.5	30:39.3	1:28:05.9
409	1 Marco ARCIDIACONO	33	10:06.1	1:02:14.5	30:46.9	1:43:07.6
348	97 Kate AVENT	31	8:12.2	50:32.6	30:51.1	1:29:36.0
405	38 Sally GARNHAM	54	11:52.2	59:22.4	30:51.9	1:42:06.4
376	188 Juliette KELLY	27	8:31.8	54:27.4	30:52.3	1:33:51.5
335	500 Graham WALTER	43	9:36.4	48:28.8	30:54.7	1:28:59.9
394	21 Caroline HARRIS	24	10:40.2	55:28.7	31:22.6	1:37:31.6
396	98 Sally RICHARDSON	31 Phoenix Tri	10:07.8	56:09.1	31:24.1	1:37:40.9
358	241 Catherine DONALDSON		7:42.5	51:39.9	31:30.6	1:30:53.0
343	163 Tim HAMMETT	46	7:49.1	49:44.6	31:43.2	1:29:16.9
414	494 Hannah MERVIS	26	8:44.1	1:04:26.3	31:52.2	1:45:02.7
411	26 Deirdre PHILPOTT	51	12:28.2	59:08.7	31:56.1	1:43:33.1
401	20 Lisa EDWARDS	27	8:59.5	58:14.0	31:57.9	1:39:11.4
377	52 Nadya LABIB	39 Serpentine	10:33.9	51:28.8	32:00.0	1:34:02.7
417	496 Jenny PRANGNELL	33	11:53.1	1:01:46.3	32:26.6	1:46:05.9
421	374 Jacqueline FAWTHROP		9:58.9	1:08:56.9	32:43.4	1:51:39.2
424	25 Julia COLE	32	12:18.8	1:10:35.0	33:03.4	1:55:57.2
361	76 Mark EVANS	39	8:48.7	49:06.5	33:13.2	1:31:08.3
381	268 Helen WALLIS	45	8:02.5	53:11.6	33:20.6	1:34:34.7
353	88 Mark DEMPSTER	35	8:58.1	47:48.3	33:21.4	1:30:07.8
406	44 Sue HEANES	34 Team Phillips-Fi	13:15.3	55:58.8	33:22.4	1:42:36.5
386	473 Vladimir HERNANDEZ	2	9:04.2	53:19.5	33:30.9	1:35:54.6
352	238 Lisa ALDRIDGE	29 Farnham Tri	7:32.6	48:50.7	33:37.6	1:30:01.0
420	48 Sandra HALL	40	11:01.4	1:03:20.3	33:59.1	1:48:20.8
384	305 Richard ORR	50 Mendip Tri Club	8:02.4	53:23.3	34:10.3	1:35:36.0
399	105 Sarah BROOKE	25	9:31.4	54:41.5	34:18.2	1:38:31.1
375	214 Jeff BAKER	62	8:26.8	50:18.8	34:28.9	1:33:14.4
412	512 Michael DRYDEN	39	9:27.1	59:35.4	34:35.6	1:43:38.1
389	177 Suzanna BURNAY	57	9:21.3	52:06.7	34:47.3	1:36:15.3
374	178 John KNOTT	58	9:19.4	48:56.9	34:53.4	1:33:09.8
388	43 John ELLA	47	11:45.1	49:05.6	35:23.5	1:36:14.2
400	212 Chris WALTON	36	7:55.1	55:07.5	36:06.0	1:39:08.6
407	71 Kerrie BIRKETT	29 Corsham Running	9:45.9	56:41.5	36:14.4	1:42:41.8
426	520 Lisa CROKE	40	10:26.0	1:16:50.1	38:48.3	2:06:04.4
423	22 Paula MARSHAL	36 Team Phillips-Fi	10:12.3	1:04:06.6	39:05.5	1:53:24.4
425	193 Sue PERKIN	41 Esporta - Berksh	9:09.2	1:13:57.0	39:46.3	2:02:52.5
427	23 Bill MARSHAL	70 Team Phillips-Fi	19:39.5	1:09:23.2	40:25.3	2:09:28.1
422	60 Paul HUDSON	40 Bedford Traktors	12:11.9	58:22.5	41:35.5	1:52:09.9
481	Sharon BAILEY	37	8:44.3	53:32.5	DNF	DNF
138	Richard COWLING	43	8:26.1	DNF		DNF
225	Lars MENKEN	30 Serpentine Runni	8:37.4	DNF		DNF
314	Nicolas SCHIETTECATT	Berks Tri Squad	8:19.2	DNF		DNF
449	Michael KETTLEY	23 The Russians				DNF