

Rowers Revenge Triathlon
Organised by Marlow Rowing Club
7th October 2007
Supported by Fitness First

All Athletes

| Pos | Bib | Name | Team Name | Row | Bike | Run | Result |
|-----|-----|----------------|------------------|----------|----------|----------|------------|
| 1 | 274 | Lee RANKIN | | 15:08.37 | 41:09.21 | 26:56.07 | 1:23:13.65 |
| 2 | 220 | Rob GRIFFITHS | | 15:23.76 | 40:11.35 | 28:30.13 | 1:24:05.25 |
| 3 | 64 | Phil PARSONS | | 15:19.61 | 41:41.81 | 27:52.46 | 1:24:53.88 |
| 4 | 316 | Jesse ELIZINGA | | 15:10.92 | 41:35.71 | 28:23.06 | 1:25:09.69 |
| 5 | 151 | Christopher HE | | 15:40.79 | 41:14.87 | 28:31.36 | 1:25:27.02 |
| 6 | 327 | Rob BALDOCK | | 15:31.59 | 43:24.51 | 29:57.76 | 1:28:53.85 |
| 7 | 227 | Matt DUNSBIER | | 15:24.67 | 42:48.63 | 31:44.30 | 1:29:57.59 |
| 8 | 282 | James HART | | 15:03.54 | 44:52.77 | 30:24.95 | 1:30:21.26 |
| 9 | 311 | Jamie BRUNNING | | 15:44.71 | 46:29.29 | 28:08.64 | 1:30:22.64 |
| 10 | 306 | Nick WYATT | | 14:59.44 | 46:53.17 | 28:43.59 | 1:30:36.19 |
| 11 | 222 | Matthew GRIFFI | | 15:26.40 | 42:49.30 | 32:43.36 | 1:30:59.05 |
| 12 | 261 | Shea HINDMAN | | 16:28.73 | 44:51.85 | 30:05.71 | 1:31:26.28 |
| 13 | 297 | Paul ROGERS | | 16:41.18 | 44:09.54 | 30:50.03 | 1:31:40.75 |
| 14 | 233 | Richard DOBBY | | 15:28.74 | 44:38.99 | 31:48.00 | 1:31:55.72 |
| 15 | 237 | James THOMPSON | | 15:49.63 | 43:10.15 | 32:56.63 | 1:31:56.41 |
| 16 | 330 | Stephen ROBSON | | 15:47.30 | 44:01.48 | 32:10.68 | 1:31:59.46 |
| 17 | 323 | Ed PORTEUS | | 15:40.58 | 45:38.14 | 31:17.11 | 1:32:35.83 |
| 18 | 66 | Michelle PARSO | | 17:07.50 | 45:35.37 | 30:22.58 | 1:33:05.45 |
| 19 | 62 | Richard VIDGEN | | 16:37.75 | 46:12.62 | 30:47.33 | 1:33:37.70 |
| 20 | 139 | Richard POWELL | | 15:44.96 | 45:58.40 | 32:06.16 | 1:33:49.52 |
| 21 | 315 | Uli KRAELING | | 16:14.53 | 43:46.99 | 33:51.98 | 1:33:53.50 |
| 22 | 164 | David LAND | | 16:32.21 | 45:41.41 | 32:05.38 | 1:34:19.00 |
| 23 | 56 | Richard STANHO | | 15:14.96 | 46:14.65 | 32:56.61 | 1:34:26.21 |
| 24 | 287 | Ian ROLLS | | 16:12.69 | 46:09.77 | 32:06.61 | 1:34:29.06 |
| 25 | 251 | Steve HAMMOND | | 16:12.92 | 49:19.13 | 29:16.06 | 1:34:48.11 |
| 26 | 135 | Geoff BROWN | | 15:28.40 | 45:55.21 | 34:06.62 | 1:35:30.23 |
| 27 | 110 | Ruth SANDER | Furnivall/Maa | 16:24.28 | 47:00.74 | 32:09.44 | 1:35:34.47 |
| 28 | 328 | Ralph De KANTE | | 15:54.08 | 47:02.31 | 32:42.80 | 1:35:39.19 |
| 29 | 314 | Marcus MUMFORD | | 16:58.05 | 46:33.57 | 32:14.52 | 1:35:46.14 |
| 30 | 209 | Ben BATHURST | | 16:54.49 | 46:17.41 | 32:46.64 | 1:35:58.54 |
| 31 | 214 | Michael NAGI | | 16:07.82 | 49:31.55 | 30:26.47 | 1:36:05.84 |
| 32 | 194 | Nick CREASE | | 16:13.74 | 47:56.57 | 32:04.14 | 1:36:14.45 |
| 33 | 69 | Louise DOBBY | | 17:15.79 | 46:05.21 | 33:08.99 | 1:36:30.00 |
| 34 | 112 | Laura GILL | Larks | 16:16.52 | 44:42.22 | 35:50.30 | 1:36:49.04 |
| 35 | 247 | Steve BALLANTI | | 16:14.94 | 47:45.19 | 33:08.65 | 1:37:08.78 |
| 36 | 217 | Tom KAY | | 15:50.17 | 47:03.26 | 34:15.95 | 1:37:09.38 |
| 37 | 130 | Nicholas THORN | | 15:50.15 | 48:15.04 | 33:08.42 | 1:37:13.60 |
| 38 | 196 | Tom BURGESS | | 16:51.56 | 48:02.58 | 32:23.36 | 1:37:17.49 |
| 39 | 184 | Mike ELWARD | | 16:22.78 | 50:01.25 | 31:03.20 | 1:37:27.23 |
| 40 | 203 | Thomas RYAN | | 16:46.19 | 47:59.91 | 32:42.12 | 1:37:28.22 |
| 41 | 242 | Edward HILLYAR | | 15:32.32 | 49:49.46 | 32:08.39 | 1:37:30.17 |
| 42 | 57 | David GREEN | | 17:15.99 | 48:46.55 | 31:30.31 | 1:37:32.84 |
| 43 | 252 | Stuart LOGAN | | 15:49.41 | 47:12.73 | 34:33.95 | 1:37:36.09 |
| 44 | 201 | Marcus DE WILD | | 16:15.19 | 48:15.56 | 33:16.67 | 1:37:47.42 |
| 45 | 337 | Ed DARNELL | | 16:47.92 | 47:44.39 | 33:16.98 | 1:37:49.28 |
| 46 | 312 | Gareth LANE | | 16:11.38 | 47:28.68 | 34:22.20 | 1:38:02.26 |
| 47 | 189 | Jim COTTER | | 16:25.76 | 48:59.13 | 32:42.93 | 1:38:07.82 |
| 48 | 230 | Derron STROUD | | 17:13.92 | 50:07.03 | 30:49.60 | 1:38:10.55 |
| 49 | 156 | Phil KITTO | | 15:37.55 | 47:34.04 | 35:06.14 | 1:38:17.73 |
| 50 | 74 | Natalia WASE | | 17:22.87 | 47:10.53 | 33:45.09 | 1:38:18.49 |
| 51 | 205 | Robert OADES | | 16:42.90 | 46:58.63 | 34:57.72 | 1:38:39.25 |
| 52 | 102 | Jenny SHORROCK | | 18:53.50 | 48:18.91 | 31:42.18 | 1:38:54.58 |
| 53 | 321 | Tom STURGESS | | 15:39.03 | 47:58.07 | 35:31.23 | 1:39:08.33 |
| 54 | 234 | George EYLES | | 17:10.95 | 49:16.01 | 32:59.60 | 1:39:26.56 |
| 55 | 320 | Adam BRITAIN | | 17:46.64 | 48:48.07 | 33:09.41 | 1:39:44.11 |
| 56 | 118 | Paul THOMAS | Paul Thomas & Co | 16:23.11 | 46:24.15 | 37:01.83 | 1:39:49.09 |
| 57 | 326 | Neil RUSSELL | | 15:59.30 | 50:22.87 | 33:38.78 | 1:40:00.94 |
| 58 | 213 | Dan CLARKE | | 17:16.32 | 48:48.19 | 33:59.06 | 1:40:03.57 |

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|-----|--------------------|----------|----------|----------|------------|
| 59 | 178 Antony PHILLIP | 16:48.23 | 50:19.96 | 33:07.94 | 1:40:16.13 |
| 60 | 128 Nigel SANDERSO | 17:19.69 | 50:54.59 | 32:16.27 | 1:40:30.55 |
| 61 | 204 Nick POLLEN | 17:06.33 | 51:05.95 | 32:22.00 | 1:40:34.28 |
| 62 | 193 Toby MOTTRAM | 16:25.32 | 47:45.61 | 36:26.50 | 1:40:37.43 |
| 63 | 277 Peter LAND | 17:07.09 | 49:11.73 | 34:29.42 | 1:40:48.24 |
| 64 | 228 John BRADLEY | 16:41.09 | 47:43.64 | 36:28.93 | 1:40:53.67 |
| 65 | 94 Claire WELDON | 18:53.84 | 49:40.90 | 32:18.98 | 1:40:53.71 |
| 66 | 154 Murray BAILEY | 16:27.26 | 50:36.06 | 34:00.51 | 1:41:03.83 |
| 67 | 245 Mark DEWEY | 16:45.06 | 47:51.33 | 36:51.30 | 1:41:27.70 |
| 68 | 218 Andrew WHAWELL | 18:09.69 | 47:37.20 | 35:50.34 | 1:41:37.23 |
| 69 | 171 Les LEPPER | 17:33.00 | 52:30.28 | 31:39.23 | 1:41:42.51 |
| 70 | 329 Robin BURROW | 16:25.40 | 49:45.67 | 35:36.23 | 1:41:47.30 |
| 71 | 349 Ted HAMILTON | 17:31.05 | 51:04.69 | 33:27.13 | 1:42:02.87 |
| 72 | 134 Bill CARTER | 16:26.22 | 47:12.96 | 38:24.07 | 1:42:03.25 |
| 73 | 225 Simon DAWSON | 17:06.23 | 48:57.17 | 36:07.11 | 1:42:10.52 |
| 74 | 163 Peter KELLY | 16:35.67 | 50:47.76 | 34:57.20 | 1:42:20.63 |
| 75 | 136 Oliver GREEN | 16:31.06 | 50:18.65 | 35:48.23 | 1:42:37.93 |
| 76 | 141 David BROAD | 17:07.90 | 49:23.55 | 36:07.41 | 1:42:38.85 |
| 77 | 124 Rob BROCKWELL | 16:37.26 | 49:58.15 | 36:06.20 | 1:42:41.61 |
| 78 | 179 Paul DEVINE | 17:30.03 | 48:32.82 | 36:56.95 | 1:42:59.80 |
| 79 | 87 Kate HUNT | 18:42.61 | 49:21.46 | 35:03.74 | 1:43:07.81 |
| 80 | 325 Mike WALSH | 17:19.01 | 47:58.27 | 37:57.90 | 1:43:15.18 |
| 81 | 173 Adam DONALDSON | 16:46.19 | 50:07.85 | 36:45.34 | 1:43:39.38 |
| 82 | 299 Graham GRIFFIT | 17:00.87 | 51:04.37 | 35:44.51 | 1:43:49.75 |
| 83 | 336 Gary CURE | 16:39.91 | 50:29.79 | 36:42.56 | 1:43:52.27 |
| 84 | 260 Tim WADIE | 16:20.46 | 53:28.10 | 34:15.05 | 1:44:03.60 |
| 85 | 284 Jules BARDWELL | 16:28.70 | 51:34.22 | 36:02.47 | 1:44:05.39 |
| 86 | 313 Colm BOWE | 16:58.07 | 51:35.68 | 35:33.23 | 1:44:06.98 |
| 87 | 138 Steve CHAPPLE | 17:49.17 | 53:05.63 | 33:40.79 | 1:44:35.59 |
| 88 | 174 Lee JOHNSON | 15:59.52 | 47:32.78 | 41:04.58 | 1:44:36.88 |
| 89 | 104 Laura MASSEY | 18:13.68 | 49:00.53 | 37:24.66 | 1:44:38.87 |
| 90 | 129 Paul PALMER | 17:12.12 | 52:58.11 | 34:46.58 | 1:44:56.81 |
| 91 | 51 David WALKER | 16:53.36 | 52:27.66 | 35:57.68 | 1:45:18.70 |
| 92 | 46 Chris WALKER | 16:28.21 | 50:28.29 | 38:30.75 | 1:45:27.24 |
| 93 | 183 Stephen WRIGHT | 16:18.88 | 51:44.26 | 37:25.19 | 1:45:28.33 |
| 94 | 199 John BARTLETT | 16:05.12 | 54:05.70 | 35:32.36 | 1:45:43.19 |
| 95 | 45 Anthony LAW | 18:56.67 | 51:01.11 | 35:58.38 | 1:45:56.16 |
| 96 | 144 Martin CHAPMAN | 18:03.52 | 49:27.30 | 38:29.79 | 1:46:00.61 |
| 97 | 132 Craig ORR | 18:09.18 | 51:51.89 | 36:02.50 | 1:46:03.56 |
| 98 | 255 Phil LAWTON | 16:30.83 | 51:45.67 | 37:47.35 | 1:46:03.85 |
| 99 | 176 Jeremy CROSS | 16:21.30 | 52:16.10 | 37:29.06 | 1:46:06.46 |
| 100 | 278 Simon BRIMICOM | 16:48.57 | 51:58.38 | 37:30.91 | 1:46:17.86 |
| 101 | 126 David FAULKNER | 16:25.30 | 53:10.64 | 36:56.98 | 1:46:32.92 |
| 102 | 161 Peter HOMA | 17:56.86 | 51:29.77 | 37:07.95 | 1:46:34.58 |
| 103 | 63 Derek AUSTIN | 17:39.29 | 52:03.12 | 37:01.65 | 1:46:44.05 |
| 104 | 149 Mike PARKES | 18:05.06 | 49:43.78 | 38:57.19 | 1:46:46.03 |
| 105 | 202 Joseph HALE | 16:09.65 | 51:05.74 | 39:40.70 | 1:46:56.10 |
| 106 | 167 Michael HOMA | 16:42.68 | 51:05.14 | 39:10.07 | 1:46:57.88 |
| 107 | 43 Brian WILLIAMS | 18:09.55 | 51:28.76 | 37:31.57 | 1:47:09.88 |
| 108 | 266 Nick WOOD | 17:07.01 | 54:51.70 | 35:19.09 | 1:47:17.81 |
| 109 | 216 Jack STOKES | 16:42.76 | 49:25.53 | 41:17.20 | 1:47:25.49 |
| 110 | 226 Martin JONES | 15:54.85 | 52:29.69 | 39:11.52 | 1:47:36.06 |
| 111 | 322 Will POWELL | 17:19.72 | 51:00.83 | 39:32.76 | 1:47:53.31 |
| 112 | 253 Chris KNIGHT | 18:09.17 | 54:03.24 | 35:41.63 | 1:47:54.05 |
| 113 | 181 Stephen O CALL | 17:15.33 | 55:49.23 | 34:54.46 | 1:47:59.03 |
| 114 | 307 Chris McCRAW | 17:15.44 | 58:46.72 | 32:06.45 | 1:48:08.62 |
| 115 | 265 Richard POWELL | 17:25.89 | 54:13.81 | 36:32.87 | 1:48:12.57 |
| 116 | 55 William CALDWE | 17:41.63 | 52:30.47 | 38:05.45 | 1:48:17.55 |
| 117 | 125 Steve TAYLOR | 17:48.03 | 53:27.31 | 37:22.72 | 1:48:38.05 |
| 118 | 122 Gavin GILFEDDE | 17:58.43 | 56:07.82 | 34:50.16 | 1:48:56.41 |
| 119 | 188 Sam CREA VIN | 17:05.19 | 53:52.30 | 37:58.93 | 1:48:56.42 |
| 120 | 231 Chris DARVILL | 18:34.19 | 53:21.26 | 37:09.80 | 1:49:05.25 |
| 121 | 281 Peter HICKSON | 16:57.59 | 54:12.68 | 38:02.20 | 1:49:12.46 |
| 122 | 82 Samantha BELL | 18:11.99 | 54:47.16 | 36:17.40 | 1:49:16.55 |
| 123 | 271 Andrew CALDWEL | 17:30.50 | 54:00.45 | 37:48.71 | 1:49:19.67 |

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| 124 | 246 Duncan PATTERS | | 18:11.23 | 51:24.29 | 39:54.88 | 1:49:30.39 |
| 125 | 175 Matthew TANNA- | | 17:03.82 | 54:28.63 | 38:06.92 | 1:49:39.36 |
| 126 | 268 David ASHLEY | | 19:25.35 | 57:25.46 | 32:55.31 | 1:49:46.12 |
| 127 | 8 Andy SPILLER | | 16:34.72 | 52:51.27 | 40:43.20 | 1:50:09.20 |
| 128 | 70 Rachel GERRARD | | 19:38.00 | 56:36.92 | 33:57.49 | 1:50:12.41 |
| 129 | 127 Andrew SNOWDEN | | 17:10.86 | 55:30.22 | 37:32.86 | 1:50:13.94 |
| 130 | 191 Thomas O REILL | | 17:09.26 | 54:47.52 | 38:21.41 | 1:50:18.20 |
| 131 | 47 Simon DIEGAN | | 18:54.42 | 53:55.30 | 37:39.98 | 1:50:29.69 |
| 132 | 249 Ian MAIDEN | | 18:27.12 | 56:20.75 | 35:44.82 | 1:50:32.69 |
| 133 | 48 Ray SWORDY | | 17:45.91 | 54:32.12 | 38:16.22 | 1:50:34.25 |
| 134 | 267 Simon CROW | | 17:27.56 | 49:57.73 | 43:20.25 | 1:50:45.54 |
| 135 | 4 Tim OLDHAM | | 18:16.21 | 55:22.10 | 37:12.45 | 1:50:50.76 |
| 136 | 309 Emmanuel ISAAC | | 17:52.28 | 55:12.30 | 37:47.21 | 1:50:51.79 |
| 137 | 300 Chris FORD | | 16:46.08 | 53:38.25 | 40:53.89 | 1:51:18.22 |
| 138 | 81 Charlotte COX | | 18:51.57 | 53:24.94 | 39:09.71 | 1:51:26.21 |
| 139 | 33 Mary HARDWICK | | 18:36.31 | 54:31.53 | 38:24.99 | 1:51:32.83 |
| 140 | 2 George UDEN | | 16:49.42 | 52:20.46 | 42:27.69 | 1:51:37.57 |
| 141 | 187 Damian EUSTACE | | 18:07.19 | 54:41.21 | 38:50.96 | 1:51:39.35 |
| 142 | 168 Kevan JONES | | 16:53.61 | 53:49.74 | 41:01.29 | 1:51:44.65 |
| 143 | 276 Andrew RACKSTR | | 18:48.59 | 53:21.93 | 39:35.01 | 1:51:45.53 |
| 144 | 147 Rob HEATH | | 17:57.91 | 53:09.03 | 41:00.07 | 1:52:07.01 |
| 145 | 150 Gary DOWNEY | | 17:36.56 | 56:29.79 | 38:01.97 | 1:52:08.33 |
| 146 | 269 Andrew SHEPHER | | 17:06.50 | 57:07.62 | 37:58.01 | 1:52:12.14 |
| 147 | 25 Mark Gloyens | | 17:53.57 | 00:30.09 | 34:04.09 | 1:52:27.74 |
| 148 | 65 Russell WILLIS | | 17:56.58 | 58:47.87 | 35:44.30 | 1:52:28.76 |
| 149 | 14 Anthony PEARCE | | 17:20.75 | 55:03.62 | 40:04.74 | 1:52:29.11 |
| 150 | 157 Philip DENYER | | 17:16.14 | 49:19.54 | 45:57.70 | 1:52:33.37 |
| 151 | 90 Dani PHILIPS | | 19:16.96 | 56:51.52 | 36:27.08 | 1:52:35.56 |
| 152 | 42 Allie PENNANT | | 19:23.92 | 55:54.68 | 37:34.17 | 1:52:52.78 |
| 153 | 292 Oliver MARLOW | | 19:14.37 | 55:31.34 | 38:08.91 | 1:52:54.62 |
| 154 | 5 Colin EDWARDS | | 17:52.09 | 56:04.52 | 39:04.40 | 1:53:01.01 |
| 154 | 12 Tim STODDART | | 19:29.23 | 53:54.37 | 39:37.42 | 1:53:01.01 |
| 156 | 180 Simon GILES | | 18:25.44 | 52:13.78 | 42:33.22 | 1:53:12.44 |
| 157 | 153 Noel BROWN | | 18:00.35 | 53:55.29 | 41:34.36 | 1:53:30.00 |
| 158 | 72 Catherine SMIT | | 17:42.19 | 59:58.90 | 35:57.17 | 1:53:38.25 |
| 159 | 207 Joshua COLLINS | | 16:36.51 | 55:48.47 | 41:19.89 | 1:53:44.86 |
| 160 | 96 Louisa CARR | | 17:51.95 | 56:42.16 | 39:12.87 | 1:53:46.97 |
| 161 | 131 Kevin FRENCH | | 17:37.65 | 57:03.37 | 39:10.38 | 1:53:51.40 |
| 162 | 9 Colm FARRELL | | 18:15.46 | 54:35.82 | 41:02.32 | 1:53:53.60 |
| 163 | 302 Tom HINE | | 16:42.41 | 53:34.37 | 43:56.16 | 1:54:12.94 |
| 164 | 290 Nick ARTHURTON | | 17:47.70 | 53:51.59 | 42:35.23 | 1:54:14.53 |
| 165 | 335 Nick SHAW | | 19:28.05 | 57:43.29 | 37:07.20 | 1:54:18.54 |
| 166 | 185 Andrew SMITH | | 19:13.88 | 57:34.41 | 37:33.18 | 1:54:21.47 |
| 167 | 95 Julia SCHUMACH | | 18:00.40 | 58:37.66 | 38:00.29 | 1:54:38.34 |
| 168 | 291 Neil JACKSON | | 17:24.15 | 55:28.89 | 41:49.43 | 1:54:42.47 |
| 169 | 97 Eleanor CARTER | | 19:24.54 | 54:21.12 | 40:56.98 | 1:54:42.64 |
| 170 | 166 Mark HOPPER | | 18:08.44 | 56:36.02 | 40:05.54 | 1:54:50.00 |
| 171 | 232 William ORFORD | | 17:42.18 | 56:56.73 | 40:12.49 | 1:54:51.40 |
| 172 | 30 Fruen JANE | | 18:48.62 | 56:27.53 | 39:38.99 | 1:54:55.14 |
| 173 | 24 Martin COPUS | The Copious Copuses | 17:53.65 | 1:02:58.75 | 34:07.13 | 1:54:59.53 |
| 174 | 155 Martyn LEWIS | | 18:25.56 | 1:00:21.65 | 36:32.43 | 1:55:19.64 |
| 175 | 83 Sally FERGUSON | | 18:48.73 | 59:27.45 | 37:18.42 | 1:55:34.60 |
| 176 | 80 Melissa FARMER | | 19:16.14 | 58:36.93 | 38:04.37 | 1:55:57.44 |
| 177 | 36 Janet WOFFINDE | | 18:35.05 | 55:29.87 | 42:31.76 | 1:56:36.67 |
| 178 | 224 Charlie SABEL | | 17:15.62 | 59:29.58 | 40:10.69 | 1:56:55.88 |
| 179 | 223 Bill JAMES | | 16:51.49 | 51:44.18 | 48:29.48 | 1:57:05.15 |
| 180 | 206 James KELL | | 16:11.53 | 54:26.35 | 46:32.11 | 1:57:09.99 |
| 181 | 158 Tim BACH | | 18:25.08 | 58:29.05 | 40:20.35 | 1:57:14.48 |
| 182 | 111 Kristy ATKINS | Tru Connexion | 18:28.70 | 57:43.69 | 41:27.57 | 1:57:39.96 |
| 183 | 215 Paul TRICKETT | | 18:16.34 | 58:01.83 | 41:27.46 | 1:57:45.63 |
| 184 | 6 Nigel BANKS | | 17:38.52 | 57:44.70 | 42:24.09 | 1:57:47.30 |
| 185 | 92 Yvette WATERFA | | 18:05.38 | 55:46.32 | 43:56.27 | 1:57:47.96 |
| 186 | 52 Andrew HUG | | 18:01.93 | 56:57.28 | 43:12.72 | 1:58:11.93 |
| 187 | 121 Steve WEBB | | 17:12.09 | 1:01:22.14 | 39:39.71 | 1:58:13.93 |
| 188 | 88 Kate NEWBERRY | | 21:09.93 | 1:01:14.21 | 35:50.50 | 1:58:14.64 |

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| 189 | 123 Jerry SCAGELL | | 18:23.12 | 52:09.98 | 47:49.76 | 1:58:22.86 |
| 190 | 113 Sophie PAIN | Marlow Junior Girls | 16:21.31 | 1:03:44.99 | 38:17.49 | 1:58:23.79 |
| 191 | 198 Ray BARRETT | | 17:22.74 | 57:08.05 | 43:59.23 | 1:58:30.02 |
| 192 | 259 Nick BYNG-MADD | | 17:10.28 | 1:00:38.93 | 40:41.54 | 1:58:30.76 |
| 193 | 208 Alex DIXEY | | 17:41.09 | 1:01:20.00 | 39:32.77 | 1:58:33.86 |
| 194 | 34 Clare O SHEA | | 18:28.19 | 55:38.93 | 44:47.80 | 1:58:54.92 |
| 195 | 240 Andrew GORRING | | 17:57.17 | 56:19.10 | 44:38.99 | 1:58:55.26 |
| 196 | 91 Katie-George D | | 18:19.02 | 1:03:35.17 | 37:04.73 | 1:58:58.92 |
| 197 | 54 Graham PARCELL | | 17:27.27 | 57:21.88 | 44:17.71 | 1:59:06.85 |
| 198 | 71 Christine PERK | | 18:40.12 | 56:14.34 | 44:21.43 | 1:59:15.89 |
| 199 | 40 Sue HILL-VENNI | | 19:18.08 | 57:27.76 | 42:38.69 | 1:59:24.52 |
| 200 | 20 Jane MASKELL | Team Maskells | 21:09.32 | 55:33.76 | 42:41.55 | 1:59:24.63 |
| 201 | 21 Daniel STYLES | Team Jhgs | 18:28.92 | 1:04:52.82 | 36:03.30 | 1:59:25.04 |
| 202 | 159 Mike LANDERS | | 18:39.86 | 54:02.24 | 46:55.06 | 1:59:37.16 |
| 203 | 99 Andrea GREEN | | 19:51.09 | 1:01:36.91 | 38:09.90 | 1:59:37.89 |
| 204 | 272 Simon FOSTER | | 19:00.86 | 59:44.39 | 41:21.15 | 2:00:06.39 |
| 204 | 273 Paul SOLERTI | | 16:35.05 | 58:42.08 | 44:49.27 | 2:00:06.39 |
| 206 | 241 Innes STEWART | | 18:32.28 | 58:17.61 | 43:16.68 | 2:00:06.57 |
| 207 | 53 Niall MACGREGO | | 17:20.52 | 57:42.90 | 45:09.79 | 2:00:13.22 |
| 208 | 77 Sylvia KNIGHT | | 18:51.01 | 58:12.72 | 43:18.31 | 2:00:22.05 |
| 209 | 236 Schofield DAVI | | 18:01.94 | 56:17.59 | 46:11.71 | 2:00:31.24 |
| 210 | 23 Bruce HOOD | The Hoodies | 17:02.25 | 55:49.64 | 47:44.88 | 2:00:36.77 |
| 211 | 32 Lucy GUEST | | 19:49.10 | 56:44.13 | 44:09.32 | 2:00:42.55 |
| 212 | 289 Richard JOHNISO | | 18:15.97 | 1:04:10.02 | 39:28.95 | 2:01:54.93 |
| 213 | 100 Tora TRACEY | | 18:55.60 | 1:04:59.04 | 38:22.32 | 2:02:16.95 |
| 214 | 142 Brian WALKER | | 19:07.13 | 1:02:30.43 | 40:55.45 | 2:02:33.02 |
| 215 | 152 Jonathan POSNE | | 17:43.34 | 1:01:17.63 | 43:32.23 | 2:02:33.19 |
| 216 | 7 Mike BANKS | | 18:38.18 | 1:01:45.69 | 42:21.18 | 2:02:45.05 |
| 217 | 49 Kevin BENNETT | | 19:59.11 | 56:57.16 | 45:56.79 | 2:02:53.06 |
| 218 | 17 Colin LAVIS | | 20:25.27 | 1:01:57.38 | 40:53.92 | 2:03:16.56 |
| 219 | 50 Mike O REILLY | | 18:30.76 | 58:18.66 | 46:35.08 | 2:03:24.50 |
| 220 | 120 Gurpal PANESAR | | 20:14.25 | 56:11.26 | 47:17.69 | 2:03:43.19 |
| 221 | 106 Chihiro FUKUSH | | 19:05.10 | 1:05:14.97 | 39:36.52 | 2:03:56.59 |
| 222 | 98 Jane FRANK | | 18:52.76 | 1:02:17.89 | 43:06.91 | 2:04:17.56 |
| 223 | 41 Lesley DAW | | 21:07.80 | 1:00:07.23 | 43:03.21 | 2:04:18.24 |
| 224 | 108 Camilla WESTLA | | 19:08.99 | 56:16.65 | 48:52.66 | 2:04:18.29 |
| 225 | 10 Richard PRICE | | 18:18.80 | 1:03:13.47 | 43:35.39 | 2:05:07.66 |
| 226 | 73 Jane GOODCHILD | | 19:43.07 | 1:06:59.65 | 38:25.53 | 2:05:08.25 |
| 227 | 270 Luke JONES | | 18:27.01 | 1:06:04.04 | 40:43.67 | 2:05:14.72 |
| 228 | 263 Martin BLACK | | 17:42.50 | 1:05:42.85 | 41:49.55 | 2:05:14.90 |
| 229 | 210 Robert PARKS | | 16:30.56 | 1:02:24.54 | 46:40.25 | 2:05:35.34 |
| 230 | 115 Anne RICHARDSON | Team Anne Mrc | 19:15.75 | 1:01:08.82 | 45:27.08 | 2:05:51.65 |
| 231 | 16 David CASALE | | 18:49.11 | 57:22.88 | 49:44.02 | 2:05:56.00 |
| 232 | 250 Michael BOURNE | | 19:39.27 | 1:03:41.99 | 43:18.08 | 2:06:39.34 |
| 233 | 1 Dennis VINALL | | 18:54.26 | 1:04:19.46 | 43:29.99 | 2:06:43.70 |
| 234 | 18 Richard MINETT | | 19:36.78 | 1:07:52.66 | 39:16.85 | 2:06:46.30 |
| 235 | 76 Sile CLANCY | | 20:56.83 | 1:04:47.99 | 41:32.87 | 2:07:17.69 |
| 236 | 303 Andrew CRAIG | | 17:20.74 | 1:03:13.54 | 47:02.68 | 2:07:36.96 |
| 236 | 304 Thomas SIMPSON | | 17:24.01 | 1:03:09.60 | 47:03.35 | 2:07:36.96 |
| 238 | 59 Andrew RIGSBY | | 21:06.45 | 1:02:50.23 | 43:41.70 | 2:07:38.38 |
| 239 | 84 Joanna JARVIS | | 19:58.41 | 1:05:05.90 | 43:05.88 | 2:08:10.19 |
| 240 | 334 Asuka WAKATSUK | | 22:12.73 | 1:05:04.62 | 41:43.39 | 2:09:00.74 |
| 241 | 79 Zillah BYNG-MA | | 22:33.81 | 1:03:33.58 | 43:02.57 | 2:09:09.95 |
| 242 | 117 Anthea ROSS | Team Anthea Mrc | 19:19.01 | 1:09:36.67 | 40:20.31 | 2:09:15.99 |
| 243 | 103 Francesca LANE | | 20:08.99 | 1:03:20.85 | 46:03.81 | 2:09:33.64 |
| 244 | 146 Andrew CHAPLIN | | 19:03.72 | 1:06:17.20 | 44:28.84 | 2:09:49.76 |
| 245 | 89 Philippa ARMIT | | 19:52.96 | 1:02:40.05 | 47:17.33 | 2:09:50.34 |
| 246 | 116 Maggie HENDRY | Team Maggie Mrc | 19:39.26 | 1:11:07.52 | 41:47.55 | 2:12:34.33 |
| 247 | 114 Elizabeth AYLE | Kings School Canter | 21:08.99 | 1:08:11.79 | 43:18.07 | 2:12:38.85 |
| 248 | 107 Stephanie LLOYD | | 19:03.45 | 1:04:47.50 | 50:02.93 | 2:13:53.87 |
| 249 | 262 Terry ROSS | | 18:04.20 | 1:08:44.48 | 47:09.63 | 2:13:58.31 |
| 250 | 68 Sarah CASSIE | | 20:04.39 | 1:15:48.06 | 38:58.26 | 2:14:50.71 |
| 251 | 324 Chris HENEGHAN | | 17:46.38 | 1:03:18.27 | 53:54.53 | 2:14:59.18 |
| 252 | 177 Richard SHRT | | 18:15.01 | 1:04:53.65 | 52:11.72 | 2:15:20.38 |
| 253 | 162 David BUCHANAN | | 18:14.97 | 1:02:28.50 | 55:24.36 | 2:16:07.82 |

| | | | | | | | |
|-----|-----|----------------|--------------------|----------|------------|------------|------------|
| 254 | 67 | Kylie JACKSON- | | 21:34.93 | 1:10:33.17 | 44:37.02 | 2:16:45.12 |
| 255 | 22 | Jon MORGAN | Clinical Finishers | 18:31.68 | 1:20:42.70 | 39:54.69 | 2:19:09.07 |
| 256 | 186 | Chris RITCHIE | | 19:10.43 | 1:03:24.75 | 56:56.79 | 2:19:31.96 |
| 257 | 182 | Charles HAYES | | 23:02.51 | 1:10:14.89 | 46:43.70 | 2:20:01.10 |
| 258 | 279 | Colin GIBB | | 18:21.94 | 1:02:12.95 | 1:00:05.19 | 2:20:40.08 |
| 259 | 15 | Mark PARRY | | 19:41.64 | 1:07:49.77 | 54:43.54 | 2:22:14.95 |
| 260 | 26 | Kris Belvins | | 22:17.19 | 1:14:32.81 | 47:04.48 | 2:23:54.48 |
| 261 | 195 | Jason TURNER | | 15:40.03 | 1:22:29.23 | 46:22.90 | 2:24:32.15 |
| 262 | 257 | Ian MCKECHNIE | | 19:04.86 | 1:14:28.43 | 51:44.89 | 2:25:18.18 |
| 263 | 296 | Jonah GRAHAM | | 19:39.53 | 1:10:39.01 | 55:21.55 | 2:25:40.09 |
| 264 | 283 | Stewart RADFOR | | 17:27.71 | 1:01:03:00 | 38:29.71 | 2:37:00.54 |
| 265 | 305 | Kieron JONES | | 16:40.05 | 1:14:31:00 | 39:43.74 | 2:50:55.77 |
| 266 | 93 | Tracy MIRANDA | | 25:17.36 | 1:25:22.79 | 1:01:54.60 | 2:52:34.75 |
| 267 | 11 | Terry BIGNALL | | 21:02.98 | 1:31:26.53 | 1:02:39.09 | 2:55:08.60 |
| 268 | 31 | Marlin MUBARAK | | 24:31.99 | 1:07:43:00 | 1:11:15.94 | 3:23:31.17 |
| | 211 | Daniel PASZTOR | | 18:09.81 | DNF | | DNF |
| | 44 | John WYATT | | 16:06.34 | Retired | | Retired |
| | 58 | David KOSS | | 16:07.39 | 40:21.61 | Retired | Retired |

Race 2 Veteran Men O 60

| Pos | Bib | Name | Team Name | Row | Bike | Run | Result |
|-----|-----|----------------|-----------|----------|----------|----------|------------|
| 1 | 45 | Anthony LAW | | 18:56.67 | 51:01.11 | 35:58.38 | 1:45:56.16 |
| 2 | 43 | Brian WILLIAMS | | 18:09.55 | 51:28.76 | 37:31.57 | 1:47:09.88 |
| | 44 | John WYATT | | 16:06.34 | Retired | | Retired |

Race 3 Veteran Men O 50

| Pos | Bib | Name | Team Name | Row | Bike | Run | Result |
|-----|-----|----------------|-----------|----------|------------|----------|------------|
| 1 | 62 | Richard VIDGEN | | 16:37.75 | 46:12.62 | 30:47.33 | 1:33:37.70 |
| 2 | 56 | Richard STANHO | | 15:14.96 | 46:14.65 | 32:56.61 | 1:34:26.21 |
| 3 | 57 | David GREEN | | 17:15.99 | 48:46.55 | 31:30.31 | 1:37:32.84 |
| 4 | 349 | Ted HAMILTON | | 17:31.05 | 51:04.69 | 33:27.13 | 1:42:02.87 |
| 5 | 51 | David WALKER | | 16:53.36 | 52:27.66 | 35:57.68 | 1:45:18.70 |
| 6 | 46 | Chris WALKER | | 16:28.21 | 50:28.29 | 38:30.75 | 1:45:27.24 |
| 7 | 63 | Derek AUSTIN | | 17:39.29 | 52:03.12 | 37:01.65 | 1:46:44.05 |
| 8 | 55 | William CALDWE | | 17:41.63 | 52:30.47 | 38:05.45 | 1:48:17.55 |
| 9 | 47 | Simon DIEGAN | | 18:54.42 | 53:55.30 | 37:39.98 | 1:50:29.69 |
| 10 | 48 | Ray SWORDY | | 17:45.91 | 54:32.12 | 38:16.22 | 1:50:34.25 |
| 11 | 2 | George UDEN | | 16:49.42 | 52:20.46 | 42:27.69 | 1:51:37.57 |
| 12 | 52 | Andrew HUG | | 18:01.93 | 56:57.28 | 43:12.72 | 1:58:11.93 |
| 13 | 54 | Graham PARCELL | | 17:27.27 | 57:21.88 | 44:17.71 | 1:59:06.85 |
| 14 | 53 | Niall MACGREGO | | 17:20.52 | 57:42.90 | 45:09.79 | 2:00:13.22 |
| 15 | 49 | Kevin BENNETT | | 19:59.11 | 56:57.16 | 45:56.79 | 2:02:53.06 |
| 16 | 50 | Mike O REILLY | | 18:30.76 | 58:18.66 | 46:35.08 | 2:03:24.50 |
| 17 | 59 | Andrew RIGSBY | | 21:06.45 | 1:02:50.23 | 43:41.70 | 2:07:38.38 |
| | 58 | David KOSS | | 16:07.39 | 40:21.61 | Retired | Retired |

Race 4 Veteran Men O 40

| Pos | Bib | Name | Team Name | Row | Bike | Run | Result |
|-----|-----|-----------------|-----------|----------|----------|----------|------------|
| 1 | 151 | Christopher HE | | 15:40.79 | 41:14.87 | 28:31.36 | 1:25:27.02 |
| 2 | 330 | Stephen ROBSON | | 15:47.30 | 44:01.48 | 32:10.68 | 1:31:59.46 |
| 3 | 139 | Richard POWELL | | 15:44.96 | 45:58.40 | 32:06.16 | 1:33:49.52 |
| 4 | 164 | David LAND | | 16:32.21 | 45:41.41 | 32:05.38 | 1:34:19.00 |
| 5 | 135 | Geoff BROWN | | 15:28.40 | 45:55.21 | 34:06.62 | 1:35:30.23 |
| 6 | 130 | Nicholas THORN | | 15:50.15 | 48:15.04 | 33:08.42 | 1:37:13.60 |
| 7 | 184 | Mike ELWARD | | 16:22.78 | 50:01.25 | 31:03.20 | 1:37:27.23 |
| 8 | 337 | Ed DARNELL | | 16:47.92 | 47:44.39 | 33:16.98 | 1:37:49.28 |
| 9 | 156 | Phil KITTO | | 15:37.55 | 47:34.04 | 35:06.14 | 1:38:17.73 |
| 10 | 128 | Nigel SANDERSON | | 17:19.69 | 50:54.59 | 32:16.27 | 1:40:30.55 |
| 11 | 154 | Murray BAILEY | | 16:27.26 | 50:36.06 | 34:00.51 | 1:41:03.83 |
| 12 | 171 | Les LEPPER | | 17:33.00 | 52:30.28 | 31:39.23 | 1:41:42.51 |
| 13 | 134 | Bill CARTER | | 16:26.22 | 47:12.96 | 38:24.07 | 1:42:03.25 |
| 14 | 163 | Peter KELLY | | 16:35.67 | 50:47.76 | 34:57.20 | 1:42:20.63 |
| 15 | 136 | Oliver GREEN | | 16:31.06 | 50:18.65 | 35:48.23 | 1:42:37.93 |
| 16 | 141 | David BROAD | | 17:07.90 | 49:23.55 | 36:07.41 | 1:42:38.85 |
| 17 | 124 | Rob BROCKWELL | | 16:37.26 | 49:58.15 | 36:06.20 | 1:42:41.61 |

| | | | | | |
|----|--------------------|----------|------------|------------|------------|
| 18 | 173 Adam DONALDSON | 16:46.19 | 50:07.85 | 36:45.34 | 1:43:39.38 |
| 19 | 336 Gary CURE | 16:39.91 | 50:29.79 | 36:42.56 | 1:43:52.27 |
| 20 | 138 Steve CHAPPLE | 17:49.17 | 53:05.63 | 33:40.79 | 1:44:35.59 |
| 21 | 174 Lee JOHNSON | 15:59.52 | 47:32.78 | 41:04.58 | 1:44:36.88 |
| 22 | 129 Paul PALMER | 17:12.12 | 52:58.11 | 34:46.58 | 1:44:56.81 |
| 23 | 183 Stephen WRIGHT | 16:18.88 | 51:44.26 | 37:25.19 | 1:45:28.33 |
| 24 | 144 Martin CHAPMAN | 18:03.52 | 49:27.30 | 38:29.79 | 1:46:00.61 |
| 25 | 132 Craig ORR | 18:09.18 | 51:51.89 | 36:02.50 | 1:46:03.56 |
| 26 | 176 Jeremy CROSS | 16:21.30 | 52:16.10 | 37:29.06 | 1:46:06.46 |
| 27 | 126 David FAULKNER | 16:25.30 | 53:10.64 | 36:56.98 | 1:46:32.92 |
| 28 | 161 Peter HOMA | 17:56.86 | 51:29.77 | 37:07.95 | 1:46:34.58 |
| 29 | 149 Mike PARKES | 18:05.06 | 49:43.78 | 38:57.19 | 1:46:46.03 |
| 30 | 167 Michael HOMA | 16:42.68 | 51:05.14 | 39:10.07 | 1:46:57.88 |
| 31 | 181 Stephen O CALL | 17:15.33 | 55:49.23 | 34:54.46 | 1:47:59.03 |
| 32 | 125 Steve TAYLOR | 17:48.03 | 53:27.31 | 37:22.72 | 1:48:38.05 |
| 33 | 122 Gavin GILFEDDE | 17:58.43 | 56:07.82 | 34:50.16 | 1:48:56.41 |
| 34 | 175 Matthew TANNA- | 17:03.82 | 54:28.63 | 38:06.92 | 1:49:39.36 |
| 35 | 8 Andy SPILLER | 16:34.72 | 52:51.27 | 40:43.20 | 1:50:09.20 |
| 36 | 127 Andrew SNOWDEN | 17:10.86 | 55:30.22 | 37:32.86 | 1:50:13.94 |
| 37 | 4 Tim OLDHAM | 18:16.21 | 55:22.10 | 37:12.45 | 1:50:50.76 |
| 38 | 187 Damian EUSTACE | 18:07.19 | 54:41.21 | 38:50.96 | 1:51:39.35 |
| 39 | 168 Kevan JONES | 16:53.61 | 53:49.74 | 41:01.29 | 1:51:44.65 |
| 40 | 147 Rob HEATH | 17:57.91 | 53:09.03 | 41:00.07 | 1:52:07.01 |
| 41 | 150 Gary DOWNEY | 17:36.56 | 56:29.79 | 38:01.97 | 1:52:08.33 |
| 42 | 25 Mark Gloyens | 17:53.57 | 1:00:30.09 | 34:04.09 | 1:52:27.74 |
| 43 | 65 Russell WILLIS | 17:56.58 | 58:47.87 | 35:44.30 | 1:52:28.76 |
| 44 | 14 Anthony PEARCE | 17:20.75 | 55:03.62 | 40:04.74 | 1:52:29.11 |
| 45 | 157 Philip DENYER | 17:16.14 | 49:19.54 | 45:57.70 | 1:52:33.37 |
| 46 | 5 Colin EDWARDS | 17:52.09 | 56:04.52 | 39:04.40 | 1:53:01.01 |
| 46 | 12 Tim STODDART | 19:29.23 | 53:54.37 | 39:37.42 | 1:53:01.01 |
| 48 | 153 Noel BROWN | 18:00.35 | 53:55.29 | 41:34.36 | 1:53:30.00 |
| 49 | 131 Kevin FRENCH | 17:37.65 | 57:03.37 | 39:10.38 | 1:53:51.40 |
| 50 | 335 Nick SHAW | 19:28.05 | 57:43.29 | 37:07.20 | 1:54:18.54 |
| 51 | 185 Andrew SMITH | 19:13.88 | 57:34.41 | 37:33.18 | 1:54:21.47 |
| 52 | 166 Mark HOPPER | 18:08.44 | 56:36.02 | 40:05.54 | 1:54:50.00 |
| 53 | 155 Martyn LEWIS | 18:25.56 | 1:00:21.65 | 36:32.43 | 1:55:19.64 |
| 54 | 224 Charlie SABEL | 17:15.62 | 59:29.58 | 40:10.69 | 1:56:55.88 |
| 55 | 223 Bill JAMES | 16:51.49 | 51:44.18 | 48:29.48 | 1:57:05.15 |
| 56 | 158 Tim BACH | 18:25.08 | 58:29.05 | 40:20.35 | 1:57:14.48 |
| 57 | 6 Nigel BANKS | 17:38.52 | 57:44.70 | 42:24.09 | 1:57:47.30 |
| 58 | 121 Steve WEBB | 17:12.09 | 1:01:22.14 | 39:39.71 | 1:58:13.93 |
| 59 | 123 Jerry SCAGELL | 18:23.12 | 52:09.98 | 47:49.76 | 1:58:22.86 |
| 60 | 198 Ray BARRETT | 17:22.74 | 57:08.05 | 43:59.23 | 1:58:30.02 |
| 61 | 159 Mike LANDERS | 18:39.86 | 54:02.24 | 46:55.06 | 1:59:37.16 |
| 62 | 142 Brian WALKER | 19:07.13 | 1:02:30.43 | 40:55.45 | 2:02:33.02 |
| 63 | 152 Jonathan POSNE | 17:43.34 | 1:01:17.63 | 43:32.23 | 2:02:33.19 |
| 64 | 7 Mike BANKS | 18:38.18 | 1:01:45.69 | 42:21.18 | 2:02:45.05 |
| 65 | 17 Colin LAVIS | 20:25.27 | 1:01:57.38 | 40:53.92 | 2:03:16.56 |
| 66 | 120 Gurpal PANESAR | 20:14.25 | 56:11.26 | 47:17.69 | 2:03:43.19 |
| 67 | 10 Richard PRICE | 18:18.80 | 1:03:13.47 | 43:35.39 | 2:05:07.66 |
| 68 | 16 David CASALE | 18:49.11 | 57:22.88 | 49:44.02 | 2:05:56.00 |
| 69 | 18 Richard MINETT | 19:36.78 | 1:07:52.66 | 39:16.85 | 2:06:46.30 |
| 70 | 146 Andrew CHAPLIN | 19:03.72 | 1:06:17.20 | 44:28.84 | 2:09:49.76 |
| 71 | 162 David BUCHANAN | 18:14.97 | 1:02:28.50 | 55:24.36 | 2:16:07.82 |
| 72 | 186 Chris RITCHIE | 19:10.43 | 1:03:24.75 | 56:56.79 | 2:19:31.96 |
| 73 | 182 Charles HAYES | 23:02.51 | 1:10:14.89 | 46:43.70 | 2:20:01.10 |
| 74 | 15 Mark PARRY | 19:41.64 | 1:07:49.77 | 54:43.54 | 2:22:14.95 |
| 75 | 11 Terry BIGNALL | 21:02.98 | 1:31:26.53 | 1:02:39.09 | 2:55:08.60 |

Race 5 Veteran Men O 30

| Pos | Bib | Name | Team Name | Row | Bike | Run | Result |
|-----|-----|----------------|-----------|----------|------------|------------|------------|
| 1 | 274 | Lee RANKIN | | 15:08.37 | 41:09.21 | 26:56.07 | 1:23:13.65 |
| 2 | 64 | Phil PARSONS | | 15:19.61 | 41:41.81 | 27:52.46 | 1:24:53.88 |
| 3 | 227 | Matt DUNSBIER | | 15:24.67 | 42:48.63 | 31:44.30 | 1:29:57.59 |
| 4 | 282 | James HART | | 15:03.54 | 44:52.77 | 30:24.95 | 1:30:21.26 |
| 5 | 261 | Shea HINDMAN | | 16:28.73 | 44:51.85 | 30:05.71 | 1:31:26.28 |
| 6 | 233 | Richard DOBBY | | 15:28.74 | 44:38.99 | 31:48.00 | 1:31:55.72 |
| 7 | 237 | James THOMPSON | | 15:49.63 | 43:10.15 | 32:56.63 | 1:31:56.41 |
| 8 | 251 | Steve HAMMOND | | 16:12.92 | 49:19.13 | 29:16.06 | 1:34:48.11 |
| 9 | 247 | Steve BALLANTI | | 16:14.94 | 47:45.19 | 33:08.65 | 1:37:08.78 |
| 10 | 217 | Tom KAY | | 15:50.17 | 47:03.26 | 34:15.95 | 1:37:09.38 |
| 11 | 242 | Edward HILLYAR | | 15:32.32 | 49:49.46 | 32:08.39 | 1:37:30.17 |
| 12 | 252 | Stuart LOGAN | | 15:49.41 | 47:12.73 | 34:33.95 | 1:37:36.09 |
| 13 | 189 | Jim COTTER | | 16:25.76 | 48:59.13 | 32:42.93 | 1:38:07.82 |
| 14 | 230 | Derren STROUD | | 17:13.92 | 50:07.03 | 30:49.60 | 1:38:10.55 |
| 15 | 234 | George EYLES | | 17:10.95 | 49:16.01 | 32:59.60 | 1:39:26.56 |
| 16 | 277 | Peter LAND | | 17:07.09 | 49:11.73 | 34:29.42 | 1:40:48.24 |
| 17 | 228 | John BRADLEY | | 16:41.09 | 47:43.64 | 36:28.93 | 1:40:53.67 |
| 18 | 245 | Mark DEWEY | | 16:45.06 | 47:51.33 | 36:51.30 | 1:41:27.70 |
| 19 | 218 | Andrew WHAWELL | | 18:09.69 | 47:37.20 | 35:50.34 | 1:41:37.23 |
| 20 | 260 | Tim WADIE | | 16:20.46 | 53:28.10 | 34:15.05 | 1:44:03.60 |
| 21 | 284 | Jules BARDWELL | | 16:28.70 | 51:34.22 | 36:02.47 | 1:44:05.39 |
| 22 | 255 | Phil LAWTON | | 16:30.83 | 51:45.67 | 37:47.35 | 1:46:03.85 |
| 23 | 278 | Simon BRIMICOM | | 16:48.57 | 51:58.38 | 37:30.91 | 1:46:17.86 |
| 24 | 266 | Nick WOOD | | 17:07.01 | 54:51.70 | 35:19.09 | 1:47:17.81 |
| 25 | 226 | Martin JONES | | 15:54.85 | 52:29.69 | 39:11.52 | 1:47:36.06 |
| 26 | 253 | Chris KNIGHT | | 18:09.17 | 54:03.24 | 35:41.63 | 1:47:54.05 |
| 27 | 265 | Richard POWELL | | 17:25.89 | 54:13.81 | 36:32.87 | 1:48:12.57 |
| 28 | 231 | Chris DARVILL | | 18:34.19 | 53:21.26 | 37:09.80 | 1:49:05.25 |
| 29 | 281 | Peter HICKSON | | 16:57.59 | 54:12.68 | 38:02.20 | 1:49:12.46 |
| 30 | 271 | Andrew CALDWEL | | 17:30.50 | 54:00.45 | 37:48.71 | 1:49:19.67 |
| 31 | 246 | Duncan PATTERS | | 18:11.23 | 51:24.29 | 39:54.88 | 1:49:30.39 |
| 32 | 268 | David ASHLEY | | 19:25.35 | 57:25.46 | 32:55.31 | 1:49:46.12 |
| 33 | 249 | Ian MAIDEN | | 18:27.12 | 56:20.75 | 35:44.82 | 1:50:32.69 |
| 34 | 267 | Simon CROW | | 17:27.56 | 49:57.73 | 43:20.25 | 1:50:45.54 |
| 35 | 309 | Emmanuel ISAAC | | 17:52.28 | 55:12.30 | 37:47.21 | 1:50:51.79 |
| 36 | 276 | Andrew RACKSTR | | 18:48.59 | 53:21.93 | 39:35.01 | 1:51:45.53 |
| 37 | 269 | Andrew SHEPHER | | 17:06.50 | 57:07.62 | 37:58.01 | 1:52:12.14 |
| 38 | 292 | Oliver MARLOW | | 19:14.37 | 55:31.34 | 38:08.91 | 1:52:54.62 |
| 39 | 9 | Colm FARRELL | | 18:15.46 | 54:35.82 | 41:02.32 | 1:53:53.60 |
| 40 | 232 | William ORFORD | | 17:42.18 | 56:56.73 | 40:12.49 | 1:54:51.40 |
| 41 | 259 | Nick BYNG-MADD | | 17:10.28 | 1:00:38.93 | 40:41.54 | 1:58:30.76 |
| 42 | 240 | Andrew GORRING | | 17:57.17 | 56:19.10 | 44:38.99 | 1:58:55.26 |
| 43 | 272 | Simon FOSTER | | 19:00.86 | 59:44.39 | 41:21.15 | 2:00:06.39 |
| 43 | 273 | Paul SOLERTI | | 16:35.05 | 58:42.08 | 44:49.27 | 2:00:06.39 |
| 45 | 241 | Innes STEWART | | 18:32.28 | 58:17.61 | 43:16.68 | 2:00:06.57 |
| 46 | 236 | Schofield DAVI | | 18:01.94 | 56:17.59 | 46:11.71 | 2:00:31.24 |
| 47 | 270 | Luke JONES | | 18:27.01 | 1:06:04.04 | 40:43.67 | 2:05:14.72 |
| 48 | 263 | Martin BLACK | | 17:42.50 | 1:05:42.85 | 41:49.55 | 2:05:14.90 |
| 49 | 250 | Michael BOURNE | | 19:39.27 | 1:03:41.99 | 43:18.08 | 2:06:39.34 |
| 50 | 262 | Terry ROSS | | 18:04.20 | 1:08:44.48 | 47:09.63 | 2:13:58.31 |
| 51 | 279 | Colin GIBB | | 18:21.94 | 1:02:12.95 | 1:00:05.19 | 2:20:40.08 |
| 52 | 257 | Ian MCKECHNIE | | 19:04.86 | 1:14:28.43 | 51:44.89 | 2:25:18.18 |
| 53 | 283 | Stewart RADFOR | | 17:27.71 | NTT | 38:29.71 | 2:37:00.54 |

Race 6 Senior Men O 20

| Pos | Bib | Name | Team Name | Row | Bike | Run | Result |
|-----|-----|----------------|-----------|----------|------------|----------|------------|
| 1 | 220 | Rob GRIFFITHS | | 15:23.76 | 40:11.35 | 28:30.13 | 1:24:05.25 |
| 2 | 316 | Jesse ELIZINGA | | 15:10.92 | 41:35.71 | 28:23.06 | 1:25:09.69 |
| 3 | 327 | Rob BALDOCK | | 15:31.59 | 43:24.51 | 29:57.76 | 1:28:53.85 |
| 4 | 311 | Jamie BRUNNING | | 15:44.71 | 46:29.29 | 28:08.64 | 1:30:22.64 |
| 5 | 306 | Nick WYATT | | 14:59.44 | 46:53.17 | 28:43.59 | 1:30:36.19 |
| 6 | 222 | Matthew GRIFFI | | 15:26.40 | 42:49.30 | 32:43.36 | 1:30:59.05 |
| 7 | 297 | Paul ROGERS | | 16:41.18 | 44:09.54 | 30:50.03 | 1:31:40.75 |
| 8 | 323 | Ed PORTEUS | | 15:40.58 | 45:38.14 | 31:17.11 | 1:32:35.83 |
| 9 | 315 | Uli KRAELING | | 16:14.53 | 43:46.99 | 33:51.98 | 1:33:53.50 |
| 10 | 328 | Ralph De KANTE | | 15:54.08 | 47:02.31 | 32:42.80 | 1:35:39.19 |
| 11 | 314 | Marcus MUMFORD | | 16:58.05 | 46:33.57 | 32:14.52 | 1:35:46.14 |
| 12 | 312 | Gareth LANE | | 16:11.38 | 47:28.68 | 34:22.20 | 1:38:02.26 |
| 13 | 321 | Tom STURGESS | | 15:39.03 | 47:58.07 | 35:31.23 | 1:39:08.33 |
| 14 | 320 | Adam BRITAIN | | 17:46.64 | 48:48.07 | 33:09.41 | 1:39:44.11 |
| 15 | 326 | Neil RUSSELL | | 15:59.30 | 50:22.87 | 33:38.78 | 1:40:00.94 |
| 16 | 329 | Robin BURROW | | 16:25.40 | 49:45.67 | 35:36.23 | 1:41:47.30 |
| 17 | 325 | Mike WALSH | | 17:19.01 | 47:58.27 | 37:57.90 | 1:43:15.18 |
| 18 | 299 | Graham GRIFFIT | | 17:00.87 | 51:04.37 | 35:44.51 | 1:43:49.75 |
| 19 | 313 | Colm BOWE | | 16:58.07 | 51:35.68 | 35:33.23 | 1:44:06.98 |
| 20 | 322 | Will POWELL | | 17:19.72 | 51:00.83 | 39:32.76 | 1:47:53.31 |
| 21 | 307 | Chris McCAW | | 17:15.44 | 58:46.72 | 32:06.45 | 1:48:08.62 |
| 22 | 188 | Sam CREA VIN | | 17:05.19 | 53:52.30 | 37:58.93 | 1:48:56.42 |
| 23 | 300 | Chris FORD | | 16:46.08 | 53:38.25 | 40:53.89 | 1:51:18.22 |
| 24 | 302 | Tom HINE | | 16:42.41 | 53:34.37 | 43:56.16 | 1:54:12.94 |
| 25 | 303 | Andrew CRAIG | | 17:20.74 | 1:03:13.54 | 47:02.68 | 2:07:36.96 |
| 25 | 304 | Thomas SIMPSON | | 17:24.01 | 1:03:09.60 | 47:03.35 | 2:07:36.96 |
| 27 | 324 | Chris HENEGHAN | | 17:46.38 | 1:03:18.27 | 53:54.53 | 2:14:59.18 |
| 28 | 26 | Kris Belvins | | 22:17.19 | 1:14:32.81 | 47:04.48 | 2:23:54.48 |
| 29 | 296 | Jonah GRAHAM | | 19:39.53 | 1:10:39.01 | 55:21.55 | 2:25:40.09 |
| 30 | 305 | Kieron JONES | | 16:40.05 | NTT | 39:43.74 | 2:50:55.77 |

Race 7 Junior Men U 20

| Pos | Bib | Name | Team Name | Row | Bike | Run | Result |
|-----|-----|----------------|-----------|----------|------------|----------|------------|
| 1 | 209 | Ben BATHURST | | 16:54.49 | 46:17.41 | 32:46.64 | 1:35:58.54 |
| 2 | 194 | Nick CREASE | | 16:13.74 | 47:56.57 | 32:04.14 | 1:36:14.45 |
| 3 | 196 | Tom BURGESS | | 16:51.56 | 48:02.58 | 32:23.36 | 1:37:17.49 |
| 4 | 203 | Thomas RYAN | | 16:46.19 | 47:59.91 | 32:42.12 | 1:37:28.22 |
| 5 | 201 | Marcus DE WILD | | 16:15.19 | 48:15.56 | 33:16.67 | 1:37:47.42 |
| 6 | 205 | Robert OADES | | 16:42.90 | 46:58.63 | 34:57.72 | 1:38:39.25 |
| 7 | 213 | Dan CLARKE | | 17:16.32 | 48:48.19 | 33:59.06 | 1:40:03.57 |
| 8 | 204 | Nick POLLEN | | 17:06.33 | 51:05.95 | 32:22.00 | 1:40:34.28 |
| 9 | 193 | Toby MOTTRAM | | 16:25.32 | 47:45.61 | 36:26.50 | 1:40:37.43 |
| 10 | 202 | Joseph HALE | | 16:09.65 | 51:05.74 | 39:40.70 | 1:46:56.10 |
| 11 | 191 | Thomas O REILL | | 17:09.26 | 54:47.52 | 38:21.41 | 1:50:18.20 |
| 12 | 207 | Joshua COLLINS | | 16:36.51 | 55:48.47 | 41:19.89 | 1:53:44.86 |
| 13 | 206 | James KELL | | 16:11.53 | 54:26.35 | 46:32.11 | 1:57:09.99 |
| 14 | 215 | Paul TRICKETT | | 18:16.34 | 58:01.83 | 41:27.46 | 1:57:45.63 |
| 15 | 208 | Alex DIXEY | | 17:41.09 | 1:01:20.00 | 39:32.77 | 1:58:33.86 |
| 16 | 210 | Robert PARKS | | 16:30.56 | 1:02:24.54 | 46:40.25 | 2:05:35.34 |
| 17 | 195 | Jason TURNER | | 15:40.03 | 1:22:29.23 | 46:22.90 | 2:24:32.15 |
| | 211 | Daniel PASZTOR | | 18:09.81 | DNF | | DNF |

Race 8 Veteran Women O 50

| Pos | Bib | Name | Team Name | Row | Bike | Run | Result |
|-----|-----|------------|-----------|----------|----------|----------|------------|
| 1 | 30 | Fruen JANE | | 18:48.62 | 56:27.53 | 39:38.99 | 1:54:55.14 |

Race 9 Veteran Women O 40

| Pos | Bib | Name | Team Name | Row | Bike | Run | Result |
|-----|-----|----------------|-----------|----------|----------|------------|------------|
| 1 | 66 | Michelle PARSO | | 17:07.50 | 45:35.37 | 30:22.58 | 1:33:05.45 |
| 2 | 33 | Mary HARDWICK | | 18:36.31 | 54:31.53 | 38:24.99 | 1:51:32.83 |
| 3 | 36 | Janet WOFFINDE | | 18:35.05 | 55:29.87 | 42:31.76 | 1:56:36.67 |
| 4 | 34 | Clare O SHEA | | 18:28.19 | 55:38.93 | 44:47.80 | 1:58:54.92 |
| 5 | 40 | Sue HILL-VENNI | | 19:18.08 | 57:27.76 | 42:38.69 | 1:59:24.52 |
| 6 | 32 | Lucy GUEST | | 19:49.10 | 56:44.13 | 44:09.32 | 2:00:42.55 |
| 7 | 31 | Marlin MUBARAK | | 24:31.99 | NTT | 1:11:15.94 | 3:23:31.17 |

Race 10 Veteran Women O 30

| Pos | Bib | Name | Team Name | Row | Bike | Run | Result |
|-----|-----|----------------|-----------|----------|------------|----------|------------|
| 1 | 69 | Louise DOBBY | | 17:15.79 | 46:05.21 | 33:08.99 | 1:36:30.00 |
| 2 | 74 | Natalia WASE | | 17:22.87 | 47:10.53 | 33:45.09 | 1:38:18.49 |
| 3 | 87 | Kate HUNT | | 18:42.61 | 49:21.46 | 35:03.74 | 1:43:07.81 |
| 4 | 82 | Samantha BELL | | 18:11.99 | 54:47.16 | 36:17.40 | 1:49:16.55 |
| 5 | 70 | Rachel GERRARD | | 19:38.00 | 56:36.92 | 33:57.49 | 1:50:12.41 |
| 6 | 81 | Charlotte COX | | 18:51.57 | 53:24.94 | 39:09.71 | 1:51:26.21 |
| 7 | 72 | Catherine SMIT | | 17:42.19 | 59:58.90 | 35:57.17 | 1:53:38.25 |
| 8 | 80 | Melissa FARMER | | 19:16.14 | 58:36.93 | 38:04.37 | 1:55:57.44 |
| 9 | 71 | Christine PERK | | 18:40.12 | 56:14.34 | 44:21.43 | 1:59:15.89 |
| 10 | 99 | Andrea GREEN | | 19:51.09 | 1:01:36.91 | 38:09.90 | 1:59:37.89 |
| 11 | 77 | Sylvia KNIGHT | | 18:51.01 | 58:12.72 | 43:18.31 | 2:00:22.05 |
| 12 | 73 | Jane GOODCHILD | | 19:43.07 | 1:06:59.65 | 38:25.53 | 2:05:08.25 |
| 13 | 76 | Sile CLANCY | | 20:56.83 | 1:04:47.99 | 41:32.87 | 2:07:17.69 |
| 14 | 84 | Joanna JARVIS | | 19:58.41 | 1:05:05.90 | 43:05.88 | 2:08:10.19 |
| 15 | 334 | Asuka WAKATSUK | | 22:12.73 | 1:05:04.62 | 41:43.39 | 2:09:00.74 |
| 16 | 79 | Zillah BYNG-MA | | 22:33.81 | 1:03:33.58 | 43:02.57 | 2:09:09.95 |
| 17 | 89 | Philippa ARMIT | | 19:52.96 | 1:02:40.05 | 47:17.33 | 2:09:50.34 |
| 18 | 68 | Sarah CASSIE | | 20:04.39 | 1:15:48.06 | 38:58.26 | 2:14:50.71 |
| 19 | 67 | Kylie JACKSON- | | 21:34.93 | 1:10:33.17 | 44:37.02 | 2:16:45.12 |

Race 11 Senior Women O 20

| Pos | Bib | Name | Team Name | Row | Bike | Run | Result |
|-----|-----|----------------|-----------|----------|------------|------------|------------|
| 1 | 102 | Jenny SHORROCK | | 18:53.50 | 48:18.91 | 31:42.18 | 1:38:54.58 |
| 2 | 94 | Claire WELDON | | 18:53.84 | 49:40.90 | 32:18.98 | 1:40:53.71 |
| 3 | 104 | Laura MASSEY | | 18:13.68 | 49:00.53 | 37:24.66 | 1:44:38.87 |
| 4 | 90 | Dani PHILIPS | | 19:16.96 | 56:51.52 | 36:27.08 | 1:52:35.56 |
| 5 | 96 | Louisa CARR | | 17:51.95 | 56:42.16 | 39:12.87 | 1:53:46.97 |
| 6 | 95 | Julia SCHUMACH | | 18:00.40 | 58:37.66 | 38:00.29 | 1:54:38.34 |
| 7 | 97 | Eleanor CARTER | | 19:24.54 | 54:21.12 | 40:56.98 | 1:54:42.64 |
| 8 | 92 | Yvette WATERFA | | 18:05.38 | 55:46.32 | 43:56.27 | 1:57:47.96 |
| 9 | 91 | Katie-George D | | 18:19.02 | 1:03:35.17 | 37:04.73 | 1:58:58.92 |
| 10 | 100 | Tora TRACEY | | 18:55.60 | 1:04:59.04 | 38:22.32 | 2:02:16.95 |
| 11 | 98 | Jane FRANK | | 18:52.76 | 1:02:17.89 | 43:06.91 | 2:04:17.56 |
| 12 | 103 | Francesca LANE | | 20:08.99 | 1:03:20.85 | 46:03.81 | 2:09:33.64 |
| 13 | 93 | Tracy MIRANDA | | 25:17.36 | 1:25:22.79 | 1:01:54.60 | 2:52:34.75 |

Race 12 Junior Women U 20

| Pos | Bib | Name | Team Name | Row | Bike | Run | Result |
|-----|-----|----------------|-----------|----------|------------|----------|------------|
| 1 | 106 | Chihiro FUKUSH | | 19:05.10 | 1:05:14.97 | 39:36.52 | 2:03:56.59 |
| 2 | 108 | Camilla WESTLA | | 19:08.99 | 56:16.65 | 48:52.66 | 2:04:18.29 |
| 3 | 107 | Stephanie LLOY | | 19:03.45 | 1:04:47.50 | 50:02.93 | 2:13:53.87 |

Race 14 Open Teams

| Pos | Bib | Name | Team Name | Row | Bike | Run | Result |
|------------|------------|----------------|---------------------|------------|-------------|------------|---------------|
| 1 | 110 | Ruth SANDER | Furnivall/Maa | 16:24.28 | 47:00.74 | 0:32:09.44 | 1:35:34.47 |
| 2 | 112 | Laura GILL | Larks | 16:16.52 | 44:42.22 | 0:35:50.30 | 1:36:49.04 |
| 3 | 111 | Kristy ATKINS | Tru Connexion | 18:28.70 | 57:43.69 | 0:41:27.57 | 1:57:39.96 |
| 4 | 113 | Sophie PAIN | Marlow Junior Girls | 16:21.31 | 1:03:44.99 | 0:38:17.49 | 1:58:23.79 |
| 5 | 20 | Jane MASKELL | Team Maskells | 21:09.32 | 55:33.76 | 0:42:41.55 | 1:59:24.63 |
| 6 | 21 | Daniel STYLES | Team Jhgs | 18:28.92 | 1:04:52.82 | 0:36:03.30 | 1:59:25.04 |
| 7 | 23 | Bruce HOOD | The Hoodies | 17:02.25 | 55:49.64 | 0:47:44.88 | 2:00:36.77 |
| 8 | 115 | Anne RICHARDSO | Team Anne Mrc | 19:15.75 | 1:01:08.82 | 0:45:27.08 | 2:05:51.65 |
| 9 | 1 | Dennis VINALL | | 18:54.26 | 1:04:19.46 | 0:43:29.99 | 2:06:43.70 |
| 10 | 117 | Anthea ROSS | Team Anthea Mrc | 19:19.01 | 1:09:36.67 | 0:40:20.31 | 2:09:15.99 |
| 11 | 116 | Maggie HENDRY | Team Maggie Mrc | 19:39.26 | 1:11:07.52 | 0:41:47.55 | 2:12:34.33 |
| 12 | 114 | Elizabeth AYLE | Kings School Canter | 21:08.99 | 1:08:11.79 | 0:43:18.07 | 2:12:38.85 |
| 13 | 22 | Jon MORGAN | Clinical Finishers | 18:31.68 | 1:20:42.70 | 0:39:54.69 | 2:19:09.07 |